

# EASTERN AREA SERVICE COMMITTEE of NARCOTICS ANONYMOUS

[www.eascna.org](http://www.eascna.org)

EASCNA

7107 S. Yale Ave, PMB #114

Tulsa, OK 74136-6308

The Eastern Area Service Committee (EASC) business meeting was called to order by: Chair, Alex N., on December 7th in Tulsa (8125 E. 51st Suite G.) A moment of silence, followed by the Serenity Prayer.

Readings - 12 Traditions - Tommy B. 12 Concepts -Charlotte JFT Meditation - Alison

The roll was called and a quorum was established.

*Total Officers - Total GSR/GSR Alt's -*

Minutes read and approved as read.

**Chair Report** (Alex N.) *There are more positions that need to be filled. We need more people willing to host as well as have them get permission from the place they will host. Lunch and learn tabled til next month.*

**Vice Chair** (Steve H.) *8 or 9 areas that don't have a schedule* according to what is on the website. 8 to fill up for the rest of this year. Doesn't have to be in Tulsa. You get some money back. *Whoever hosts gets \$50.*

**Secretary** (Robbi T.) If you have changes to your Group Report please put a star both at the top and next to the change. Thank you!

**Treasurer's report:** (Kandice N)

*Cashapp tag has changed to \$EASCNA !!!!!*



If you need any literature please contact Shelbie S. at [lit@eascna.org](mailto:lit@eascna.org)

**H&I Report:** *(Benjamin.)*

15 voting members present

\$572.76 spent on literature

46 members orientated in January and February.

Intent to fill for panel leaders at Monarch women, DLM men and DLM women.

Annual H&I learning day/Mass orientation is set for May 2nd from 130 to 330. We will have speaker, food, and orientation.

We held elections for executive committee positions. Recommendation for Susan H to take over as Chair. Jamey H to take over as secretary. All other positions remain for another term.

Panels that need support: Payne county jail (men and women), Monarch women, Creek County women, John Lilley.

**PR Report:** *(Keith T)* - EASC PR FEB. 2026

Ongoing

Web ok

Phoneline spots open

Online orientation

Schedules no know changes

Racks - 1 added at Family and Children Services

BMLT / Schedule updates

Future plan - Contacts made

Health Fairs in general looking for Eastern Area benefit as well as Tulsa School- Tulsa - 1 contact made.

Likely not ideal, but left NA lit.

Possible street schools focus maybe focus on cities with meetings?

Tulsa Health Department, meeting set for February 26 for THD partner in fairs.

GSRs familiar with local fairs can advise PR.

Zarrow Mental Health Symposium (October 1, 2)

In planning stages last face-to-face 2019-2020 (Covid) to present on zoom.

Registration \$1500. Currently discussing registration options.

Proposal set aside \$1500 for symposium October event from General Fund. Create line item for future events for appropriate amounts based on final registration from event planners.

**Web Contact Report:** (Pawnee B) - Web Contact Report for February 22, 2026

Addict called Pawnee...

We have over 2500 members on our private FB account. We average 700 views per week on our website... last 7 days Views 912 repeat users. 912 total. Thought this was interesting...

We had 3 views from Sweden, 3 from Mexico, 3 from Canada, 2 from Ireland, 1 Singapore

We do get a lot of spam each month...finally it's becoming manageable. In the past month I only have had 45 that I blocked manually. I am careful to make sure they are not N.A. related. I also scan the junk mail folder just in case. please don't hesitate to follow up with me to make sure I'm doing my job... Any change with meetings I need the information in writing, send it to Web Contact at web@eascna.org on our EASC website. Check the meeting list and make sure what's printed

reflects your HG meeting (s) If you're a new recognized meeting make sure, I get the information before you leave today. Make sure the Secretary gets your Group Report with changes with a star also. During break, it would be perfect. All fliers and reports sent need to be in a PDF format.

If you're Chair of a Standing Subcommittee or even the Executive Committee, if you make changes in the and/or change times or days for subcommittee meetings, If you change your passwords I need to know as I have the master copy.

Anything that you change that is posted online please let me know. I am trying to keep this information up to date so were not giving members the wrong information from the web site, thank you for this important matter...makes my job a lot easier as I do get addicts who contact me with complaints and concerns because I'm far from perfect and make mistakes or transpose a letter or mis spell a word. I hear about it...

Lots of opinions as with anything here in N.A. I just tell them to show up at PR or here and ask for time in OPEN FORUM if they want to complain... like I said when I took the position, I quit letting NA use Me against Me long ago as with any Service Position be gentle with those of us who do service at the EASC.

Come and show up and be part of the solution and get involved. The things I hear about AREA SERVICE is nothing I have ever experienced in any area I have been a part of this is my 4 th and hoping my last...I'm new to the EASC. But not to NA and service... I will always say SERVICE WORKS.

In Loving Service,

Pawnee B

EASCNA Web Contact

web@eascna.org

OLD BUSINESS

Has there been any discussion on supporting meetings at that distance and at one time last year we were discussing hybrid meetings as we have other groups that meet in SE Oklahoma, Clayton, Talihina and I've never seen Mc Alester attending.

**Outreach Report:** *(Intent to fill)* - Not present.

**Activities Report:** *(Shawn C)- Pitching more money for the budget of activities.*

Expense report for GNA on NYE

Hoodies.	\$1698.69
TV for raffle	448.00
Food.	274.24
Facility Rent.	100.00
Party supplies.	50.00

50/50 raffle raise \$240, and all money was donated back.

Total value of auction items was estimates \$40

A grand total of \$3058 was submitted to area treasurer.

Holiday Marathon meeting expenses

Facility Rent.	\$100.00
Coffee and supplies.	180.92

\$310.00 of 7th tradition was given to area treasurer.

**Bylaws AdHoc Report:** (*Open*) Still an intent to fill

**EASCNA, Inc:** (*Toeknee*)

Everything is fine. Had first board meeting and will have another in the next couple of weeks where they will add the next two members.

**Old Business:**

Still going over inventory stuff. Briefly touched on the blurb Pam was looking for from sub committees.

Training for Positions (*Kaylin G*)

Calendar of Events (*ToeKnee K*) There has not been an additional adhoc meeting on this topic, but I **would recommend this adhoc be sunsetted** based on the following:

- An activities calendar is currently published on the EASC web site. This calendar can be updated by anyone familiar with using a Google calendar, and given edit access by the EASC Web Contact. You can see the event calendar at this link - [https://www.eascna.org/event\\_calendar/](https://www.eascna.org/event_calendar/)
- It does not appear that there is currently significant interest in utilizing the calendar. Many seem to rely more other resources (Facebook family group, Group me, etc).

Additional thoughts:

If EASC were to begin updating the calendar, I would suggest that a trusted servant such as the Activities Subcommittee Chair or Web Contact be the point of accountability. Others could be utilized

to assist (similar to the facebook moderators), but due to this calendar being 'public', it should be closely managed to follow our Traditions.

Once the calendar is put into use, anyone with a smartphone can "subscribe" to the calendar by clicking on the "Add to Google Calendar" at the bottom of the Event Calendar. This allows calendars events to appear in your personal calendar as 'read only' events that will be updated automatically going forward.

**ToeKnee K.**

[ToeKneeK@draguns.net](mailto:ToeKneeK@draguns.net)

Brings up new position possibilities. Discussing Calendar position or possibly creating a new position as web contact sub committee. Point of contact is Shayla!

Send to [shaylarayed@gmail.com](mailto:shaylarayed@gmail.com)

918-457-7493

Rules of Order (Policy Adhoc)

**Path Forward for Policy Adhoc**

**Lunch and Learns** will continue the idea and host the first one in March. The one that was originally supposed to have in January.

**Group Me**

**Storage Unit** 2 keys to storage unit. Vice chair or chair holding the key? **Voted to have activities and chair to hold keys.**

**March Host Group**

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**New Business:**

Susan H. voted in to be H and I chair.

Shelbi S. to remain lit chair.

Keith to remain PR chair.

Pawnee continues to hold the Web Contact position, but will need to be voted on next term.

Junior voted in for Policy AdHoc.

Outreach chair is intent to fill.

Mark M. voted in for Activities chair.

Shayla D. voted in as RCM.

Alison I. voted in as RCM alt.

Adding outline forms to the website so that people have a better understanding of what information to keep and share.. Voted in!

Motion to add bylaws for Outreach and H and I.

Motion proposed to do inventory on contents of storage unit.

Keith discussed Zarrow Mental Health Symposium. \$1500

Taking it back to the groups to vote on.

## **Group Sharing:**

Hump Day Group Pryor needs a change in their meeting list. Wednesday is a closed meeting.

Highlights:

### **Disbursements:**

\$50 to facility for rent

\$50 to Lost Dreams for hosting.

Holding \$1500 for possible Symposium

### **Announcements:**

#### **Intent to Fill: Outreach**

PLEASE SEND 7TH TRADITIONS TO ONE OF THE FOLLOWING:

EASCNA

7107 S. Yale Ave #114

Tulsa, OK 74136

CASH-APP is also available - \$easctreasurer

**CLOSING**