EASTERN AREA GROUPS

Bartlesville
The Other Side
325 Osage

Broken Arrow
BA Serenity Seekers (BASS)
400 W New Orleans

Catoosa
Hope Fiends
407 S Cherokee St.

Chandler
Pain into Purpose
209 W 14th St.

Claremore
Claremore Group
632 E 4th St

Clayton
Turning Point
310 N 2nd

Cleveland***
Clean & Crazy in Cleveland
205 S. C Ave

Cushing
Cushing Connection
1802 E Main

Ft. Gibson
Stockaiding Recovery
201 SE Railroad St

McAlester
All McAlester Meetings
100 North A St

Muskogee
Higher Point of Freedom
600 E Okmulgee St

Nowata
The Other Side of Life
408 S Pine

KISS Group
109 W. Shawnee Ave.

Okmulgee
The Way Out Group
1201 N Griffin

Owasso
Gratitude Group
10100 N Garnett Rd

Pryor
Hump Day Group
301 NE 1st St
(*behind church*)

Stillwater
Stillwater Serenity Seekers
524 N Stallard

Tahlequah
*Hope at Last****
1330 Cedar Ave.

Step One
403 Going Snake St.

Talihina
2nd Chance
11160 SE 1140th St.

Turley
Three Links Group
6301 N Peoria Ave

Wagoner
The Grace to Change
115 S. State St.

Wilburton
Wilburton NA
612 SW 12th St

Tulsa

BARB of NA
Blind Faith
Just Another Hour
Lie is Dead
Noontime Connection
Second Chance
Spiritual Connection

The above groups all meet at
6530 E 21st St.
Suite E

NA-A-Risin'
Peace of Mind Group
Sharing N Recovery

The above groups all meet at
2900 S Harvard Ave

Grounds for Sharing
2915 E. 5th St.

Living Clean
6333 E Skelly Drive
(*Buddy room*)

Lost Dreams Awaken
8707 E 51st St.

HARDCORE Recovery
4424 E. 11th Street

*Northside Stroll****
~~1442 S Quaker Ave.~~
Temporarily at 2900 S Havard Ave

Recovery at Work (RAW)
8125 E 51st St.
Suite G

Steppin' In Recovery
7431 E 91st St

Solutions Group
4424 E 11th St

South Side Recovery
8432 S Sheridan Ave
(Meets in Log Cabin)

Tulsa Original Group (OG)
1529 W 49th St.

Up N'Coming Group
5000 Charles Page Blvd.

The Workshop
9940 S Yale Ave

Three Links Group
6301 N Peoria Ave

EASCNA

Scan QR for the latest meeting information

Oklahoma Western and Southern 5th Areas
405-524-7068 or 1-866-524-7068
Arkansas Region
1-888-501-1607
Mid America Region (KS)
1-855-732-4673
Ozark Area (SW MO & SE KS)
1-888-359-3339
Red River Region (Southern OK & SE KS)
1-888-851-1246

Member's Phone Numbers

Name Phone

OKLAHOMA EASTERN AREA OF NARCOTICS ANONYMOUS

MEETING LIST

November 2026

24 Hour Information Line
1-888-749-0017

www.eascna.org

Send meeting changes to:
web@eascna.org

Mailing Address:
EASCNA
7107 S. Yale Ave
PMB #114
Tulsa, OK 74136-6308
Last Updated 09/21/2026

FORMAT LEGEND

BK ..... Any NA book
BT ..... Basic Text study
C ..... Closed meeting (addicts only please)
CL ..... CandleLight meeting
D ..... Discussion meeting
IW..... It Works: how and why study
JT ..... Just For Today study
L ..... Literature study (any NA Literature)
LC ..... Living Clean study
ME..... Meditation
NEW.... Newcomer meeting (Beginners)
O .....Open meeting (curious & supporters welcome)
St..... Step study
So/SD.. Speaker only or with discussion
Tr..... 12 Traditions meeting
↺ ..... Variable format or chair's choice
CW / NC...Child Welcome / No Children
LGBT... Lesbian, Gay, Bi, & Trans Friendly
M ..... Men's Meeting
W / M... Women's Meeting
.....(no addict will be turned away)

(* Indicates change from last month)**

MONDAY

Bartlesville
7:00p ..... The Other Side ..... O ..... BT,LC

Catoosa
6:30p ..... Hope Fiends ..... O ..... BK

Claremore
7:30p ..... Claremore Group (Women) ..... O ..... BK,W

Cleveland
6:00p ..... Clean & Crazy in Cleveland .... O ..... NEW

Cushing
7:00p ..... Cushing Connection ..... O ..... IW

McAlester
8:00p ..... Just For Today ..... O ..... BT

Nowata
6:30p ..... The Other Side of Life Group .. C ..... ?

Okmulgee
7:30p ... The Way Out Group ..... C ..... ?

Owasso
7:00p ..... Gratitude Group ..... O ..... St,IW

Pryor
6:00p ..... Hump Day Group ..... O ..... St,Tr

Tulsa
6:30a ..... NA-A-Risin' ..... O L
Noon ..... Living Clean ..... C ..... LC,NC
Noon ..... Noontime Connection ..... O ..... BT
5:30p ..... Up N' Coming Group ..... O .. NEW, St, L, JT
5:30p ..... Steppin' In Recovery ..... O ..... BT,BK
6:00p ..... HARDCORE Recovery ..... O ..... IW
6:00p ..... The Workshop ..... O ..... D,L
7:00p ..... Northside Stroll*** ..... O ..... NEW,IW,ST
****Temporarily at 2900 S Harvard Ave*
7:30p ..... Solutions Group ..... O ..... D
8:00p ..... Second Chance ..... O ..... NEW,D,L
10:00p ..... Just Another Hour ..... O ... NEW,BK,D,CL

Turley
7:00p ..... Three Links Group ..... O ..... D

Wagoner
7:00p ..... The Grace to Change ..... O ..... ?

Wilburton
7:00p ..... Wilburton NA ..... O ..... D,L,So/SD

TUESDAY

Bartlesville
7:00p ..... The Other Side ..... O ..... BT,JT

Broken Arrow
7:00p ..... BA Serenity Seekers ..... O ..... NEW, ❍

Claremore
7:30p ..... Claremore Group ..... O ..... D

Muskogee
7:00p ..... Higher Point of Freedom ..... O ..... IW

Stillwater
7:00p ..... Stillwater Serenity Seekers ..... O ..... IW

Tulsa
6:30a ..... NA-A-Risin' ..... O L
Noon ..... Living Clean ..... C ..... BK,NC
Noon ..... Noontime Connection ..... O ..... BT
6:30p ..... Lost Dreams Awaken ..... O ..... BK
6:30p ..... Peace of Mind Group ..... O ..... BT,IW

TUESDAY *(continued)*

6:30p ..... South Side Recovery ..... O ..... BT,IW
7:00p ..... Recovery At Work (RAW) ..... O ..... BT,D
7:30p ..... BARB of NA ..... O ..... BK,D
7:30p ..... Solutions Group ..... O ..... D
10:00p ..... Just Another Hour ..... O .. NEW,BK,D,CL

WEDNESDAY

Bartlesville
7:00p ..... The Other Side ..... O ..... IW

Chandler
7:30p ..... Pain into Purpose ..... O ..... NEW

McAlester
7:00p ..... A New Way to Live ..... O ..... BT

Nowata
7:00p ..... KISS Group ..... O ..... BT

Okmulgee
7:30p ..... The Way Out Group ..... C ..... ?

Pryor
7:30p ..... Hump Day Group ..... O C

Tulsa
6:30a ..... NA-A-Risin' ..... O ..... BT,BK
Noon ..... Living Clean ..... O ..... BT,LC
Noon ..... Noontime Connection ..... O ..... Tr,IW,D
5:30p ..... Steppin' In Recovery ..... O ..... BT,BK
7:00p ..... Lie is Dead ..... O ..... BK,D,SD,So
7:00p ..... Recovery At Work (RAW) ..... O ..... BT,D
7:00p ..... Sharing N Recovery ..... O ..... ?
7:00p ..... Tulsa Original Group (OG) ..... O ..... B,S,N
10:00p ..... Just Another Hour ..... O ..... BT,D,CL

THURSDAY

Bartlesville
7:00p ..... The Other Side ..... O ..... ?

Broken Arrow
7:00p ..... BA Serenity Seekers ..... O ..... NEW, ❍

Claremore
7:30p ..... Claremore Group ..... O ..... D

Clayton
7:30p ..... Turning Point ..... O ..... NEW, D

Ft. Gibson
7:00p ..... Stockaiding Recovery ..... O ..... NEW, D

McAlester
7:00p ..... Against All Odds ..... O ..... T

Muskogee
7:0p ..... Higher Point Of Freedom ..... O ..... T

Stillwater
7:00p ..... Stillwater Serenity Seekers ..... O ..... BT

Tulsa
6:30a ..... NA-A-Risin' ..... O ..... BK
Noon ..... Living Clean ..... C ..... BK,NC
Noon ..... Noontime Connection ..... O ..... BT
6:00p ..... HARDCORE Recovery ..... O ..... D
6:00p ..... BARB of NA ..... O ..... BK,D
7:00p ..... Northside Stroll*** ..... O ..... St,IW
****Temporarily at 2900 S Harvard Ave*
7:00p ..... Recovery At Work (RAW) ..... O ..... D,BT
7:30p ..... Blind Faith ..... C ..... D
10:00p ..... Just Another Hour ..... O .. NEW,BK,D,CL

FRIDAY

Bartlesville
7:00p ..... The Other Side ..... O ..... BT

Broken Arrow
7:00p ..... BA Serenity Seekers ..... O ..... NEW, ❍

Catoosa
6:30p ..... Hope Fiends ..... O ..... BK

Claremore
7:30p ..... Claremore Group ..... O ..... BT

Ft. Gibson
7:00p ..... Stockaiding Recovery ..... O ..... NEW, D

Stillwater
7:00p ..... Stillwater Serenity Seekers ..... O ..... JFT

Tahlequah
7:00p ..... Hope at Last ..... O ..... IW

Talihina
7:30p ..... 2nd Chance ..... O ..... ❍

Tulsa
6:30a ..... NA-A-Risin' ..... O ..... BK
Noon ..... Living Clean ..... C ..... BK,NC
Noon ..... Noontime Connection ..... O ..... BT
6:30p ..... Lost Dreams Awaken ..... O ..... ?
6:30p ..... Peace Of Mind Group ..... O ..... BK,IW
7:30p ..... Solutions Group ..... O ..... D
9:00p ..... Second Chance ..... O ..... BK,D,So,SD
11:00p ..... Just Another Hour ..... O ..... N,D,CL,SP

Turley
7:00p ..... Three Links Group ..... O ..... NEW,D

SATURDAY

Bartlesville
7:00p ..... The Other Side ..... O CL

Broken Arrow
7:00p ..... BA Serenity Seekers ..... O ..... NEW, ❍

Chandler
7:30p ..... Pain into Purpose ..... O ..... NEW

Claremore
9:00p ..... Claremore Group ..... O CL

Cleveland
6:00p ..... Clean & Crazy in Cleveland .... O ..... NEW

Fort Gibson
7:00p ..... Stockaiding Recovery ..... O ..... New,D

McAlester
7:00p ..... Lie is Dead ..... O ..... BT

Nowata
6:30p ..... The Other Side of Life Group ... ? ..... ?

Okmulgee
7:30p ..... The Way Out Group ..... C ..... ?

Tahlequah***
7:00p ..... Hope at Last ..... O ..... ?

Tulsa
6:30a ..... NA-A-Risin' ..... O ..... BK
10:00a ..... Spiritual Connection ..... O ..... JT
Noon ..... Noontime Connection ..... O ..... JT
4:00p ..... Grounds for Sharing ..... O ..... BK
7:00p ..... Lie is Dead ..... O ..... BK,D,SD,So
7:00p ..... Sharing N Recovery ..... O ..... JT
7:30p ..... Solutions Group ..... O ..... D
8:30p ..... Second Chance ..... O ..... BK,D,So,SD
11:00p ..... Just Another Hour ..... ? ..... ?

Wilburton
7:00p ..... Wilburton NA ..... O ..... BK,D,SD,So

SUNDAY

Bartlesville
7:00p ..... The Other Side ..... O CL

Claremore
7:30p ..... Claremore Group ..... O ..... D

McAlester
8:00p ..... Against All Odds ..... O ..... CL,D

Nowata
7:00p ..... KISS Group ..... O ..... BT

Okmulgee
7:30p ..... The Way Out Group ..... C ..... ?

Pryor
7:30p ..... Hump Day Group ..... ? ..... ?

Stillwater
7:00p ..... Stillwater Serenity Seekers ..... O LC

Tulsa
6:30a ..... NA-A-Risin' ..... O ..... BK
10:00a ..... Spiritual Connection ..... O ..... JT
Noon ..... Noontime Connection ..... O ..... JT
4:30p ..... Blind Faith ..... O ..... D
6:00p ..... Tulsa Original Group ..... O ..... BT,SD,So
7:30p ..... BARB of NA ..... O ..... B, I, L, LC
10:00p ..... Just Another Hour ..... O ..... BK,D

***** Indicates change from last month**

? ····· Format unknown

GSRs or Meeting Chairs please see PR subcommittee member to confirm the meeting information and format

November 2026