EASTERN AREA SERVICE COMMITTEE of NARCOTICS ANONYMOUS

www.eascna.org

EASCNA
7107 S. Yale Ave, PMB #114
Tulsa, OK 74136-6308

Lunch and Learn was held at noon. It is an event held quarterly (every 3 months), and is open to all Eastern Area Members (You do not have to be a GSR.) Pizza is provided and we learn about things concerning Narcotics Anonymous. This Lunch and Learn was titled "Welcoming the New Members." It was about the problems, challenges, and barriers facing newcomers today. We also came up with solutions for retention.

* The Eastern Area Service Committee (EASC) business meeting was called to order @1:02p by:

Chair, *Steve H.*, on October 25th, 2026 in Tulsa, Oklahoma . 8125 E 51st St Suite G.

A Moment of Silence, followed by the Serenity Prayer.

* Readings:

12 Traditions - (Alison I.) 12 Concepts - (Joshua C.) JFT Meditation - (Steve H.)

* The roll was called and a quorum was established.

Total Officers - 10 *Total GSR/GSR Alt's* - 19 Voting Members - 26

*a.) **Chair Report** *(Steve H.) - Will need to prepare for next month's area.*

*b.) **Vice Chair** *(Joshua C.) - Nothing to Report.*

*c.) **Secretary** *(Trevaughn H.) If there are any changes to your GSR Report, Please put a star on top of your paper, and stars next to each change.*

*d.) **Treasurer's report:** *(Kandice N.)* *Intent To Fill (2 year clean time requirement)*

**Reminder - I will present February 2027 Treasurer's Report but I will not provide nor present after this area.

**Also - the future Treasurer needs to order more checks as I just opened the last book.

Please make sure homegroups are keeping up Area Donations as they have been less frequent recently.

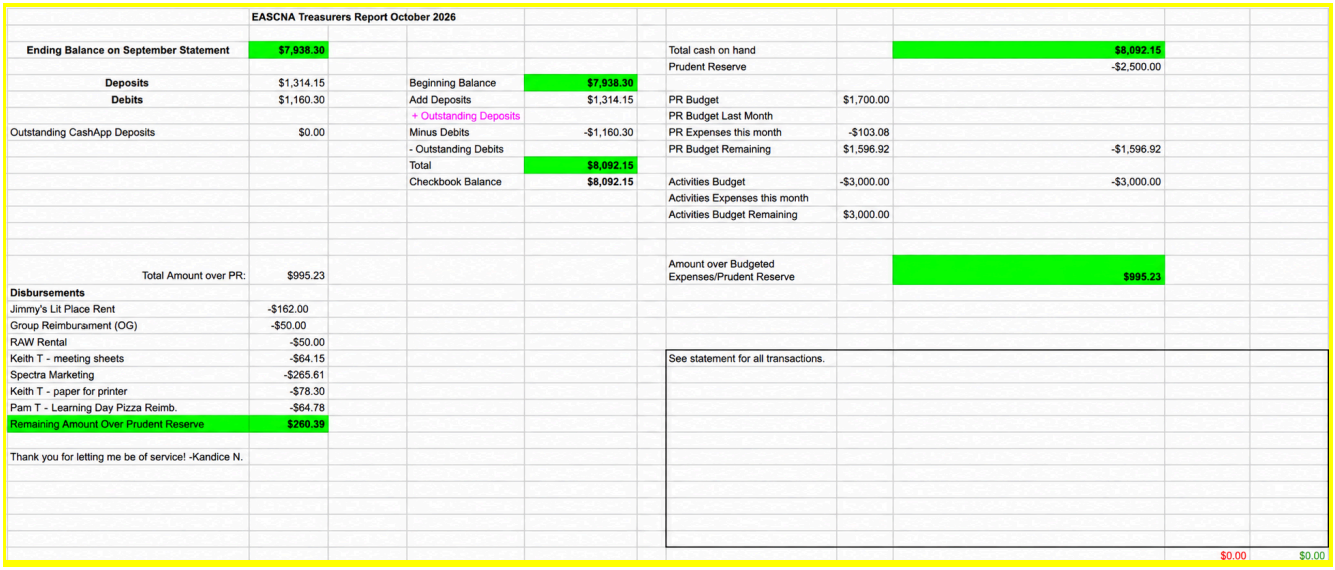
The Following is the Corrected September Treasurer spreadsheet:

	EASCNA Treasurers Report September 2026								
Ending Balance on August Statement	**$9,069.38**				Total cash on hand		**$7,938.30**		
					Prudent Reserve		-$2,500.00		
Deposits	$697.56		Beginning Balance	**$9,069.38**					
Debits	-$1,828.64		Add Deposits	$697.56	PR Budget	$1,700.00	-$1,700.00		
			- Outstanding Deposits		PR Budget Last Month				
Outstanding CashApp Deposits	$0.00		Minus Debits	-$1,828.64	PR Expenses this month	$0.00			
			- Outstanding Debits	-$500.00	PR Budget Remaining	$0.00			
			Total	**$7,438.30**					
			Checkbook Balance	**$7,938.30**	Activities Budget	-$3,000.00	-$3,000.00		
					Activities Expenses this month				
					Activities Budget Remaining	$3,000.00			
Total Amount over PR:	$738.30				Amount over Budgeted Expenses/Prudent Reserve		**$738.30**		
Disbursements									
Jimmy's Lit Place Rent	-$162.00								
Group Reimbursment (Noontime)	-$50.00								
RAW Rental	-$50.00		Checkbook Balance						
Keith T. Reimb. for PR Business Cards	-$103.08		Bank Balance						
					September TRANSACTIONS				
					Transaction Date		**Description**	**Debit**	**Credit**
					8/30/2026		Jimmys Place Lit Rent	-$162.00	
					8/30/2026		Pryor Hump Day Group Area Reimbursment	-$50.00	
Remaining Amount Over Prudent Reserve	**$373.22**				8/30/2026		Noontime (Doug S.) 7th Trad.		$300.00
					8/30/2026		Catoosa Hope Fiends		$50.00
Thank you for letting me be of service! -Kandice N.					8/30/2026		OKNA	-$500.00	
					8/30/2026		World Services	-$500.00	
					09/14/2026		H&I Transfer from Lit for H&I Order	-$558.64	
					09/11/2026		Spiritual Connection		$347.56
					09/02/2026		**AAA Storage**	-$58.00	
								-$1,828.64	$697.56

Cashapp tag has changed to:

$easctreasurer

The Following is the October Treasurer spreadsheet:



EASCNA Treasurers Report October 2026							
Ending Balance on September Statement	**$7,938.30**			Total cash on hand		**$8,092.15**	
				Prudent Reserve		-$2,500.00	
Deposits	$1,314.15	Beginning Balance	**$7,938.30**				
Debits	$1,160.30	Add Deposits	$1,314.15	PR Budget	$1,700.00		
		+ Outstanding Deposits		PR Budget Last Month			
Outstanding CashApp Deposits	$0.00	Minus Debits	-$1,160.30	PR Expenses this month	-$103.08		
		- Outstanding Debits		PR Budget Remaining	$1,596.92	-$1,596.92	
		Total	**$8,092.15**				
		Checkbook Balance	**$8,092.15**	Activities Budget	-$3,000.00	-$3,000.00	
				Activities Expenses this month			
				Activities Budget Remaining	$3,000.00		
Total Amount over PR:	$995.23			Amount over Budgeted Expenses/Prudent Reserve		**$995.23**	
Disbursements							
Jimmy's Lit Place Rent	-$162.00						
Group Reimbursement (OG)	-$50.00						
RAW Rental	-$50.00						
Keith T - meeting sheets	-$64.15			See statement for all transactions.			
Spectra Marketing	-$265.61						
Keith T - paper for printer	-$78.30						
Pam T - Learning Day Pizza Reimb.	-$64.78						
Remaining Amount Over Prudent Reserve	**$260.39**						
Thank you for letting me be of service! -Kandice N.							
						$0.00	$0.00

Treasurer request - please call or text Kandice N. at 918-408-8089 if you mail your 7th Tradition to the PO Box. Thank you.

Bank Statement Attached in email.

*e.) **RCM Report:** *(Shayla S.)* **- (See attached documents)**

Should we change our name to 'OK Region' to 'Oklahoma Region' please take back to your home group.

(Please see New Business)

*f.) **Calendar Girl:** (*Shayla S.*) --Calendar Report – Oct. 25, 2026-

Calendar of Events (Calendar Girl) Report – Oct. 2026

I have been uploading the things when people send them to me.

Here is a list of upcoming events –

Monster Mash – Oct. 31

OKRCNA 41 Committee mtg via zoom – Nov. 1

GNA on NYE committee mtg – Nov. 1

Fall Spiritual Retreat – Nov. 6-7

Northside Stroll and Lost Dream Awaken Thanksgiving Day Feast – Nov. 26

OKRCNA 41 Fundraiser – Dec. 5

OKRCNA 41 committee mtg – Dec 6

EASCNA Business mtg – Dec 5

RAW 10th Anniversary Speaker Jam – Dec 12

Hump Day Group Pryor Bonfire mtg – Dec. 12

GNA on NYE – Dec. 31

All of these have flyers and addresses and times on the calendar of events on our website.

Here is a link - https://www.eascna.org/event_calendar/

In love of service, Shayla S.

Shayla S. – 918-457-7493 (no weird stuff please)

Shaylarayed@gmail.com
Facebook messenger – Shayla Swisher

(you can send flyers/events to any of these or to the EASCNA Facebook group and tag me)

Subcommittee Reports:

*a.)**Lit Report:** *(Shelbi S.)*

Literature Distribution

Report Date		10/25/2026	(Enter the date of EASC)	
Transactions Start		09/28/2026	(First day of reporting)	
Transactions End		10/25	(Last day of reporting)	
Current Inventory		$ 3,641.25	*Inventory from · 10/25/2026*	
			(this comes from the Current Inventory worksheet - Ending Inventory total column Q)	
			(NOTE: This only reflects the 'Current' Inventory, does not indicate Inventory when running report from past)	
Total Lit Distribution				
Lit Sold		$ 962.85	(Amount of Lit sold during transaction period)	
Lit distributed for service		$ 540.17	(Amount of Lit distributed for H&I, Outreach, PR, etc.)	
Taxes Total	0.08517	$ 82.01	(calculated OK state sales tax due)	
	0.045		$ 43.33	OK State
	0.0365		$ 35.14	Tulsa City
	0.00367		$ 3.53	Tulsa County
Shipping	0.0876	$ 84.35	(calculated shipping on literature sold)	
Total Lit Sale				
Total Sales		$ 962.85		
Square deposits		$ 962.85	(Credit card Lit sales using Square app)	
Cash deposits		$ -	(Cash Lit sales)	
Total Lit Ordered		$ (1,533.64)		

If you need any literature please contact Shelbie S. at lit@eascna.org

*b.)**H&I Report:** *(Lawrence S. report only)* -

11 voting members
2 executive committee members
10 panel leaders

Panel Leaders intent to fill (1 yr clean time requirement. 9mo H&I experience)

*Old Business:

David L Moss women- intent to fill (remains intent to fill)

Monarch Men - intent to fill (remains intent to fill)

Payne County Men -intent to fill (remains intent to fill)

Orientator- intent to fill (filled)

*New Business:

Angel B was voted in as Orientator

Great Plains panel leader intent to fill

Tulsa Boys Home is going under a facility restructuring, so more will be determined by facility as restructure is complete.

Creek County Men panel leader is intent to fill. This position requires new panel leader to be approved through the facility.

Monarch women has changed their time to 6pm.

Orientation will resume on second Saturday of November at 530 at Jimmy's place.

Muskogee Creek Nation is a co-ed facility. The panel goes in on the 2nd and 4th Wednesday at 7p.

Intents to fill are stated in old business.

ILS

Lawrence S

The Following is the H&I spending report

Item No.	Title	Price	Discount	Quantity	Total excl. tax
3123	IP #23 Staying Clean on the Outside	$0.29	8.00 %	100	$26.68
3122	IP #22 Welcome to NA	$0.29	8.00 %	100	$26.68
3119	IP #19 Self-Acceptance	$0.29	8.00 %	100	$26.68
3116	IP #16 For the Newcomer	$0.29	8.00 %	100	$26.68
3111	IP #11 Sponsorship, Revised	$0.29	8.00 %	100	$26.68
3107	IP #7 Am I an Addict?	$0.29	8.00 %	100	$26.68
3106	IP #6 Recovery & Relapse	$0.29	8.00 %	100	$26.68
3101	IP #1 Who, What, How, and Why	$0.29	8.00 %	100	$26.68
1102	Basic Text Softcover (English Edition)	$15.65		15	$234.75
1500H&I	NA White Booklet: H&I Edition	$0.92	15.00 %	100	$78.20
				Subtotal	$526.39
				Invoice discount	$-34.22
				Shipping costs	$48.00
				Total excl. tax	**$540.17**
				Total incl. tax	$540.17

The following is a list of H&I panels

Eastern Area H&I PANELS					
FACILITY	**LOCATION**	**PANEL LEADER**	**CONTACT #**	**DAYS/TIME**	**NEEDS HELP??**
ARC - Salvation Army - Men	Tulsa	Kelly T.	918-210-4350	Every Tue @ 6:30PM	
Creek Co. Jail - Men	Sapulpa	Intent to Fill	845-518-3575	Every Wed @ 6PM	
Creek Co. Jail - Women	Sapulpa	Hollie H.	918-694-4050	Every Tue @ 6PM	YES
David L. Moss - Men	Tulsa	Alex N.	918-730-8449	Every other Mon @ 515PM	YES
DLM - Women	Tulsa	Intent to Fill	845-518-3575	Every other Mon @ 515PM	YES
Grand Addiction Recovery Center - Co-Ed	Tulsa	Shannon P.	918-270-0642	Every Thurs @ 7PM	
Great Plains - Co-Ed	Tulsa	Intent to Fill	845-518-3575	Mon & Wed @ 7PM	
Haven Detox - Co-Ed	Tulsa	Leo P.	918-408-6795	Every Wed @ 630PM	
House of Hope - Men	Grove	Brian C.	918-720-2897	Every other Fri @ 730PM	YES
John Lilley- Men	Bristow	Ben B.	918-873-0423	First Thursday @ 6PM	YES
Monarch - Men	Muskogee	Intent to Fill	845-518-3575	Every Wed. @ 6PM	
Monarch - Women	Muskogee	Charlette W.	918-946-7916	2nd and 4th Mon @ 6PM	
Muskogee Creek Nation Treatment Center - Co-Ed	Muskogee	Tommy B.	918-315-3838	2nd and 4th Wed @ 7PM	
Payne Co. Jail - Men	Stillwater	Intent to Fill	918-286-9524	2nd and 4th Tue @ 5:45PM	YES
Payne Co. Jail - Women	Stillwater	Sierra F.	918-984-8620	2nd and 4th Tue @ 5:45PM	YES
Roger's County Jail - Men	Claremore	Jon W.	918-954-5737	Every other Thurs @ 730 PM	
Roger's County Jail - Women	Claremore	Kim R.	918-417-9684	Every other Thurs. @ 730 PM	
Tulsa Boys Home - Men	Tulsa	Chris K.	918-388-7019	Every Thurs @ 7PM	
Tulsa Center For Behavioral Health - Co-Ed	Tulsa	Denise A.	539-629-5281	Every Tue @ 645PM	YES
Tulsa Women & Childrens Center - Women	Tulsa	Beth S.	918-960-7821	Every Mon @ 6PM	
Valley Hope - Co-Ed	Cushing	Jamey H.	918-519-2668	Every Mon./Wed. @ 7PM	
Washington County - Men	Bartlesville	Travis H.	405-803-3753	Every Sunday @ 4PM	
Washington County - Women	Bartlesville	Crystal H.	405-803-3719	Every Sunday @ 3PM	
Women in Recovery - Tuesday	Tulsa	Allyson B.	918-771-8212	Every Tuesday @ 3PM	
Women in Recovery Thursday	Tulsa	Demi H.	918-291-7466	1st & 3rd Thurs @ 6:30PM	
H&I Chair- Susan H. 845-518-3575	**Vice Chair- Lawrence S. 918-286-9524**			**Secretary - Jamey H. 918-519-2668**	
Orientator -Angel B. 918-576-8208			**Literature Chair - Everett B. 925-451-1283**		

The next orientation will be November 14, 2026 at 5:30 P Jimmys Place.

*c.) **PR Report**: *(Keith T.)* - EASC PR October 2026 Report

The good news: Checking back with contacts from the contacts from the Zarrow Mental Health Symposium, there three positive returns.

Tulsa Fire Department Overdose Response Unit is still interested in having our cards in their units, but scheduling has been a bit of a problem. That should be taken care of next week.

Valley Hope provides something similar to the recently discontinued Reentry Resource Fairs each month in Tulsa and also in Cushing. The Reentry fairs hosted vendors with information for inmates nearing discharge and the Fellowship Development Committee Fellowship Development Committee attended for since early 2022 up to the discontinuation of the program January 1. 2026. We will be attending as soon as we get the go-ahead from the VH staff.

Parkside in downtown Tulsa asked to see our literature aimed at their youth clients and PR will get together with them next week as well. If scheduling aligns.

CREOKS has also been open to presentations but again, getting with the right person is the key.ann

The not so good news,

Wednesday, we found out the platform used to create meeting schedules was “retiring” and wasn’t available. So through no help of my own the problem was

solved by the next day by John and Kelsey so printing could be done Thursday.

Thursday, during the print job the printer we have ran out of toner and caused a couple of issues, one of course, is purchase the toner packs, and two, the toner ran out in the middle of the job so the rest of the schedules were done by a print shop.

Also restocked printer paper with one case, $78.30, $64.15 for printing and the toner hasn't been purchased but should be around $150.

ILS

KT

*d.) **Web Contact Report:** *(Pawnee B.)* - John W

EASC Web Contact Report for October 25, 2026

Addict called Pawnee…

We have over 2100 members on our private FB account. We had over 700 views on our website in the past week … 409 were views from previous users and 250 views were new visitors.

If we broke it down: 204 were looking at the meeting list, 107 looked at the tab meeting lists, 68 views of the EASC business (ie. Day of EASC), 18 event calendar, 7 view of the Activity Page, 3 EASC Mins, 1 phoneline…

So there were 0 views of the PR and H&I page…

I attended the PR subcommittee today.

Web Site Committee met at Hand Made in Broken Arrow on October 20 th . Work on PR Guidelines and discussed the SOP for the web site and prioritized our work for 2027.

Our Next Meeting with be Tuesday November 10th at Hand Made 732 W New Orleans St in Broken Arrow…we meet at 4pm til 6 or until we get everything taken care of on our Agenda… It's a Coffee and Pastry Shop. We won't be meeting again until after our January meeting because of the Holiday Break…

Bring your Electronic devices or not… if you want to learn about WordPress, how the meeting list and the web site is updated monthly come join us.

As far as we know, today the meeting list is updated. Should be current.

We added to the draft PR guidelines, Qualifications and Duties. Planning and working on WEB CONTACT operating procedure manual.

Any change with meetings this would include NEW MEETINGS… I need the information in writing today. Also, during the month any changes please send it to Web Contact at web@eascna.org on our EASC website. Always check the meeting list and make sure what's printed reflects your HG meeting(s) If you're a new recognized meeting make sure, I get the info in writing before you leave today…

Anything that you change that is posted online please let me know. I am trying to keep this information up to date so were not giving members the wrong information from the web site, thank you for this important matter…makes our job a lot easier…

In Loving Service,

Pawnee B

EASCNA Web Contact

web@eascna.org

*e.) **Outreach Report:** *(Lawrence S.)* - Outreach report 10/25/26

There were no meetings that Outreach attended in October. Here is the itinerary for November and December of 2026, and January of 2027.

November 30th - Turley Three Links Group

December 7th - Solutions Group

December 18th - Talihina 2nd Chance

December 26th - Tahlequah Hope At Last

January 19th - Muskogee Higher Point of Freedom

ILS

Lawrence S

*f.) **Activities Report:** *(Mark M.)***- *Intent to fill activities vice chair (1 year clean time requirement)***

GNA On NYE committee meeting November 1st at 2pm @ Panera Bread on 41st in Tulsa

Marathon meeting sheet is available. It will be posted on EASCNA Facebook after October Area. Any sign up sheet that may be post on bulletin boards is not sanctioned by EASC and will not be honored by Activities subcommittee.

*g.) **EASCNA, Inc: (Toeknee)** - Nothing new to report.

***Old Business:**

Lunch and Learn today 12:00 p.m.

Intent to fill for treasurer. (2 year clean time requirement) Treasurer draws hard boundary and will not be here after February area. Please take this back to your groups!!!!

Trevaughn H. voted in as secretary! Yayyy!

Vote for OKNA inc. need to change their term (length of time committed to the position) limits from 3 to 5 years. Vote Passed!

OLD GSR report updates:

BARB Group Conscience is now meeting on the second Sunday @ 6:30 p.m.

RAW has an anniversary coming up in December.

Stockading recovery has changed from an open meeting to a closed meeting.

GSR report updates:

Stockading Recovery- Now Meets at 201 SE Railroad St Fort Gibson OK 74434 @7p Thursday and Sunday

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***New Business:**

Tommy B, was voted in as GSR ALT and is now on The EASC Executive Committee

DISCUSS WITH YOUR HOMEGROUP:

EASC FB page: Please be careful in what you post on the Eastern Area Facebook Page. We are representatives of the Eastern Area. Please be vigilant about comments on the internet. We have traditions that we as an Area need to follow.

Region Name Change: Should we change our new website name from 'OK Region' To 'Oklahoma Region.' It is only changing "what we identify ourselves as." No bank accounts/501c3 changes will be made. It should be known 'OK Region' does not cover the entire state of Oklahoma.

Need to find meeting info?:

App you can find in the APP Store- NA Meeting Near Me: Finder

Also text your ZipCode to 888-594-5017 for a list of local meetings and their times to be texted to you.

Please See Flyers attached for upcoming events

CLOSING

The next and final AREA Meeting of 2026 will be on:

December 6, 2026 at the **RAW Location, 8125 E 51st St Suite G Tulsa OK**

It will be hosted by **Hardcore Recovery.**

ILS,

Trevaughn H.