EASTERN AREA SERVICE COMMITTEE of NARCOTICS ANONYMOUS www.eascna.org Post Office Box 2556 Sapulpa, Ok. 74066

The Eastern Area Service Committee (EASC), regular business meeting was called to order by: Chair – Junior C. on January 26th, 2020 at 1:00 pm, in Tulsa, OK. A moment of silence, followed by the Serenity Prayer. The 12 Traditions were read by Jared H., the 12 Concepts were read by Erin Mc., and the JFT Meditation was read by Henry D.

The roll was called and a quorum was established with the following voting members:

| Officers | 13 | 13 | 11 |
|--------------------|----|----|----|
| Voting Officers | 8 | 8 | 8 |
| GSR's or Alts | 30 | 30 | 25 |
| Voting Members | 38 | 38 | 33 |
| VM (Simple Maj) | 20 | 20 | 17 |
| GSR'S (Simple Maj) | 16 | 16 | 13 |
| 2/3's | 25 | 25 | 22 |

Secretary - Emily S.

Report of December 2019 was read and approved

Treasurer - Rhonda B.

| New beginning balance: Revenue: Expenses: New ending balance: | \$4595.32 \$1500.00 \$4333.02 \$1762.30 |
|--|--|
| Prudent reserve: | \$1700.00 |
| Budgets: PR: Activities: | \$922.53 \$500.00 |
| Under prudent reserve: | \$(906.46) |

SUB-COMMITTEE REPORTS:

Literature Chair - Cassandra W.

See attachment

Activities Chair - Crystal M.

- 7th Tradition money in the amount of \$379.19 was turned in from the Marathon Meetings, held

on December 24-25, 2019 at Jimmy's Place

- I returned the check to the EASC Treasure Rhonda which was wrote to me at the Area meeting in November for \$500 for the Marathon Meetings activity was not cashed. I requested a check in the amount of \$125 to reimburse me for the rent that I gave to Jimmy's Place to rent the building for 2 days for the 2019 Marathon Meeting. I was reimbursed for \$125.

- In December, Steve had brought the left over supplies, from the 2018 Marathon Meeting, such as coffee, creamer, cups, sugar, etc. to use for the 2019 Marathon Meeting so no funds were used from the \$500 for supplies.

- I returned the left over supplies from the Marathon Meeting activity, coffee, creamer, sugar, cups, envelopes, coffee sticks, coffee filter, etc. for Area to put in their storage building to store and use at the next Area activity.

- Passed around the EASC meeting schedule for 2020. Spiritual Connections will host the Area meeting at 8125 E. 51st Suite G, Tulsa. (RAW meeting place)

- N.A. A Risin' will host July 26th Area meeting @ 29th and Harvard.

- Frankie N. suggested for Area to create the GNA-NYE event through Activities Eastern Area event.

H&I Chair - Mark M.

See attachment

PR Chair - Kelsey M. See attachment

Meeting List Coordinator - Henry D. No report

Web Contact - Erin Mc.

See PR report - attached

Outreach Chair - Caitlin Mc.

Jay is no longer meeting at the community center they have to rent the library a month in advance. Dani is the contact person. They will try to be here at area. Last co chair stole all the money from the 7th tradition. Tuesday nights at 7 they meet at the library across the street if they can get it for that month.

Grove straight line 182mi

Turley meeting could use support. 32 mi

Tahlequah. 128mi Went to their group c and they could use some support. They are having issues with picking non NA speakers and not adhering to the traditions. Foyil 76mi

They need: Just for today and 30 day keytags. They could use support as they had people just coming to get there paper signed and currently have 2 consistent members.

Muskogee. 102 mi new meeting Higher point of freedom 6561 s cherokee st needs to be added.

Courage to Change in Tulsa needs taken off the meeting list.

Total 520 miles driven.

For GSRs: My term for Outreach Chair is over and anyone with 2 years or more and is willing can take over. I can no longer commit to this position like I have. Thank you for allowing me to be of service.

RCM - Christian M.

Treasurer: balance of \$21,138.19 as of 12/3/19

RD: Absent

RD Alt: RCM to distribute items to GSR's. Can download CAR - <u>https://www.na.org/admin/include/spaw2/uploads/pdf/conference/2020CAR_WEB.pdf</u>.

Information needed from GSR's by February 9th: how many groups are in our Area? How many meetings take place each week? How many H&I panels take place each week? Does it seem as though the Fellowship in our Area is growing, shrinking, or staying the same since May 2018?

Survey World: request all members answer by 4/1/20 <u>https://www.na.org/survey</u>. Can contact Pam T. or Kyle if need or information.

Pam T. - We need a list of all GSR's with phone number and emails to help RCM. She would like to reach out directly and invite to CAR, GSA, and survey information.

Web Contact: Barry has had some issues updating website. He will get Earnest to update credit card on Google account. Any event information should be sent to <u>webcontact@okna.org</u>.

Fellowship Development: FD discussed PSA's. A lot of questions to be answered. Will G. has existing PSA's and NAWS has newer ones. Stan T. and Keith T. will contact TV stations. This is not part of the 3 projects for each Area. It is to benefit all of NA in our Region. Discussed making PR event approved to be a function held each year in OKC and all 3 Area Chairs involved. Discussed PR presentation at convention be expanding the presentation. It's free CEU credits for LADC and professionals, parole & probation. Keith T. will put a flyer together for Southern 5th and Western Area to reach out to LADC's.

Reminder that Learning Days are available (CAT, CAR reports). Region will assist with the gravity to \$200 for each Learning Day event.

Eastern Area RCM: Absent

Southern 5th: Last Area meeting was in Ardmore. 3 way dance on 3/13/20 (flyer out). Fun in the Sun set for 9/4-7/20.

Western RCM: 5 new yard signs. H&I Chair was DOC approved but then not, due to cousin/ friend in Mabel Bassett. He will get volunteer status later. He did spend \$700 on literature thanks to fundraiser. H&I workshop planned for NWC. Activities planning a Unity Day. NWC was a success!

Clean and Crazy: made a profit of about \$100. Talked about raising price and not announcing "no addict turned away." Contact Richard W. for more questions or Benjamin B.

FSR: made \$1703.66 profit. Valerie M. next Chair.

GSA: need help with cooking crew.

OKRCNA: Fundraiser \$652.90. Anonymous misspelled on shirts - discount offered. Banquet room rates \$107 - Italian buffet.

Library workshop: still 19 without books, need money for shipping.

Archivist: GSA books need to contact for leftover supplies.

Old Business: still no webmaster. Will continue with Barry (special worker) until filled.

Cindi B. recommended as World approved for interview.

PR contact in Southern 5th is David and Keith T. for PR event work group.

Discussed \$500 for each area to have OK Region perform project annually. Waiting to hear back from Areas as to what they want Region to do.

New Business: GSA will have 50 coffee mugs. "Invest in Our Vision" - GSA 2020

Treasurer suggested raising "prudent reserve" from \$700 to \$1200 - approved.

Groups to vote on \$1200 for new cabinets for archive material. Old ones are falling apart, heavy, and bulky.

RCM ALT - Ronnie M. No report

OLD BUSINESS

Area will no longer be held at the Sun Building when in Tulsa - need to find a new place.

Rent is now \$130 a month for the Literature Office.

Activities: \$125 rent for Marathon Meetings, requested \$500 for event - approved.

ELECTIONS

RCM - Brittney O. (new) RCM-Alt - Ronnie (stays) Outreach - Chris B. (new) H&I Chair - Alex N. (new) Activities - Crystal M. (stays)

PR - Intent to fill (2 year clean time requirement, 1 year commitment, 2 terms) Web Contact - Intent to fill (same requirements and commitment as PR)

NEW BUSINESS

Literature - rent raised from \$110 to \$130. This would be a bylaw change. We can change it or remove it altogether. Agreed to change bylaws for Literature Office to state specifically "agreed upon rent" and not an amount.

MOTIONS

Motion: Make GNA on NYE an Eastern Area activity to be coordinated and executed by the Activities Committee

Motion Made by: Tulsa Original Group (on behalf of GNA Committee)

Motion Seconded by: Southside Recovery

Intent of Motion: To move GNA on NYE from being a "group sponsored" event to being an actual Eastern Area Activity. This will enhance the accountability of the event as well as reflect a more appropriate representation of the actual cross-section of members that it serves. It will also make participation more available to more addicts that are interested in serving in this manner.

GROUP SHARING

- Just Another Hour
 - 11th Anniversary Speaker Jam

- March 28th, 130-6pm
- Speakers TBD, food cook-off, t-shirt prizes, pie throw, 50/50 raffle, no addict turned away, accepting donations
- Living Clean/KCB hosting Valentine's Day Event
 - February 15th at 6pm at the Sun Building
- Claremore The Other Side fundraiser March 14th from 1130am-5pm

GSR REPORTS

(In the interest of time, please consider limiting GSR reports to activities, announcements, and/or changes to meetings.)

Barb of NA - birthday is the last Tuesday of the month. Sports & Speakers in the works Bartlesville Otherside Group - birthday meeting is the third Monday of each month at 7pm Blind Faith - birthday is the third Sunday of the month at 4pm Broken Arrow Serenity Seekers - birthday meeting is January 30th at 6:30pm Chain Breakers (Locust Grove) - new meeting. Would appreciate any used literature and donations. Group C is the 1st Sunday of each month at 7pm, and birthday meeting is the 2nd Sunday of each month at 6pm Claremore No Name - birthday is the first Thursday of the month from 7-9pm Claremore Otherside - birthday is the first Saturday of the month at 6pm. Sunna B. 18 months, Susie W. 5 years, speaker is Jordan T *Cushing Connection* - birthday night is the day of the birthday. Susie M. 29 years, Fred H. 1 year. Thursday noon meeting is now open, no longer a women's meeting First Things First Sapulpa - we are having low attendance, any suggestions? Birthday meeting is last Tuesday at 6pm. Mike P. 32 years, Joni R. 12 years, deer chili and fixings Foyil Unchained - meeting is back and doing great. No birthday meeting Higher Point of Freedom (Muskogee) - New group! Group-C is the 1st Friday of the month at 630pm. Birthday meeting is the 2nd Friday of the month at 730pm. February 21st Richard W. is speaking Hope Dealers Cleveland - birthday meetings happen when birthdays occur Hump Day (Pryor) - birthday is the last Sunday of each month. 7pm eat, 8pm speaker Just Another Hour - birthday is the 3rd Friday of each month at 11pm. 2nd Saturday is Game Night at 11pm. February 21st: Amanda L. 18 months, Jesse 18 months, speaker is Amanda L. Keep Coming Back - birthday is the last Thursday of each month Krazy But Klean Vinita - birthday is the second Friday of the month from 6-8pm. 1 year -Courtney, Bob, Danyall, Lucy, Brian The Lie is Dead - birthday meeting is the second Saturday of each month at 7pm Living Clean - birthday is the last Friday of each month at 11am Living Clean Tahleguah - birthday is the last Friday of the month at 630pm More Hardcore Revealed - birthday is the last Thursday of each month at 6pm NA-A-Risin' - birthday is the second Saturday of the month at 630am Noontime Connection - birthday meeting is the last Saturday of each month Northside Stroll - birthday is the last Monday of the month at 7pm. February 24th: Brian B. 3 years, Emily S. 3 years, Angel E. 1 year, Greg G. 1 year, speaker is Kerah P. Peace of Mind - birthday is the last Friday of each month at 630pm cj:11/2015 *Recovery at Work* - birthday meeting is the last Thursday of the month at 7pm

Sharing N Recovery - birthday meeting is the last Saturday of each month Solutions - birthday meeting is the third Tuesday of each month at 730pm Southside Recovery - birthday meeting is the second Tuesday of each month at 630pm Spiritual Connection - birthday meeting is the third Sunday of each month at 10am Stillwater Serenity Seekers - birthday meeting is 2/16/20 from 6-8pm. Eric S. 2 years, Chelsea D. 1 year Tulsa Original Group - birthday meeting is the last Sunday of each month Turley 3-Links - Group Conscience is the 1st Monday of each month at 815pm Ultimate Weapon Muskogee - birthday meeting is 1st Saturday at 7pm. Steve B. 24 years Walk Your Talk - birthday meeting is the third Saturday of each month from 2-4pm. Dinner at 2pm, pizza potluck, no birthdays

Westside Group - having low attendance, but newcomers keep coming back. Birthday is the 2nd Saturday at 430pm. Joni R. 12 years, Mike P. 33 years

DISBURSEMENTS

Henry D. - \$36.46 (meeting lists) Jarrod N. - \$14.33 Kelsey M. - \$16.29 EASC Lit. Office - \$987.24 OKRSO (Taxes) - \$503.06 Crystal M. - \$125.00 Jimmy's Place - \$130.00

ANNOUNCEMENTS

Next EASC Meeting hosted by Spiritual Connection at 8125 E. 51st St. Suite G, Tulsa, OK on February 23rd, 2020 at 1pm.

11am Sub-Committee Meetings12pm Steering Committee12:30 New GSR Orientation1pm Business Meeting

CLOSING

Area Business meeting was adjourned and closed with a moment of silence, followed by the Third Step Prayer.

Respectfully Submitted,

Emily S.

Literature Report

| READ at AREA | | | | | | | |
|---------------------|---------|-------------|--|------|--|--|--|
| inventory Date | | 01/25/20 | (this comes from the Inventory worksheet - Ending Inventory column AG) | | | | |
| inventory Total | | \$ 5,292.19 | (this comes from the Inventory worksheet - Ending Inventory total column AG) | | | | |
| Total Sales | | | | | | | |
| Sale Value | | \$ 5,906.54 | (this number comes from the Inventory worksheet - Total Sold column AJ) | | | | |
| Taxes | 0.08517 | \$ 503.06 | (these are formulas, you do not need to enter anything here, it will auto calculate from cell C6 above) | | | | |
| Shipping | 9% | \$ 531.59 | (these are formulas, you do not need to enter anything here, it will auto calculate from cell C6 above) | | | | |
| | | | \$ 6,941.19 Sum formula, Do NOT enter anything here | | | | |
| Total Receipts | | | | | | | |
| Cash on Hand | | \$ 570.10 | (This number comes from the Bank Activity Report) | | | | |
| H&I | | \$ 464.56 | December H&I | | | | |
| H&I | | | | | | | |
| PM Sales (R) | | | | | | | |
| PM Sales | | (827.87) | (Deposits that were from the previous period that got deposit in the current period; Last reports Bank Activity worksheet, cash on hand total + HNI and other orders paid listed here last mon | ith) | | | |
| Prepaid | | | | | | | |
| Total Sale Deposits | | \$ 6,742.17 | (this number comes from the Bank Activity worksheet - Total deposits for the period) | | | | |
| | | \$- | | | | | |
| | | | \$ 6,948.96 | | | | |
| | | | 5 7.77 | | | | |

H&I Report

Opening: 11:00am Concepts: Alex Traditions: Kandice

Roll Call: Present:13 Absent: 6 Report Only: 6

Literature Report:

\$464.56 after last month was squared away.

He didn't realize there was white books with staples in them so they cannot go into the jails unless we want to remove them. In regards to the elections, Ben would like to step down but will continue to fill it until someone steps up.

Orientator Report:

January had 11 people oriented.

Old Business:

We still don't have committed members to go into Tulsa Transitional Center.

Alex - DOC Orientator Lady wants to let us know that she is willing to make a special trip to Tulsa just for us bc they want us so bad if we can get 10 people who are willing to get oriented and she will knock it out as fast as she can so it doesn't take all day.

Steve has a DOC badge but he lives in Eufaula so if there is somewhere around Muskogee that needs a DOC badge, he is willing to go in. Will look into seeing if his badge is still active.

Tulsa Boys Home still intent to fill. Jason to continue taking in until someone steps up. Has one regular member.

New Business:

::::Elections::::

Orientator - Jason will stay orientator

Literature - Mark willing to take over Lit Chair. Kandice nominated. Questions asked. All in favor. Mark M now Lit Chair.

Secretary - Alex nominates Cindy S to be secretary. Questions asked. All approved. Cindy S now secretary for H&I.

Vice Chair - Kandice and Jason B nominated. Group discussed and Kandice voted in.

Chair - we vote and then Area votes in the person. Mark votes Alex N and JR nominates Ben. As a subcommittee we recommend: We recommend Alex N and Area has to approve.

Kandice stepping down from Creek County Jail. Cindy would like to take it. Will get with Officer Case to have her background ran.

Cindy stepping down from Roserock in 30 days. She has someone willing to take over her panel. Will revisit next month at Sub Committee.

Ronnie needs a stamp for 12&12 meeting sheets. Mark suggested to get with Lit Chair to get him ordered one.

Intent to fills:

Tulsa Boys Home Creek County Jail Women

PL Updates:

DLM Women - every Tuesday at 7:30/8ish good 12&12 Dx Sunday - good Dx Tuesday - always awesome and always needing more peeps Tx Thursday - good but needs more women Inner Solutions - going good but needs women Tulsa Boys Home - good Roserock - all is well :) TCBH 2 - good WIR Tuesday night - fabulous Brookhaven - good had 2 members step down in the same week, so he could use help Valley Hope - good Payne Co Jail both panels - good Men are hitting 4 pods each night and women are hitting 2 each night for 30 minutes each ARC - good VA Hospital - reopened and they've gone in 2x since then. Has one solid member to go in with him. Creek Co Men - good Creek Co Women - good

Reminder: If no one shows up for their panel after 3 months with no report available, the panel is supposed to be intent to fill. Chair will reach out to panel leaders and see what is going on.

PR Report

9 attending (968.76 Balance) PR CHAIR POSITION UP! KELSEY HAS DONE (2) 1 YEAR TERMS.

Community Rack Coordinator (IP Racks) - (Jarrod N): -

- Everything good. Got meeting lists and replenishing IPs from Lit office.
- Micheal D phone number at beginning of month worked no longer does Pryor. Steve H willing to take in if unable to contact and Brian B from Claremore.
- Need a willing participant for Claremore. (will be Orientated, 6 months clean time requirement buy rack)
- All participants contacted and all is well
- Muskogee need approval. Christian M has willing participants (2)
- Double check VA Rack (Brian) if we have one or not. Brian messaged VA contact Approved.
- Stamp for Community Rack Coordinator? Checking prices

Web – Erin:

Position available (April will be stepping down) 2 years. [willing to still show the position duties for whenever position available]

Flyers posted. Valentines thing coming up, OKRCNA fundraiser 02/15, GSA is in 2 weeks.

Saturday night live meeting canceled. JAH Speaker jam 03/28 flyer available - not posted yet.

Outreach: See report

Meeting lists - Henry

Phoneline - Kelsey

Held phoneline orientation 01/11 2 new participants. All updated and rearranged. Removed contacts and rearranged for cascade. Turning in receipt for pizza.

Current Tasks:

LADC Presentation to be held 4/3 at the Marriot 8-12 during OKRCNA: \$200 turn in application (for Region to pay) for CE credits for hosting LA DC presentation. We will need 10 willing participants to participate in Mock meeting would only take (30 min.)

Keith at Zonal discussed with someone in South Florida in regards to bus benches and PSAs that they received more traction in business cards at treatment facilities, Police cars. Getting quote then will find participants

Christian to get with contact (John) about PSAs

Annual 211 partner day is 02/11/20 set up a booth meet and greet. 10-11am at central library Pocahontas greeting room. RSVP. – Do not have participation

Kelsey printing flyers for Owasso/Collinsville to post stating where the meetings are and pull tabs. Getting quote for creating magnets to disperse in the area