

EASTERN AREA SERVICE COMMITTEE of NARCOTICS ANONYMOUS
www.eascna.org

EASCNA
7107 S. Yale Ave
PMB #114
Tulsa, OK 74136-6308

The Eastern Area Service Committee (EASC) business meeting was called to order by: Chair - Mark M on April 30th, 2023 Tulsa, OK. A moment of silence, followed by the Serenity Prayer. The 12 Traditions were read by Brian C., the 12 Concepts were read by Mike R., and the JFT Meditation was read by Brian B..

The roll was called and a quorum was established with the following voting members:

Total Officers - 9 - 10

Total Voting Officers - 6 - 7

Total GSR's or GSR Alt's - 14 - 17

Voting Members - 20 - 24

VM's Simple Majority - 11 - 13

GSR's Simple Majority - 8 - 9

2/3's - 13 - 16

Secretary -Kandice N.

Minutes read and approved as read.

Treasurer's report:

Ending Balance on Statement - \$4,262.28

Add Outstanding deposits - \$1,200.00

Total \$5462.28

Minus Outstanding checks \$3,557.39

Checkbook register Balance - \$1,904.89

Prudent Reserve - \$1700.00

PR Budget last month - \$388.11

PR Expenses this month - \$5,697.00

Budget remaining - \$331.14

Activities budget 700.00

Activities expenses this month - \$700.00

Activities budget remaining - \$0.00

Amount over budgeted expenses/prudent reserve to be passed on to Region/World: \$ -126.25 deficit which is normal as all budgets renew 5/1/2023.

Subcommittee Reports:

Lit Report:

	A	B	C	D	E	F	G	H	I	J	K	L	M	N	O	P	Q	R	S	T	U	V	W	X	Y	Z	
1	READ at AREA																										
2																											
3	Inventory Date		04/15/23	(this comes from the Inventory worksheet - Ending Inventory column AG)																							
4																											
5	Inventory Total		\$3,481.87	(this comes from the Inventory worksheet - Ending Inventory total column AG)																							
6																											
7	Total Sales																										
8	Sale Value		\$2,251.23	(this number comes from the Inventory worksheet - Total Sold column AJ)																							
9	Taxes	0.08517	\$ 191.74	(these are formulas. you do not need to enter anything here. it will auto calculate from cell C8 above)																							
10	Shipping	6%	\$ 135.07	(these are formulas. you do not need to enter anything here. it will auto calculate from cell C8 above)																							
11			\$ 2,578.04	Sum formula, Do NOT enter anything here																							
12																											
13	Total Receipts																										
14	Cash on Hand		\$ 399.32	(This number comes from the Bank Activity Report)																							
15																											
16																											
17																											
18																											
19																											
20	PM Sales			[Deposits that were from the previous period that got deposit in the current period; Last reports Bank Activity worksheet, cash on hand total + HNI and other orders paid listed here last month]																							
21	Prepaid																										
22	Total Sale Deposits		\$2,076.76	(this number comes from the Bank Activity worksheet - Total deposits for the period)																							
23			\$ -																								
24							\$ 2,436.08																				
25																											
26							\$ (141.96)																				
27																											
28																											
29																											

Activities Report:

- Spring Fling
- Budget - \$700
- Expenses
- Decorations - \$100
- Park Rental - \$70
- Key Deposit - \$50
- Food (Sam's) - \$286.73
- Propane - \$40
- Ice - \$10
- Total expenses \$798.60
- \$98.60 over.
- Total collected
- \$293
- Total deposit
- \$194.40
- Thank you,

Melissa C.

Spring Fling

Budget - \$700

Expenses

Decorations - \$100

Park Rental - \$70

Key Deposit - \$50

Food (Sam's) - \$286.73

Propane - \$40

Ice - \$10

Total expenses \$798.60

\$98.60 over.

Total collected

\$293

Total deposit

\$194.40

Thank you,

Melissa C.

H&I Report:

See attachment

PR Report:

PR April 2023

9 attending

Expenses- 56.97 meeting sheets

Total -56.97

Budget start: 388.13 budget ending:331.16

Need participants to fill various PR positions. Community Rack Coord.

PR Chair is intent to fill

Community Rack Coordinator (IP Racks)

- Nothing to report.

Meeting lists

- Groups ensure you are emailing eascna.webcontact@gmail.com of all meeting changes and closures. As always this is to ensure that phonline/meeting lists are up-to-date.

- Vitaly important that GSR's get new meeting sheets, from area, from the website and have them available at your homegroups.

Phonline – George W.

- All updated and rearranged. Still need willing participants to be available on the phoneline.
- 1 year clean-time requirement.
- PR will be providing Phoneline orientation @ Area every month @1200
- May be looking into getting an auto- attendant service to better serve the phoneline and its users.

PR – Committee

- Eastern Area PR Day June 3 rd . It is going to be a PR learning day. Flyers are available.
- PR Week is June 4-10.
- Straw Poll? How many groups would be interested in asking their host facilities to place a EASCNA sticker on their door/window? (please provide any input on this) For__ Against__ Abstain__
- If anyone Male or Female is willing to be placed on a temporary sponsorship list provided to outreach and HNI facilities please get with me. Presently have 13 male, 13 female temps.

Web Contact

- Web still need 2 moderators for EASCNA web page.
- ADHOC. Still in process.

- IF ANYONE IS INTERESTED IN BEING APART OF THE PR SUBCOMMITTEE PLEASE ATTEND. WE WOULD LOVE FRESH FACES AND IDEAS FOR OUR MISSION.

Outreach Report:

Bristow 36 miles 72
 Skiatook 23 miles 46
 Chelsea 52 miles 104
 Turley 8 miles 16
 238 miles

RCM Report:

Correction to report - next OKRCNA meeting will be held on Sunday May 21st in Cushing.

Regional Delegate/ Regional Delegate Alternate –

- They are still working with Barry (web contact) on YAP number.
- The daily meditation and SPAD are now available online under NA members on the OK region website.
- PR - New Reaching Out Magazines. You can submit content to be published. Email submissions to PR@NA.org.
- The CAR/CAT report was due by April 28, 2023. Thank you to everyone that submitted your group's answers!

Fellowship Development –

- Budget for PR week: It was discussed that there is an item in the OKNA budget for a 'regional' PR day that has not been utilized for a couple years. (PR week is the first week in June). Should we consider eliminating the budget? Consensus was to eliminate the regional budget. FD recommends the proposal be sent back to the areas. As an area, do we feel that this should still be included in the regional budget?
- Survey of 'How you heard of NA': Since PR activities can take a great deal of resources and we have tried many flavors of PR in the past, it was suggested that we take a survey of OKNA fellowship to determine where we can best focus our future efforts. Danielle, De, and Kaylin are

working on a survey that will be released online.

Clean & Crazy –

- <https://okna.org/clean-crazy-camp-out/>
- Registration is not available yet, but they are working on setting it up.
- Western Area Pig Out will be in OKC, OK on May 20, 2023 from 10:00 AM-2:00 PM. (1021 NW 37th St., Oklahoma City, OK 73118)

OKRCNA –

- Convention went well. Final reports on budget won't be available until the next regional meeting.
- Next OKCRNA meeting will be May 31st in Cushing, OK. Convention next year will fall on Easter Weekend.

Fall Spiritual Retreat -

- Not much to update.
- Current location is \$3000 to rent. Committee is looking at other potential locations.
- Next committee meeting will be in Cushing, OK on the 3rd Sunday of the month.

Webcontact –

- The web site traffic continues to be steady with some spike days. If you see or experience any issues with the web site, please let me know. Our contacts to the web site since the last meeting were concerning the convention, a professional, corrections to meetings, and contact from a family member of an addict that passed. This has been the busiest two months with contacts to the web site in a while.
- We will post the youtube PSA video developed by WASC on the OKNA website.

Business

- OKNA has a current policy of not accepting checks at events (we do accept checks for donations). Much discussion. This policy has not been consistently followed (more due to lack of awareness). We need to adhere to our current policy to ONLY accept checks for:
 - Money from Areas
 - Donations from individuals or groups
 - Trusted servants returning seed money
- Use of PO Boxes for individual events: Some discussion as to whether this is a prudent use of resources. Currently, each event establishes their own PO Box, each year for each event. With the growing use of registration online and in person, PO Box use has significantly declined. Consensus that we would only carry the regional P.O. Box. Events would have the option of using regional or not accepting mail in registrations at all.
- Elections for OKRSC:
 - Web Contact - no interest expressed.

Disbursements

- \$309.10 to Web contact for web service and website tool fees
- \$1075 donation to PSZF
- \$5500 donation to NAWS
- \$75 Rent for RSC

NEXT REGIONAL MEETING WILL BE HELD

June 11th, 2023 in Western Area

Wesley United Methodist Church, 1401 NW 25th St, OKC, OK
Fellowship Development at 9 AM; Regular Business at 10 AM

Old Business:

Intent to fill PR Chair - no one willing at this time. Will continue to be intent to fill.

New Business:

New Group - Glencoe Regulators - Matthew K. is GSR 220 W Shephard St. Glencoe, OK 74032
Tuesdays 7:30pm with a potential of adding Thursdays if supported.

Take back to your groups:

From the RCM Report to take back:

- Budget for PR week: It was discussed that there is an item in the OKNA budget for a 'regional' PR day that has not been utilized for a couple years. (PR week is the first week in June). Should we consider eliminating the budget? Consensus was to eliminate the regional budget. FD recommends the proposal be sent back to the areas. As an area, do we feel that this should still be included in the regional budget?

Intent to fill for PR Chair - 2 year clean time

Group Sharing:

See activity attachments

Disbursements:

Zero disbursements. Budgets renewing next month (May)

Announcements:

Next EASC Meeting hosted by Second Chance on Sunday May 28th, 2023 at 1pm.

Jimmy's Place
6530 E 21st St
Suite E.

Contact: Christian 918-965-1554

11am Sub-Committee Meetings

12pm Steering Committee
12:30 New GSR Orientation
1pm Business Meeting

PLEASE SEND 7TH TRADITIONS TO ONE OF THE FOLLOWING:

EASCNA
7107 S. Yale Ave #114
Tulsa, OK 74136

CASH-APP is also available
\$easctreasurer

**PLEASE REMEMBER IT IS IMPORTANT TO PASS ON YOUR GROUP'S 7TH TRADITION IN ORDER
TO FUND THE SERVICE STRUCTURE**

CLOSING

Respectfully Submitted,
Kandice N.

