

EASTERN AREA SERVICE COMMITTEE of NARCOTICS ANONYMOUS

www.eascna.org

Post Office Box 2556 Sapulpa, Ok. 74066

The Eastern Area Service Committee (EASC) business meeting was called to order by: Chair – Junior C. on April 26th, 2020 at 1:00 pm, in Tulsa, OK via Zoom. A moment of silence, followed by the Serenity Prayer. The 12 Traditions were read by Earnest P., the 12 Concepts were read by Steve., and the JFT Meditation was read by Robert.

The roll was called and a quorum was established with the following voting members:

Officers	12
Voting Officers	7
GSR's or Alts	21
Voting Members	28
VM (Simple Maj)	15
GSR'S (Simple Maj)	11
2/3's	19

Secretary - Emily S.

Report of February 2020 was read and approved

Treasurer - Rhonda B.

No report

SUB-COMMITTEE REPORTS:

Literature Chair - Cassandra W.

No report

Activities Chair - Crystal M.

No report

H&I Chair - Mark M.

No report

PR Chair - Kelsey M.

No report

Meeting List Coordinator - Henry D.

No report

Web Contact - Erin Mc.

Web Contact Report- Everything is up to date on the website. There is a pdf of zoom meeting links and IDs for eastern area meetings, as well as some links for zoom meetings outside of our area. Please send any updated or new info to web@eascna.org to have it put on the website.

Outreach Chair - Chris B.

No report

RCM - Brittney O.

See attachment

RCM ALT - Ronnie M.

No report

OLD BUSINESS

Expired literature in the Literature Office was donated to anyone at Area and then destroyed.

- Cassandra W. is going to get a lease agreement for the space we use in Jimmy's Place
- As of now, the Literature Office is also being used as storage for Jimmy's Place

Lease agreement: lit office has that entire room and pays \$130 a month by the 6th of each month. Jimmy's is redoing lease in October, might be looking for a new place (see attachment). Our lease with them is until the end of October 2020.

ELECTIONS

PR - Intent to fill (2 year clean time requirement, 1 year commitment, 2 terms)

Web Contact - Intent to fill (same requirements and commitment as PR)

NEW BUSINESS**PASSED (10 for, 2 abstentions)**

The rent being raised on the Literature Office is presenting a possible bylaw change. The groups need to vote on changing the wording in the bylaws to say that the Literature Office rent will be "amount agreed upon by the groups." This is in place of a dollar amount so we will not have to change the bylaws each time rent is changed for the Literature Office.

Cass looking into a possible new space for the lit office - not at Jimmy's place. Would be around \$100-\$160 a month. We could also hold Area in one of these places. Utilities are included in rent. Each group would have to purchase their literature at Area each month.

- What about groups that can't make it to Area?
- Can we be trusted to not be "rowdy" and get kicked out again (Sun Building)?

ej:11/2015

- Could possibly be open on a Saturday, or designated day, to sell literature
- Cassandra W. can meet people to sell literature

MOTIONS

None

GROUP SHARING

None

GSR REPORTS - NO UPDATES

(In the interest of time, please consider limiting GSR reports to activities, announcements, and/or changes to meetings.)

Barb of NA - birthday is the last Tuesday of the month. Sports & Speakers in the works

Bartlesville Otherside Group - birthday meeting is the last Monday of each month at 6pm

Blind Faith - birthday is the third Sunday of the month at 4pm

Broken Arrow Serenity Seekers - birthday meeting is 2/27/20 at 630pm

Chain Breakers (Locust Grove) - new meeting. Would appreciate any used literature and donations. Group C is the 1st Sunday of each month at 7pm, and birthday meeting is the 2nd Sunday of each month at 6pm

Claremore No Name - birthday is the first Thursday of the month from 7-9pm. 3/5/20 Shane K. is speaking

Claremore Otherside - birthday is the first Saturday of the month at 5pm

Cushing Connection - birthday night is the day of the birthday. 2/29/20 - Evelyn R. 1 year, Lonnie D. 1 year, speaker is Ben B.

First Things First Sapulpa - birthday meeting is last Tuesday at 6pm. 2/25/20 - Chris 4 years

Foyil Unchained - meeting is back and doing great. No birthday meeting

Higher Point of Freedom (Muskogee) - New group! Group-C is the 1st Friday of the month at 630pm. Birthday meeting is the 2nd Friday of the month at 730pm

Hope Dealers Cleveland - birthday meetings happen when birthdays occur. 2/27/20 - Mark M. will be speaking at 7pm

Hump Day (Pryor) - birthday is the last Sunday of each month. 7pm eat, 8pm speaker

Just Another Hour - birthday is the 3rd Friday of each month at 11pm. 2nd Saturday is Game Night at 11pm

Keep Coming Back - birthday is the last Thursday of each month

Krazy But Klean Vinita - birthday is the second Friday of the month from 6-8pm

The Lie is Dead - birthday meeting is the second Saturday of each month at 7pm. 3/14/20 - Kailee W. 1 year, Amanda L. 18 months, Tim S. 1 year, speaker is Tim S.

Living Clean - birthday is the last Friday of each month at 11am

Living Clean Tahlequah - birthday is the last Friday of the month at 630pm

More Hardcore Revealed - birthday is the last Thursday of each month at 6pm

NA-A-Risin' - birthday is the second Saturday of the month at 630am

ej:11/2015

Noontime Connection - birthday meeting is the last Saturday of each month

Northside Stroll - birthday is the last Monday of the month at 7pm

Peace of Mind - birthday is the last Friday of each month at 630pm

Recovery at Work - birthday meeting is the last Thursday of the month at 7pm

Second Chance - birthday meeting is the last Friday of the month at 9pm. 2/28/20 - Micaela 1 year

Sharing N Recovery - birthday meeting is the last Saturday of each month

Solutions - birthday meeting is the third Tuesday of each month at 730pm

Southside Recovery - birthday meeting is the second Tuesday of each month at 630pm. 3/10/20 -

Shannon F. 1 year, Gizey is the speaker

Spiritual Connection - birthday meeting is the third Sunday of each month at 10am

Stillwater Serenity Seekers - birthday meeting is 2/16/20 from 6-8pm. Eric S. 2 years, Chelsea D. 1 year

Tulsa Original Group - birthday meeting is the last Sunday of each month

Turley 3-Links - Group Conscience is the 1st Monday of each month at 815pm

Ultimate Weapon Muskogee - birthday meeting is 1st Saturday at 7pm

Walk Your Talk - birthday meeting is the third Saturday of each month from 2-4pm. Dinner at 2pm, chicken potluck, Vicki 8 years, Bob 1 year

Westside Group - having low attendance, but newcomers keep coming back. Birthday is the 2nd Saturday at 430pm

DISBURSEMENTS

None

ANNOUNCEMENTS

Next EASC Meeting hosted by TBA on May 31st, 2020 at 1pm.

11am Sub-Committee Meetings

12pm Steering Committee

12:30 New GSR Orientation

1pm Business Meeting

CLOSING

Area Business meeting was adjourned and closed with a moment of silence, followed by the Third Step Prayer.

Respectfully Submitted,

Emily S.

RCM Report - Region 4/5/20

Treasurer's Report

- Attached
- Request for vote – to create a separate account for purchasing travel for speakers to our regional events. Further explanation in report below.

RD Report

- Plains states zone – hosting zoom recovery meetings at noon and 7 pm everyday. Training for zoom meetings is available M, W, and Friday every week. Links for both these are available at <https://pszfna.org/>
- Plains state has opened a second zoom account and this is available for any group on plains state zone to host a meeting.
- Only 5 CAR/CAT results have come in for our region so far. Please let us know if there is anything we can do to help get these in. RD and RDA are willing to meet by zoom to discuss any questions. These can be emailed, texted, etc.
- WSC will most likely be meeting via zoom, so CAR/CAT results are still needed.
- NAWS office has been closed. They are unable to process the normal amount of literature orders and are down to about 15 orders a week. Literature sales are the primary funding for NAWS, so this has put a serious strain on the office. Additionally, most conventions have been cancelled, so those contributions can't be made. There is a direct contribution link that's been set up for members to contribute directly. www.na.org/contribute
- https://www.na.org/?ID=virtual_meetings. has additional help/support/information for hosting virtual meetings.
- P3 is running about 100 books a month for our zone, and they are running out of funding. They usually do fund raising at conventions, but are not able to do this right now. They have enough funds to run for about 5 months. Donations can be mailed to P3 post box 3937. Omaha Nebraska 68102
- See more info in report below.

Web Contact

- Was contacted by one person about the regional convention. Website updates have been delayed as our web contact is currently hosting the 3 training sessions a week and helping to facilitate online meetings throughout our zone.

Archivist

- Display cases – got a receipt for \$1,017.92 for supplies to build all 4 display cases and \$182.08 in cash returned.
- Storage unit has the case built as a prototype and supplies for 3 cases to be built in the storage unit.
- Proposal by treasury to use the \$182.08 for paint to finish all 4 cases. To be discussed in new business.

Fellowship Development

- NAWS service day scheduled for May 1st and annual PR event scheduled for first week in June. We will skip the service day until next year, and FD will meet 5/17 to reassess PR week with any new developments with the pandemic and health concerns. ej:11/2015
- PSA project. Continuing to look at options.

- Possibility of 800 number for our region rather than each area having separate numbers. BLMT is working to get a caller ID function to direct callers to the national hotline to their local NA helpline. Workgroup formed to get more information.
- Presentation during convention that has been cancelled
- Work group to reach out to all facilities in our region to get contact information and create a regional list.
- 211 – Ernest will work on finding information on how to keep our info updated for anyone calling this number asking for help with a drug addiction.

Clean and Crazy

- There are discussions of rescheduling or cancelling. They will have another committee meeting to discuss this as the event comes closer. They will decide 2 weeks before the event on June 7th.
- Mugs from last year were ordered and distributed.
- Has called park services and left a message, but has not gotten a response to date.

Fall Spiritual Retreat

- Meeting the 3rd Sunday of each month, and they will be meeting via zoom for now, and their first meeting via zoom will be April 19th at 11am. https://groupme.com/join_group/58711727/OXvUdwYP
- Hoping this event will move forward at this time. No contracts have been signed, and they will reach out to talk to the event location, but no contract signed until there is more certainty.

GSA

- Claim was filed against our Region's insurance. An individual tripped and fell at a meeting. This is underway, and the insurance company is currently handling this. More information will be provided as this develops.

OK Regional Convention

- Waiting on some details on refunds, etc. Currently about \$3,700 in the hole. Still have some shirts and mugs to sell. Still have 2 jackets that would have been used in the auction. Region has a credit for a flight to use in the future.
- Final meeting will be set up soon to discuss how to sell remaining shirts and get a final number for the net loss. If all shirts and mugs are sold, it's possible we could break even. Final report will be emailed to region committee when available.
- Mark M. is willing to chair convention next year.

Western Area

- Had a limited zoom meeting.. Did not meet corum. Was able to pay bills and conduct necessary business only.

Southern 5th

- No report. Their area was cancelled.

Eastern

- Gave report on previous area meeting and special meeting we attempted to hold. Shared how we have removed physical addresses and posted zoom links.
- Cancelled previous area. Nothing to report at this time. Fun in the Sun is still planning to be held in September.
- Shared the concern brought to area about

Old Business

- Library Initiative - Sending extra remaining 6 books in libraries as additional copies

- Webmaster election – staying with paid contact. No additional candidates available. Website overhaul is getting close to launch.
- Cindi B is nominated for the World Board member. Waiting to hear if there will be an election with NAWS being closed etc.
- \$500 projects for each region. No projects have been proposed from areas.

New Business

- OKRCNA will go forward with a speaker jam for the convention on zoom in approx. 4 weeks. Sub Committee will meet and provide a path forward via group me / email
- CC for event speaker travel. Ernest will look into options, and we will readdress.
- Region will make normal donations to NAWS and Zone
- Question of whether or not to spend the \$180 to pain archive boxes. Unanimous decision to put this back into general funds so as to be prudent for uncertainty regarding fund flow in the future.

Available cash for meeting April 2020	
Ending checkbook balance	15302.38
Prudent reserve	(1200.00)
Budgeted Bills	
NAWS donation	(500.00)
PSZF donation	(75.00)
Storage Units (165.00 per month) 2month	(330.00)
Insurance (250.00 per month) 8month	(2000.00)
PO Box (20.00 per month) 4month	(80.00)
RD/RDA travel 2-year cycle (165.00 per month)10month (Even years 2000.00 odd years 600.00)	(1650.00)
Learning days (50.00 per month) 12months	(600.00)
3 fellowship projects (125.00 per month) 8months	(1000.00)
PR Day (84.00 per month) 8 month	(672.00)
Upcoming events	
OKRCNA facility	(2500.00)
OKRCNA merch	(2000.00)
Clean n crazy facility	(1500.00)
Clean n crazy merch	(1200.00)
Clean n crazy food	(1000.00)
Clean n crazy portapotty	(300.00)
Balance to do business	1304.62

Treasurer report
April 2020

Current check balance is 15302.38 as of March 9, 2020.

Because of region deciding on having its meeting earlier in April I will not have a bank statement for march until after that date so it will be reported on at the June region meeting.

The storage building has been paid for and we will get the 13th month free on both units.

The GSA is over and looks to be a successful year for both the Ok region and the PSZF that was held at the event. As I verbally said during the February meeting I allowed the PSZF to use our account as a clearing house for credit cards at their auction/fundraiser and after the event I figured the credit cards minus all fees for handling them plus the cash collected at the auction that I deposited for them and I issued them a check in the amount of \$1355.16. For our part of the GSA we had expenses of \$3265.54 and income of \$3134.78 making a loss of \$130.76 which is not much being the event is a subsidized event for the GSR's and GSR alts of the areas of OK Region. This is actually 2 years in a row that the GSA was for the most part self-supporting although that was never how it was intended.

Thanks, in loving service
Earnest P.

Updated and in addition to
Treasure report addendum A
April 2020

This is info that is obtained after the virus

The current bank balance as of 3/31/2020 is 12957.31 although that has not been reconciled to a statement yet since I don't have that yet. I will have bank statements and reconciliations for the RCM's and the secretary when we have June's meeting.

As most people know the convention has been canceled due to the pandemic this has caused some heartache to all of us along with probably some things to remember for the future. The way I see it at this time is the convention is approx. \$3800.00 in the hole although they do have shirts and mugs that could not be stopped or returned, I do believe they plan on trying to sell them. Also, they are still working on the flight tickets that were already purchased to see what can be done, I know one is only going to give us flight credit for 1 year, this one was purchased on our region account. But the other 2 was purchased by the programming person on their personal credit card and then I paid them directly. This may be a problem because if they only give flight credit it will be on their card not ours and they cannot repay us, it will only be on their account. Being I don't wish to make the treasurer job any more difficult by having them have to purchase all future tickets I suggest setting up a separate debit card on our account to give to programming chairs for purchase of travel. It can be set up that they would contact the treasure and let them know how much they need; treasure could transfer funds into that account when needed. The treasure would still be the responsible party and would keep the main account isolated from a card that is being passed around. Otherwise I would recommend the treasure make all flight reservations although I believe it would be better for the programming chair to be best suited to get the best price and work with each speaker and their travel plans.

I also recommend that until this crisis is over, we should suspend sending NAWS a donation at least for now. Especially since I don't have a crystal ball to see if Clean and Crazy is going to be affected and not sure if we will have any donations coming in for some time.

RD – RDA Report – 4.5.2020

Zone Info

PSZF is hosting a Zoom Recovery meeting twice a day at noon and 7:00 pm as well as a training for members interested in hosting one of these meetings or learning about hosting their own. Training meetings are held M/W/F at 5:30 pm. You can access links to these meetings on the home page - <https://pszfna.org/>

We held a Zonal Zoom meeting to confirm adding a zoom account, discuss contributions (ways to allow for them / drop in 7th tradition contributions in the fellowship), and IT issues with the Zoom account. Due to the constraints throughout the Regions it was voted to postpone deciding about sending money onto world above our prudent reserve until we had more of a sense of the needs of our regions. Another virtual meeting was scheduled for April 29, in addition to a meeting we had previously scheduled for May 27, to determine whether it is prudent to carry forward with our planned face-to-face this July in SD.

CAR STUFF

Don't forget that individual responses to the CAR survey are due by end of the day TODAY, Sunday, April 5. Survey button on the NA Meeting Search app or on the survey page www.na.org/survey. We have to enter our Regional Conscience on the CAR Survey by April 16.

We have very few CAR/CAT/Survey results from groups, five at this time. Please let us know if we can help you with a Zoom meeting or further information for your group.

[Contribute Link](#)

NAWS has reduced office hours and were struggling financially. Since then, we've been forced to close the office entirely due to state order in response to COVID-19. And as so many meetings have gone online around the world, literature orders have been reduced to a trickle. There is an easy contribution button www.na.org/contribute, and we hope you will consider pitching in to help World Services stay afloat. Many on the Board have set up a monthly recurring contribution in the amount of our clean time and have encouraged our friends and sponsees to do the same. Thank you to those who have already answered the call! Together we can.

[Literature](#)

As more and more meetings go online in response to the global pandemic, we wanted to remind you that recovery pamphlets and booklets are available in 53 languages at www.na.org/ips NAWS is doing what they can ship literature out orders are received.

[Online Meeting Resources](#)

We have posted a page with online and phone meeting lists and resources to help members host meetings in virtual spaces https://www.na.org/?ID=virtual_meetings. You can find the page if you click on the FOR OUR MEMBERS tab at the top of the home screen. If you are logging on from a mobile device, click on SERVICES and it's the first link. Send NAWS any resources you have that may help so that we can post them for others.

[Periodicals](#)

One cost-saving measure NAWS implemented is to discontinue paper mailing of periodicals. This will both save money and allow us to continue making our periodicals accessible while working from home and practicing physical distancing. Thank you for understanding. If you need to update your email information, you can do so at www.na.org/subscribe.

[Service Day](#)

The second annual Service Day is coming up on May 1. You can download the flier from our events page www.na.org/nawsevents. Many of us have had to stretch ourselves to meet our personal recovery needs and the needs of our NA communities in these past few weeks. A Service Day celebration could be as simple as hosting or participating in a conversation about how we can all support each other and carry the message in the context of this current crisis.

ILS, Pam and Kyle