

EASTERN AREA SERVICE COMMITTEE of NARCOTICS ANONYMOUS
www.eascna.org

EASCNA
 7107 S. Yale Ave
 PMB #114
 Tulsa, OK 74136-6308

The Eastern Area Service Committee (EASC) business meeting was called to order by: Chair - Mark M on February 26th in Tulsa, OK. A moment of silence, followed by the Serenity Prayer. The 12 Traditions were read by Brian C., the 12 Concepts were read by Keith T., and the JFT Meditation was read by Alex N.

The roll was called and a quorum was established with the following voting members:

<u>Officer's</u>	10		
<u>Voting Officers</u>	8		
<u>GSR's or ALTS</u>	18		
<u>Voting Members</u>	26		
<u>VM (Simple Maj.)</u>	14		
<u>GSR's (Simple Maj.)</u>	10		
<u>2/3's</u>	17		

Secretary -Kandice N.

Minutes read and approved as read.

Treasurer - Caitlin M.

Ending balance on statement: \$6906.62
 Checks outstanding: \$5119.21
 Outstanding deposits: \$3927.24
 Checkbook register balance: \$5714.75
 (waiting for \$10 and \$25 check to be cashed)

Prudent reserve: \$1700.00
 PR budget: \$572.02
 PR Expenses: \$10.06
 PR Budget Remaining: \$562.02

Activities budget: \$2,700.00
 Activities expenses this month: \$700.00
 Activities Budget Remaining: \$700.00

Over prudent reserve: \$2,752.73
 DONATIONS: \$2,752.73 to Region, _____ \$ 0.00 to World

SUB-COMMITTEE REPORTS:

Literature Chair - Kailee W.

	A	B	C	D	E	F	G	H	I	J	K	L	M	N	O	P	Q	R	S	T	U	V	W	X
1	READ at AREA																							
2																								
3	Inventory Date		02/19/23	(this comes from the Inventory worksheet - Ending Inventory column AG)																				
4																								
5	Inventory Total		\$3,504.36	(this comes from the Inventory worksheet - Ending Inventory total column AG)																				
6																								
7	Total Sales																							
8	Sale Value		\$1,923.82	(this number comes from the Inventory worksheet - Total Sold column AJ)																				
9	Taxes	0.08517	\$ 163.85	(these are formulas, you do not need to enter anything here, it will auto calculate from cell C6 above)																				
10	Shipping	6%	\$ 115.43	(these are formulas, you do not need to enter anything here, it will auto calculate from cell C6 above)																				
11				\$ 2,203.10	Sum formula, Do NOT enter anything here																			
12																								
13	Total Receipts																							
14	Cash on Hand		\$ 472.27	(This number comes from the Bank Activity Report)																				
15																								
16																								
17																								
18																								
19																								
20	PM Sales			(Deposits that were from the previous period that got deposit in the current period; Last reports Bank Activity worksheet, cash on hand total + HNI and other orders paid listed here last month)																				
21	Prepaid																							
22	Total Sale Deposits		\$1,732.34	(this number comes from the Bank Activity worksheet - Total deposits for the period)																				
23			\$ -																					
24				\$ 2,204.61																				
25																								
26				\$ 1.51																				
27																								

Activities Chair - Melissa C.

No report for January 2023.

H&I Chair - Brian C.

FEB 2023

THE EASC H&I SUBCOMMITTEE

MINUTES

The EASC H&I Subcommittee business meeting was called to order by the H&I Chair, Brian C, on Feb 26th, 2023. A moment of silence, followed by the Serenity Prayer. The 12 Concepts were read by Heather . The 12 Traditions were read by Mark.

H&I CHAIR – Brian C.

VICE CHAIR – Annie W.

SECRETARY – Stephanie W.

LITERATURE – Jason B.

ORIENTATOR – Heather B.

The Vice Chair established Roll Call – 13 Present, 12 Voting Members

LITERATURE REPORT: Jason B.

IP #07 Am I An Addict x 100 = \$25.00
IP #16 For The Newcomer x 100 = \$25.00
IP #06 Recovery And Relapse x 100 = \$25.00
IP #19 Self Acceptance x 100 = \$25.00
IP #11 Sponsorship x 100 = \$25.00
IP #23 Staying Clean On The Outside x 100 = \$25.00
IP #22 Welcome to NA x 100 = \$25.00
IP #01 Who What How And Why x 100 = \$25.00
IP #13 By Young Addicts For Young Addicts x 20 = \$6.60
Behind The Walls x 40 = \$40.00
White Booklet x 100 = \$80.00

Purchase Subtotal = \$326.60

Sales Tax (8.517%) = \$27.82

Total = \$354.42

ORIENTATOR REPORT: Heather B.

3 Women

5 Men

8 Total

ADHOC REPORT: Heather B.

H&I SUBCOMMITTEE ADHOC REPORT

FEBRUARY 4TH, 2023

Open meeting at 2:08 with moment of silence followed by the Serenity Prayer

12 Traditions read by Alex N.

12 Concepts read by Chase F.

In attendance:

Heather B.- ADHOC Secretary

Brian C.- ADHOC Chair

Alex N.

Kandice N.

Denise R.

Mark M.

Kei

ADHOC OLD BUSINESS:

- All EASC wording will be changed to EASC H&I subcommittee
- Change office to executive committee
- Section VI. Voting was adapted from the EASC bylaws

- Subsection A.1 was changed to only include panel leaders
- Subsection A.2 was changed to a.) panel members b.) attending NA members c.) executive committee members

- Subsection E. remove “alternate or”
- Section VII. Trusted Servants was adapted from EASC bylaws
- Subsection A. changed from “officers” to “executive committee members”

A.1 chair person

A.2 vice-chair person

A.3 secretary

A.4 orientator

A.5 literature

Adapted to exclude PL's and add literature

- Section VIII Elections were adapted from EASC bylaws
- Subsection I.1 refer to H&I folder, panel leader section
- Subsection J replace word “vacant”
- Subsection K adopted
- Subsection L removed
- Subsection M adopted
- Section IX. Vacancies were adapted from EASC Bylaws
- Subsection A. Adapted- vacancy of a trusted servant
- Subsection B. A temporary panel leader may be assigned while notice of intent to fill is sent out via EASC minutes
- Subsection C. adopted
- Subsection D. remove
- Subsection E. change office to Executive Committee
- Stopped at Section X. Removal From Office
- Next meeting if February 4th at 2pm, 5918 E. 44th st, Tulsa, OK 74135

ADHOC NEW BUSINESS:

- Section IX. Vacancies- Adapted from EASC bylaws
- Subsection E- Adapted- When an executive committee position is vacant
- Section X. Removal From Office- Adapted from EASC bylaws
- Subsection A. Adapted- An elected officer may be removed from office for:
- Subsection C. Removed
- Section XI. Qualifications of Trusted Servants- Adopted from EASC bylaws
- Subsection A. Replace “proficient knowledge” with “basic understanding”
- Remove 1, 2, and 8

5.) replace “typewriter/word processor” with “computer”

6.) Replace treasurer with literature chair

7.) Panel Leader- refer to Panel Leader packet for Panel Leader requirements

· Subsection B. Adapted from EASC bylaws

1. Chair- 2 years
2. Vice-Chair- 1 year
3. Secretary- 1 year
4. Literature Chair- 1 year
5. Orientator- 2 years
6. Panel Leader- 1 year with a year's H&I experience

7. Panel Member- 90 days abstinent from all drugs, including drug replacement therapy.

Voted 3-2 in favor for copying H&I guidelines for clean time required.

· Subsection C.- Adapted- That H&I trusted servants have H&I experience

· Stopped at XII. Duties of Trusted Servants

Next Meeting March 11th, 10am, 5918 E. 44th st, Tulsa, OK 74135

END OF ADHOC REPORT

OLD BUSINESS:

No willing participants showed. All positions stayed except the lit chair stepped down.

Intent to fill lit chair

TCBH opened back up. Denise is panel leader.

NEW BUSINESS:

- The annual H&I Awareness Day will be in May. Looking for ideas from our Subcommittee on where to have it, what to do differently than last year, speakers, food, and how we can better carry the message and get more people involved with H&I. Next month we will start hashing out all the details of this event. Please bring back any and all ideas to Subcommittee in March.
- We still need people to go through the background check and get badged to go into David L. Moss.
- Anyone interested in participating in the ADHOC Committee to write bylaws? All are welcome. Next meeting is Saturday Mar 11th at 10am at 5918 E. 44th Street, Tulsa, OK 74135. If anyone has any questions or concerns regarding what we have already done, please feel free to contact myself or Heather B.

- In response to both panel leaders for Creek County. I have reached out to the facility to see if they will allow more members to get approved to go in on your panel. If I don't hear anything in the next week, I will reach out again.
- Monarch men is willing to sign out books to participants. Motion to buy a case of basic text for Monarch men. All in favor.
- Chase was nominated for Literature chair. All in favor.
- Subcommittee recommends Brian C. as H&I Chair

PANEL LEADER UPDATES:

ARC – Good. Brian is stepping down as panel leader. Intent to fill.

Creek Men – Good

Creek Women – Absent

Grand- Good

HOH – Absent

Monarch men –All is well

Monarch women- Covid Restriction

PCJ Men –Needs help desperately. No background or badge system.

PCJ Women – Good. Needs support

TCBH- Excited. Starts in 1 week. Filling panel up.

Women's and Children's- doing better.

Tulsa boys home- Good

Valley Hope – Adding 1&3 Sunday of the month. Doing good.

WIR – Stepping down. Intent to fill. Needs panel members.

Cedar – Okay. Needs panel members.

Closed meeting with moment of silence, followed by the Third Step Prayer.

EOM

PR Chair - David C.

PR February 2023

9 attending

Expenses- 10.00 Meeting sheets

Budget start: 572.02 budget ending:562.02

Need participants to fill various PR positions. Community Rack Coord. Meeting Lists Coord.

PR Chair is intent to fill

Community Rack Coordinator (IP Racks)

- Nothing to report.

Meeting lists

- Some changes have been made to the meeting list. You can now directly comment on the pdf with changes and/or updates. There are some other changes that will be implemented later today.

- Groups ensure you are emailing eascna.webcontact@gmail.com of all meeting changes and closures. As always this is to ensure that phonline/meeting lists are up-to-date.

- Take back to groups that within any/all meeting changes there needs to be a point of contact for changes(preferred to be gsr) If no P.O.C this committee will have to reachout to verify changes.

Phonline – George W.

- All updated and rearranged. Still need willing participants to be available on the phonline.

- 1 year clean-time requirement.

- PR will be providing Phonline orientation @ Area every month @1200

- 3 new participant this month

- Phonline packets have been updated

PR – Committee

- PR to collaborate with other areas in region for a PR day event.

- QR Code with survey looking into creating for area an as a region

- If anyone Male or Female is willing to be placed on a temporary sponsorship list provided to outreach and HNI facilities please get with me. Presently have 13 male, 13 female temps.

Web Contact

- Web still need 2 moderators for EASCNA web page.

- ADHOC. Still in process.

- IF ANYONE IS INTERESTED IN BEING APART OF THE PR SUBCOMMITTEE PLEASE ATTEND. WE WOULD LOVE FRESH FACES AND IDEAS FOR OUR MISSION.

OUTREACH - Lawrence S.

Went to the following groups in February:

2/6. Bristow

Outreach made an unscheduled trip to welcome the next group in Bristow. There were 13 members in attendance. Getting support from both Eastern and Western area members.

Gave them the following literature:

2 -Basic Text

1 -Step Working Guides

1 -It Works How and Why

20 -White Booklets

10 -sponsorship IPs

10 -Self-Acceptance IPs

10 -Staying clean on the outside IPs

5 -white key tags

3 -30 day key tags

5 -60 day key tags

5 -90 day key tags

3 -9 months key tags

3 -1 year key tags

3 -18 month key tags

3 -multiple years key tags

2/10. Pryor Living Hope

Meeting seems to be doing well in it's new location. There were 14 members in attendance. The new address has been updated through PR.

2/11. Skiatook

Outreach made an unscheduled trip to welcome the new group in Skiatook. Meeting had 6 in attendance, and has been getting support from members in our area.

Gave the following literature:

20- White Booklets

5- Staying clean on the outside IPs

5- Self-Acceptance IPs

5- sponsorship IPs

2/24. Bartlesville

The group had 20 in attendance. Seems that the group has been growing over the past few months since our last visit.

There is someone interested in taking the EASC Outreach subcommittee chair position. Recommendation will be made during the elections portion of our format.

I will take a final inventory of literature for outreach before I turn everything over at our next EASC business meeting.

ILS,

Lawrence S

RCM - Brian B. RCM Alt - Kaylin T.

RCM Report:

- CAR Survey (<https://www.surveymonkey.com/r/2023wscarsurvey>) is due April 1st. You can complete this survey online as a group or a member. Our Regional Delegates (Pam and Tim) would appreciate it if you submit your group's votes directly to them. You can email them to RD@okna.org or text a photo of your votes to 918-688-7954.
- CAR/CAT motions due by April 28th (https://docs.google.com/forms/d/e/1FAIpQLSet1Pca7i_15DuDhCZTdO-xe3loBSbDjC8-LnkAeCw/WKuDgA/viewform). Group votes can be submitted online. You can also take photos of each page and send them to our regional delegates. You can email them to RD@okna.org or text a photo of your votes to 918-688-7954.
- If our area/ H&I subcommittee wants to get hard copies of Reaching Out booklets for facilities, you can email PR@na.org.
- Our zone is requesting pictures from NA events can be sent to pics@pszfna.org, to be included

in a zonal video. It will be shown at the WSC and a copy can be used for local conventions as well.

- Positions are open for Sponsorship Behind the Walls. They are in need of someone to check the post box in Tulsa (Service position - Postal Coordinator - Would need to visit the P.O. Box - 1x a week, scan the letters, and email them out. Denise A is our liaison.)
 - OKCRNA XXXVII will be on March 31st, April 1st, and April 2nd in Midwest City, OK. You can pre-register online if you're interested in attending (<https://okna.org/okrcna/>). There will be a CAR/CAT Q&A at the convention.
 - Clean and Crazy's Pig Out fundraiser will be on April 15th from 12:00-4:00 PM at 1539 W 49th St. Tulsa, OK. They are working on setting up registration for the Clean and Crazy Campout which will be held Father's Day Weekend (June 16th-18th) at Cherokee Lane State Park.
 - Region is working on attaining their own YAP number. With a YAP number, you can call or text the number and provide your ZIP code, and it will tell you where the closest meeting is.
 - The Zone is working on getting NA literature available for download on tablets in the prisons.
 - Region would like to host a Learning Day for the Eastern Area. They can provide a workshop on any topic that the area would like to learn about.
 - The next Zonal Forum Meeting is July 28-30th in Amarillo. They will be doing workshops on fellowship development, and the next Multi-Zonal Service Symposium will be October 13-15th in Detroit, Michigan.
 - The next Region meeting will be hosted by the Southern 5th Area in Duncan, OK. It will be on April 9th, 2023 - Fellowship Development Meeting at 9:00 AM, Regular Business at 10:00 AM.
-

Old Business:

- H&I Chair- Intent to fill - Brian C will remain one more term
- PR-Intent to fill - REMAINS INTENT TO FILL
- Lit chair- Intent to fill - Rachael V. nominated, questions asked, all in favor.
- Outreach- Intent to fill - Patsy W. nominated, questions asked, all in favor.
- Amendment to Skiatook Sky's the Limit - days have changed to only Sat & Sun.

ELECTIONS

- ARC needs PL - Tuesday 6:30pm at Tulsa Salvation Army

GROUP SHARING:

(Time to share struggles and wins, not events)

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MOTIONS:

- No motions brought forth to this area.

New business

- Alex asked when the last time Living Clean Tulsa had come to area. Secretary looked at 2022 Roll Call sheet and per that, they did not appear at all in 2022. This secretary noted that several other groups had also not attended Area in the last 14 months. Those groups are: Blind Faith, Freedom of Addiction, Grace to Change - Wagoner, Living Clean - Tulsa, and the Owasso Gratitude Group. Lawrence, previous Outreach Chair, stated that many of these meetings are still open and doing well, but they need people who are willing to hold service positions. It was encouraged anyone who can to go visit the groups who haven't been coming and see why not and invite them back. Elections from intent to fills from Jan. Area - see above nominated and accepted.
- Amendment from January minutes - Skiatook's Sky's the Limit group has changed their meeting nights to Saturday and Sunday only.

TAKE BACK TO GROUPS & VOTE:

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GSR REPORTS

THIS AREA'S GROUP REPORTS ARE ATTACHED

DISBURSEMENTS: Region \$2,752.73 World \$0.00

ANNOUNCEMENTS:

Next EASC Meeting hosted by Vinita on Sunday March 26th, 2023 at 1pm.

201 S Wilson

11am Sub-Committee Meetings

12pm Steering Committee

12:30 New GSR Orientation

1pm Business Meeting

PLEASE SEND 7TH TRADITIONS TO ONE OF THE FOLLOWING:

EASCNA

7107 S. Yale Ave #114

Tulsa, OK 74136

CASH-APP is also available

\$easctreasurer

**PLEASE REMEMBER IT IS IMPORTANT TO PASS ON YOUR GROUP'S 7TH TRADITION IN ORDER
TO FUND THE SERVICE STRUCTURE**

CLOSING

Respectfully Submitted,

Kandice N.