

EASTERN AREA SERVICE COMMITTEE of NARCOTICS ANONYMOUS

www.eascna.org

EASCNA

7107 S. Yale Ave, PMB #114

Tulsa, OK 74136-6308

The Eastern Area Service Committee (EASC) business meeting was called to order by: Chair, Alex N., on December 7th in Tulsa (8125 E. 51st Suite G.) A moment of silence, followed by the Serenity Prayer.

Readings - 12 Traditions Irvin - 12 Concepts - Michelle JFT Meditation -

The roll was called and a quorum was established.

Total Officers - 11 Total GSR/GSR Alt's - 22

Minutes read and approved as read.

Chair Report (Alex N.)

Vice Chair (Steve H.) No report

Secretary (Robbi T.) If you have changes to your Group Report please put a star both at the top and next to the change. Thank you!

Treasurer's report: (Kandice N)

| EASCNA Treasurers Report April 2026 | | | | | |
|---|-------------|--------------------------------|-------------|---|-------------|
| Ending Balance on February Statement | \$5,244.44 | | | Total cash on hand | \$7,403.55 |
| | | | | Prudent Reserve | -\$2,500.00 |
| Deposits | \$1,205.00 | Beginning Balance | \$5,244.44 | | |
| Debits | \$2,042.81 | Add Deposits | \$1,205.00 | PR Budget | \$1,700.00 |
| | | -+ Outstanding Deposits | \$1,996.92 | PR Budget Last Month | -\$1,700.00 |
| Outstanding Cash/App Deposits | \$1,996.92 | Minus Debits | -\$2,042.81 | PR Expenses this month | \$0.00 |
| | | - Outstanding Debits | | PR Budget Remaining | \$0.00 |
| | | Total | \$7,403.55 | | |
| | | Checkbook Balance | \$7,403.55 | Activities Budget | -\$3,000.00 |
| Total Amount over PR: | \$203.55 | | | Activities Expenses this month | -\$3,000.00 |
| Disbursements | | | | Activities Budget Remaining | \$3,000.00 |
| Jimmy's Place Lit Rent | -\$162.00 | | | | |
| World Donation | | | | Amount over Budgeted Expenses/Prudent Reserve | \$203.55 |
| OKNA (Region) | | | | | |
| Group Reimbursement for hosting area | | | | | |
| Group Rent for Area (to RAW) | -\$50.00 | | | | |
| Storage Unit Monthly Fee | -\$49.00 | | | | |
| Hold for Zarrow Symposium | | \$1,500.00 | | | |
| 2026 to current Lit Taxes | -\$373.65 | | | | |
| 2025 Lit Taxes | -\$1,881.64 | | | | |
| Thomas Spain - Outreach Reimbursement | -\$51.63 | | | | |
| Remaining Amount Over Prudent Reserve | -\$2,364.37 | | | | |
| THE ACCOUNT IS NOT NEGATIVE. WE ARE NEGATIVE INTO THE PURDENT RESERVE. EVERYTHING IS FIIIIINE! | | | | | |
| **EVERYTHING IS FIIIIINE!!!! | | | | | |
| **No Addict Turned Away was hosting and has dissolved their meeting. No group reimbursement was made for this area. | | | | | |
| **EVERYTHING IS STILL FIIIIINE | | | | | |
| Thank you for letting me be of service! -Kandice N. | | | | | |

Cashapp tag has changed to \$EASCNA !!!!!

[https://cash.app/\\$easctreasurer](https://cash.app/$easctreasurer)

Treasurer request - please call or text Kandice N at 918-408-8089 if you mail your 7th Tradition to the PO Box. Thank you.

RCM Report: (Shayla S.) -

SEE DOCUMENTS ATTACHED TO EMAIL!

Subcommittee Reports:

Lit Report: (Shelbi S.)



Literature Distribution

| | |
|-------------------------------|---|
| Report Date | 4/26/2026 (Enter the date of EASC) |
| Transactions Start | 3/27/2026 (First day of reporting) |
| Transactions End | 4/26/2026 (Last day of reporting) |
| Current Inventory | \$ 3,174.22 <i>Inventory from - (this comes from the Current Inventory worksheet - Ending Inventory total column Q) (NOTE: This only reflects the 'Current' Inventory, does not indicate Inventory when running report from past)</i> |
| Total Lit Distribution | |
| Lit Sold | \$ 1,670.76 (Amount of Lit sold during transaction period) |
| Lit distributed for service | \$ 546.92 (Amount of Lit distributed for H&I, Outreach, PR, etc.) |
| Taxes 0.08517 | \$ 142.30 (calculated OK state sales tax due) |
| Shipping 0.0876 | \$ 146.36 (calculated shipping on literature sold) |
| Total Lit Sale | |
| Total Sales | \$ 1,670.76 |
| Square deposits | \$ 997.53 (Credit card Lit sales using Square app) |
| Cash deposits | \$ 673.23 (Cash Lit sales) |
| Total Lit Ordered | \$ (1,281.39) |

If you need any literature please contact Shelbie S. at lit@eascna.org

H&I Report: (Susan H) 15 voting members present

No literature report

11 members orientated in March.

Intent to fill for panel leaders at Monarch women, Payne County Men, DLM women.

Annual H&I learning day/Mass orientation is set for May 16th from 130 to 330. We will have speaker, food, and mass orientation. Annual orientation is a requirement for all panel members.

Panels that need support: Payne County Jail Men, Payne County Jail Women, Monarch women, Creek County women, John Lilley, Tulsa Women & Children, Rogers County Men.

PR Report: (Keith T) - EASC PR - April 2026 report

Phoneline - running well but can always use support. There is a 6-month clean-time requirement and orientation attendance as well. The orientation can be found online at eascna.org/phoneline.

Website – Website continues with updates and fixes.

Metro Racks – added one for Coweta Schools. (current count 4)

PR activities/projects

Group and H&I schedules are available.

May 16, 8a – 1p, Rising Together - Tulsa Recovery Summit, Tulsa Tech Lemley Memorial Campus, host - City of Tulsa.

Resource Fair Table displays, professionals workshops/present.

May 17, noon - 4p, EMSA Touch a Truck, Tulsa Zoo 6421 E 36 St N Tulsa, host - Tulsa Zoo, Quik Trip

Resource Fair – Health and Safety Table displays, EMS vehicle display

August 29, (Times TBA) United We Stand, Maple Park, Wagoner, NE 2 nd St., host – WRAP Project Inc., (Working to Recover, Assist, Prevent)

Oct 1, 2 (Times TBA) - Zarrow Mental Health Symposium, Arvest Convention Center, 100 Convention Center, host - Mental health association of Oklahoma

ILS

Keith T

Web Contact Report: (Pawnee B) - Web Contact Report for April 26, 2026

Addict called Pawnee...

We have over 2500 members on our private FB account. We average 700-1100 views per week on our website... last 7 days Views 912 repeat users. 912 total.

Any change with meetings this would include NEW MEETINGS... I need the information in writing today. Also during the month changes send it to Web Contact at web@eascna.org on our EASC website. Always check the meeting list and make sure what's printed reflects your HG meeting (s) If you're a new recognized meeting make sure, I get the info before you leave today. Make sure the Secretary gets your Group Report with changes with a star also. During break, it would be perfect so I can get the information on the website today. All fliers and reports sent need to be in a PDF format.

If you're Chair of a Standing Subcommittee or even the Executive Committee, if you make changes in the and/or change times or days for subcommittee meetings, If you change your passwords I need to know as I have the master copy.

Anything that you change that is posted online please let me know. I am trying to keep this information up to date so were not giving members the wrong information from the web site, thank you for this important matter...makes my job a lot easier as I do get addicts who contact me with complaints and concerns because I'm far from perfect and make mistakes or transpose a letter or mis spell a word. I hear about it...

Going to create a Trainee position and will bring back information next month.

In Loving Service,
Pawnee B
EASCNA Web Contact
web@eascna.org

Outreach Report: (*Intent to fill*) - Lawrence volunteers to be Outreach Chair. Voted in! Yayy!!

Activities Report: (*Mark M.*)- Not present

Bylaws AdHoc Report: (*Junior*) - Eastern Area Service Committee of Narcotics Anonymous (EASCNA) Outreach Subcommittee By-Laws I. Purpose A. The main purpose of the Outreach Sub-committee is to help overcome the isolation that hinders the growth and survival of NA in our areas and groups. While the main emphasis of this committee is on outreach efforts that are aimed at bringing geographically isolated NA groups into the larger community, fellowship development is not limited to those activities. The committee's function may also include assistance to persons and/or groups isolated by things such as personal choice, language, cultural differences, and/or physical limitations. The Outreach subcommittee shall coordinate the resources of the EASC with the needs of the individual groups. What Outreach does should depend on local needs. We shall always be outreach based. This sub-committee is responsible for: 1. Bringing unity and a message to groups: You are not alone. 2. Conducting learning days and workshops on group related topics (such as but not limited to: GSR orientations, group booklet learning days, Tradition workshops, chairperson orientations.) 3. Attending groups not represented by EASC, sharing the importance of group involvement in the area, and welcoming them to EASC. 4. Passing on information about the NA service structure. 5. Maintaining communication with other ASC subcommittees. 6. Performing any other activities that benefit the Outreach and Fellowship Development efforts in the area. 7. Shall have a monthly budget of \$200 to conduct business. This budget shall not accrue if not used. a) Examples of budget items can include: gas reimbursement, supplies for struggling groups, etc. 8. Making physical attendance to meetings that are reportedly struggling or may need additional support from the EASC, such as: a) An established meeting that has not attended the Eastern Area Service Committee Meeting (Area) in 6 months b) A new meeting in Eastern Area c) A reported NA meeting

that has not joined an Area d) A meeting that reports needing support while at the Eastern Area Service Committee Meeting 1 - EASCNA Outreach Subcommittee By-Laws - Updated April, 2026 II. III. Subcommittee Positions and Membership A. Chairperson Requirements: 1. Two years of clean time. 2. To be in attendance at all EASC meetings or make arrangements to have their vice-chairperson or other qualified temporary replacement carry out the responsibilities of the office. 3. To chair each meeting of that standing sub-committee. 4. To coordinate the efforts of that sub-committee. 5. To serve as general administrator by setting the agenda, scheduling work to be done, assigning tasks to members, and arranging scheduled events. 6. To ensure that the sub-committee has the necessary information and material to accomplish its goals. 7. To communicate with the EASC vice chairperson and other trusted servants as necessary and as outlined by these bylaws. 8. To participate, as feasible, in EASC workshops. 9. Conduct New GSR Training at the EASC business meeting. B. Vice-Chair - Position is intended to train to become Chair. 1. One year of clean time. 2. Willingness to attend all subcommittee meetings and events. 3. To attend all sub-committee meetings. 4. To assist the standing sub-committee chairperson, as requested. 5. To help organize materials and reports. 6. To temporarily assume the duties and responsibilities of the chairperson as necessary. 7. To attend all subcommittee meetings and events. C. General Subcommittee Membership Requirements: 1. There is not a clean time requirement to participate in outreach mobile meeting attendance or other committee meetings/events, but members should have at least one day clean when sharing at a meeting or event. 2. Willingness to attend Outreach subcommittee mobile meeting efforts. Subcommittee Meetings and Events 2 - EASCNA Outreach Subcommittee By-Laws - Updated April, 2026 A. A summary of Outreach efforts (mobile meeting attendance, etc.) should be given at each Area Meeting. B. A schedule for the coming month's Outreach efforts (mobile meeting attendance, etc.) should be given at each Area Meeting. 1. Bi-weekly outreach efforts should be made, with higher frequency if member resources are available. 2. If an outreach effort/meeting is cancelled, notice should be given 24-hours prior, unless there are extenuating circumstances. 3. Scheduled events and cancellations should be posted to the EASCNA Family Facebook page, on the EASCNA.org website, and through the committee's internal communication system. C. A central location should be chosen as a meeting point for carpooling to outreach efforts. D. Receipts should be submitted to the treasurer for reimbursement on gas mileage for Mobile Meetings as needed. 1. Prudent spending of funds should be a point of consideration for carpooling. E. Keep archives of Outreach Activities and business in the Area Google Drive. IV. Guidelines for Effective Outreach Service A. As with other service committees, it is recommended that outreach meetings and efforts should not be conducted alone. Attendance of at least one other member of the subcommittee is recommended during subcommittee Mobile Meeting efforts. B. When approaching a meeting that is struggling or has chosen not to be part of the service structure, it is important to approach the group's autonomy without judgement and in a spirit of compassion and service. Outreach aims to assist meetings that struggle with isolation or support, never to govern. C. Outreach subcommittee members are recommended to review the World Services Outreach Resource Information: <https://na.org/wp-content/uploads/2024/06/2113-Outreach-Resource-Handbook.pdf> 3 - EASCNA Outreach Subcommittee By-Laws - Updated April, 2026

Policy Adhoc Meeting

4/15/2026

Policy Adhoc met on 4/15/2026 at 6:00 PM CST.

Members present were Jr., Kaylin G, and ToeKnee K.

Adhoc reviewed the Activities Subcommittee By-Laws and are suggesting the following changes:

- Removal of a committee specific Treasurer, due to limited amount of events and funds handled. Adhoc is suggesting that the EASC Treasurer work with the Activities Chairperson to manage funds.
- Verbage regarding financial reporting in Section IV, B, 6.
- Added Section IV, B, 5 regarding required sales tax on merchandise sold at events.
- Added Section V, B regarding return of supplies and merchandise to the Area Storage Unit.
- Added "Provide a monthly report to EASC regarding Activities Subcommittee business." to Section III, A, 2, h.
 - It is suggested that with this update, we also update the position duties in the area bylaws.
- Added "Keep archives of Activities events and business in the Area Google Drive." as Section III, C, 2, g.

Adhoc reviewed the Outreach Subcommittee By-Laws and are suggesting the following changes:

- Added Vice Chair position with the intent to provide support to the Subcommittee and train to be Chair.
- Added an explanation of potential budget items to I, A, 7.
- Added "Keep archives of Outreach Activities and business in the Area Google Drive." as Section III, E.
- Added "Conduct New GSR Training at the EASC business meeting." as Section II, A, 9.

Adhoc discussed future review of updates to Area By-Laws, Treasury Co-signer Verbage, and Rules of Order.

Eastern Area Service Committee of Narcotics Anonymous (EASCNA) Activities Subcommittee By-Laws

I. Purpose:

- A. To plan, organize, and conduct activities for the Eastern Area of Narcotics Anonymous to foster unity and share the message of Narcotics Anonymous to members of the Eastern Area.
- B. This subcommittee is directly responsible to the Eastern Area of Narcotics Anonymous.

II. Subcommittee Membership:

General Member Requirements:

- 1. There is not a cleantime requirement for subcommittee participation and membership.
- 2. Members must have willingness to attend subcommittee meetings and participate in activity events.

III. Subcommittee Trusted Servants:

The elected positions of the Subcommittee shall consist of a Chairperson, Vice Chairperson, and Secretary. All positions, with the exception of the Chairperson, who is elected by the EASCNA, are elected by the Subcommittee.

If an elected committee member becomes unable to complete the duties of a position, a successor shall be named by the Chairperson and approved by the Subcommittee at the next business meeting. Should the Chairperson be unable to discharge the duties of that position, the Vice-Chairperson will automatically assume the position of the chairperson until the next EASCNA meeting where a new Chairperson will be elected or appointed.

A. Chair

- 1. Requirements:
 - a) Two years of clean time.
-

- b) Willingness to attend all EASC meetings, subcommittee meetings, and events.

2. Duties:

- a) To be in attendance at all EASC meetings or make arrangements to have their vice- chairperson or other qualified temporary replacement carry out the responsibilities of the office.
- b) To chair each meeting of that standing sub-committee.
- c) To coordinate the efforts of that sub-committee.

1 - EASCNA Activities Subcommittee By-Laws - Updated April, 2026

- d) To serve as general administrator by setting the agenda, scheduling work to be done, assigning tasks to members, and arranging workshops.
- e) To ensure that the sub-committee has the necessary information and material to accomplish its goals.
- f) To communicate with the EASC vice chairperson and other trusted servants as necessary and as outlined by these bylaws.
- g) To participate, as feasible, in EASC workshops.
- h) Provide a monthly report to EASC regarding Activities Subcommittee business.

B. Vice-Chair - Position is intended to train to become Chair.

1. Requirements:

- a) One year of clean time.
- b) Willingness to attend all subcommittee meetings and events.

2. Duties:

2. Duties:

- a) To attend all sub-committee meetings.
- b) To assist the standing sub-committee chairperson, as requested.
- c) To help organize materials and reports.
- d) To temporarily assume the duties and responsibilities of the chairperson as necessary.
- e) To attend all subcommittee meetings and events.

C. Secretary

1. Requirements:

- a) One year of clean time.
- b) Willingness to attend all subcommittee meetings.

2. Duties:

- a) To attend all subcommittee meetings.
- b) To record minutes of all Activities Subcommittee meetings and to maintain archives of subcommittee business.
- c) To distribute meeting minutes to subcommittee members.
- d) To keep record of current subcommittee member's contact information (phone number, email, etc.).
- e) To keep record of activity venue information (rules and regulations, contact information, price, etc.)
- f) To print flyers for the Chairperson to distribute at EASC meetings.
- g) Keep archives of Activities events and business in the Area Google Drive.

IV. Subcommittee Meetings and Money Handling:

A. Meeting Format:

- 1. Activities Subcommittee meets monthly, at a time and place decided by the committee.

2. A report of each subcommittee meeting should be submitted to the EASC each month at the Area meeting.

B. Money Handling:

1. Two subcommittee members should account for all funds gathered at any event hosted, with an identified point of accountability.
 - a) Subcommittee members handling funds should be chosen with discretion; the point of accountability should have at least 2 years clean.
 - b) All gathered funds should be submitted to the Treasurer or Activities Chairperson at the end of the event.
2. All funds collected at events will be submitted to the Treasurer or another Area Committee member within 48 hours of the event.
3. Funds will be made available from the Treasurer as appropriate and as approved.
 - a) The Activities Subcommittee will submit receipts and requested funds to the EASC.
4. Any funds to be spent by the standing subcommittee in excess of what is approved for that subcommittee shall be approved by the EASC.
5. If merchandise is sold, EASC must pay sales tax on any merchandise sold.
6. Each event must submit a detailed financial report. Information can include:

| |
|--|
| Total Gross Receipts |
| Total donations received from vendors, for raffles and auctions |
| Amount paid out for 50/50 raffles |
| Fair market value of items awarded at auctions or raffles. |
| Any rent paid for facility |
| Cost of food and beverage for event and sub-events |
| Cost for entertainment |
| All other direct expenses . This is expected to include the cost of merchandise; purchasing auction items, and other miscellaneous expenses. |

| |
|---|
| Net Event Income (determined by EASC Treasurer) |
|---|

V. Guidelines for Activity Planning:

- A. Standing Activity Subcommittee Events:
1. GNA on NYE (Groups of Narcotics Anonymous on New Years Eve)
 - a) Annual Budget: \$2,500
 - b) This event is expected to break even or profit.
 2. Holiday Marathon Meetings and Spring Fling

3 - EASCNA Activities Subcommittee By-Laws - Updated April, 2026

- a) Annual Budget: \$500
3. Activities Subcommittee is not limited to standing annual events.
 - a) Funding must be requested through the Area Service Committee.
- B. The Activities Chair should document a timeline and general outline of each event.
- C. All supplies and merchandise are expected to be returned to the Area Storage Unit upon completion of the event.
- D. Events hosted by the Activities Subcommittee of EASCNA are held with the intent of sharing the message of Narcotics Anonymous and fostering unity within the Eastern Area. In order to stay focused on our primary purpose, the Activities Subcommittee will follow the following guidelines:
 1. Will host events that are NA-oriented, including speakers, workshops, etc.
 2. Will offer opportunity for participation to all members of Narcotics Anonymous, regardless of ability to self-support.
 3. Will refrain from raffling or auctioning items that are not NA-related.

(This month take it back to the groups to talk about it. Next month we will vote on it.)

EASCNA, Inc: (Toeknee) - 5013C Board

2 new board members. Steve and Ellen. 5 all together.

Close to completing annual report.

Old Business:

Path Forward for Policy Adhoc

Lunch and Learns Pam is asking for ideas. Also asked that groups provide food and a case of water. Bucket for donations on food. No addict turned away, but please donate what you can. Costco Pizza for June lunch and learn on June 28th here at the Raw location.

Group Me

Storage Unit

May Host Group Catoosa Hope Fiends Raw/Claremore May 31st

New Business: Voted on funding Symposium. The majority voted yes.

Budget for Web (Needs to be voted on)

Add by-law for co-treasurer (Needs to be voted on)

Change terms from 3 to 5 for OKNA Inc. (Needs to be voted on)

Add in to region by-laws that all money transactions need to be through approved sources (Needs to be voted on)

No more group bulk buying from Jimmy's place. Get with lit chair or buy your own literature from World.

Group Sharing:

Disbursements:

Announcements:

Intent to Fill: Outreach

PLEASE SEND 7TH TRADITIONS TO ONE OF THE FOLLOWING:

EASCNA

7107 S. Yale Ave #114

Tulsa, OK 74136

CASH-APP is also available - [https://cash.app/\\$easctreasurer](https://cash.app/$easctreasurer)

CLOSING

