

EASTERN AREA SERVICE COMMITTEE of NARCOTICS ANONYMOUS
www.eascna.org

EASCNA
 7107 S. Yale Ave
 PMB #114
 Tulsa, OK 74136-6308

The Eastern Area Service Committee (EASC) business meeting was called to order by: Chair Elect - Mark M. on December 4th, 2022 in Tulsa, OK. A moment of silence, followed by the Serenity Prayer. The 12 Traditions were read by Gerald, the 12 Concepts were read by Leslie P., and the JFT Meditation was read by Alex N.

The roll was called and a quorum was established with the following voting members:

<u>Officer's</u>	8	8	
<u>Voting Officers</u>	6	6	
<u>GSR's or ALTS</u>	18	21	
<u>Voting Members</u>	24	27	
<u>VM (Simple Maj.)</u>	13	14	
<u>GSR's (Simple Maj.)</u>	10	11	
<u>2 / 3's</u>	16	18	

Secretary -Kandice N.

Minutes read and approved as read.

Treasurer - Caitlin M.

Ending balance on statement: \$6,638.06

Checks outstanding: \$ 4,197.98

Outstanding deposits: \$ 1,115.00

Checkbook register balance: \$ 3,555.08

Prudent reserve: \$ 1,700.00

PR budget: \$ 637.94

PR Expenses: \$ 65.92

PR Budget Remaining: \$ 572.02

Activities budget: \$2,700.00

Activities expenses this month: \$ 2,000.00

Activities Budget Remaining: \$ 700.00

Over prudent reserve: \$583.06

DONATIONS: \$ 583.06 to Region, \$ 0.00 to World

SUB-COMMITTEE REPORTS:

Literature Chair - Kailee W.

	A	B	C	D	E	F	G	H	I	J	K	L	M	N	O	P	Q	R	S	T	U	V	W	X	Y	Z
1	READ AREA																									
2																										
3	Inventory Date																									
4	Inventory Total																									
5	Total Sales																									
6	Sale Value																									
7	Spice																									
8	Shipping																									
9	Total Receipts																									
10	Cash on Hand																									
11	IMJ Sales																									
12	Project																									
13	Total Sale Deposits																									
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Activities Chair - Melissa C.

Holiday marathon meeting is coming 12/24-12/25. I have attached a picture of the current schedule. If any would like to sign up to fill a slot please let me know. GNA on NYE Committee is meeting weekly until the event every Sunday at 5pm at the OG Church 1529 w 49th St.

I requested and received \$2,000 from the treasurer for the event leaving \$700 remaining. A flyer for the event will also be attached to this email. There is a slight change in the information on the flyer. We are not charging for food. We will be charging \$5 per person or \$7 per couple at the door.

Thank you 😊

Melissa C.

H&I Chair - Brian C.

December 2022 MINUTES

H&I Chair - Brian C.

Vice Chair - Annice W.

Secretary – Stephanie W.

Concepts – Shaney

Traditions – Shelby

Roll Call – 11 Present

Reports:

Lit Report –

Am I an addict x 200=50\$

For the newcomer x 200=50\$

Recovery and relapse x 200=50\$

Self-acceptance x 200=50\$

Sponsorship x 200=50\$

Staying clean on the outside x 200=50\$

Who what how and why x200=50\$

Welcome to NA x 200=50\$

White Booklet x100=\$80

Behind the walls x20=\$20

Tax 42.58

Total spent = \$542.58

Oriantator Report – 2 women and 3 men oriented

ADHOC-

Open meeting with Serenity Prayer

In Attendance:

Heather B. – ADHOC Secretary

Brian C. – ADHOC Chair

Alex N.

Kandice N.

Denise R.

Chad G.

Old Business:

- No Old Business

New Business:

- Assigned ADHOC Committee Trusted Servants. Brian C was named Chair. Heather B was named Secretary.
- Decided to mirror the same format as the *EASC Bylaws* and reference *Hospitals and Institutions Handbook* and *A Guide to Local Services in NA*.
- *Section 1 NAME* was adapted from EASC Bylaws and changed wording to fit H&I Subcommittee language.
- *Section II Purpose* is adopted from *Hospitals and Institutions Handbook, Pg.52, Purpose of an Area H&I Subcommittee*.
- *Section III Description* is adopted from *A Guide to Local Services in NA, Pg. 53, Hospitals and Institutions*.
- *Section IV Financial* was adapted from *EASC Bylaws* wording changed to fit H&I Subcommittee language, only what pertains to H&I Subcommittee will be used.
- *Section V Business Meeting* was adapted from *EASC Bylaws*.
 - *Subsection A.2* wording was changed from *EASC* to *EASC H&I Subcommittee*
 - *Subsection A.7* wording was changed from *EASC* to *EASC H&I Subcommittee*
 - *Subsection A.8* was not adopted
 - *Subsection B* was adopted

- *Subsection C* was adopted
- *Subsection D* was not adopted
- *Subsection E* was adapted
- *Subsection E.3* was not adopted
- *Subsection E.4* wording was changed from *EASC* to *EASC H&I Subcommittee*
- *Subsection F* was adopted
- *Section VI Voting* was adapted from *EASC Bylaws*.
 - *Subsection A*. wording was changed from *EASC* to *EASC H&I Subcommittee*
 - *Subsection A.1* was adopted. Positions named as *Voting Members* is limited to Vice-Chairperson, Orientator, Secretary, Literature Chairperson, and Panel Leaders.
 - *Subsection A.2. Non-Voting Members*: Discussed including Panel Members and Attending NA Members as “Non-Voting Members” **Tabled until next meeting**
 - *Subsection A.H.* was changed to “*Majority voting rules / More than half.*”
- *Section VII Trusted Servants* was adapted from *EASC Bylaws*.
 - *Subsection A*. Number 3 through 7 was replaced with Literature Chair, Orientator, and Panel Leaders.
 - *Subsection B* were not adopted
 - *Subsection C* were not adopted
- *Section VIII Elections* were adapted from *EASC Bylaws*.
 - *Subsection A* Numbers 1,2,4,5,7,8 was not used and replaced with Vice Chairperson, Orientator, and Secretary.
 - *Subsection B* were not adopted
 - *Subsection C* were not adopted
 - *Subsection D* was adapted to read “*EASC H&I Subcommittee Trusted Servants shall be elected to serve a term of one (1) year.*”

- Stopped at *VIII. Elections, Subsection E.*
- Next meeting is December 10th at 1pm @ 5918 E. 44th Street, Tulsa, OK 74135

EOM

Old Business:

Grand has finally started pushing through panel members. Allen B has stepped down. Need panel leader.

Monarch has opened a new men's facility. Ben B. volunteered as panel leader. All in favor.

Hold off on basic text for TCBH.

Tulsa Boys home has confirmed they want a panel back on Thursday from 6-7pm. Kevin B. volunteered. All in favor.

ADHOC committee will be formed for H&I bylaws to be written.

Valley Hope reached out and want to add 2 Sundays to the panel. 5:45 on the first and 3rd Sunday. Ask GSR to take back to group if anyone is willing to participate.

New Business:

Case of basic text for TCBH. All in favor.

Need more members to go through the application process for DLM.

Seeking experienced members for ADHOC committee to write guidelines.

Elections for H&I subcommittee executive positions will be held in January at the subcommittee business meeting.

Ask GSR for books for women and childrens.

Panel Leader Updates:

ARC – struggling. Need panel members.

Creek Men – Good. Still sitting.

Creek Women – doing well. Didn't go back one time because they are still sitting.

Grand- Good. Finally putting people through app process.

HOH – Great

Monarch men – absent

Monarch women- Great

PCJ Men –really good

PCJ Women – good

TCBH- inactive

Women's and Children's- good. Need more books.

Tulsa boys hope- Good

Valley Hope –closed for covid

WIR – good

Cedar – good.

EOM

PR Chair - David C.

PR December 2022

3 attending

Expenses- -65.92 Basic text donation

Budget start: 637.94 budget ending:572.02

Need participants to fill various PR positions. Community Rack Coord. Meeting Lists Coord.

Community Rack Coordinator (IP Racks)

- Nothing to report.

Meeting lists

- Some changes have not been updated but will have these done promptly.
- Groups ensure you are emailing eascna.webcontact@gmail.com of all meeting changes and closures. As always this is to ensure that phonline/meeting lists are up-to-date.

Phonline – George W.

- All updated and rearranged. Still need willing participants to be available on the phone line.
- 1 year clean-time requirement.
- PR will be providing Phone Line orientation @ Area every month @1200
- Adding a spam/robocall deterrent to phone line.

PR – Committee

- PR to communicate with facilities with correspondence about H&I, PR needs and thank you letters.
- If anyone Male or Female is willing to be placed on a temporary sponsorship list provided to outreach and HNI facilities. Presently have 13 male, 13 female temps.

Web Contact

- Web still needs 2 moderators for EASCNA web page.
- ADHOC. Researched other coding systems or also thought about hand coding which would require more specific technical needs. Discussed appearance preferences.
- IF ANYONE IS INTERESTED IN BEING APART OF THE PR SUBCOMMITTEE PLEASE ATTEND. WE WOULD LOVE FRESH FACES AND IDEAS FOR OUR MISSION.

OUTREACH - Lawrence S.

11-19-2022 Okmulgee the way out group

19 in attendance. Group is experiencing struggles other than members in attendance. Group could use support from experienced members. Meeting dates and times on the meeting list are correct.

Gave the following literature:

20- White booklets

10- JFT IPs

10- staying clean on the outside IPs

10- sponsorship IPs

10- for the newcomer IPs

10- self-acceptance IPs

10- welcome to narcotics anonymous IPs

10- triangle of Self-Obsession IPs

10- am I an addict IPs

5- white key tags

5- 30 day key tags

5- 90 day key tags

5- 6 month key tags

5- 9 month key tags

11-26-2022 Sapulpa first things first group

7 in attendance. Meeting has been slowly growing a regular core group of members.

Gave following literature:

1- basic text

1- JFT meditation book

10- sponsorship IPs

10- welcome to narcotics anonymous IPs

10- for the newcomer IPs

10- JFT IPs

10- am I an addict IPs

-Outreach subcommittee will be an intent to fill for next month's elections/next year's term, starting April 1st. No recommendations for a new chairperson at this time.

-we donated 2 new small hoodies that were left over from last year's hoodie sale to OKRCNA 37 for their silent auction at the convention in April.

- literature inventory as of 12/4/22.

11- basic texts, 3- IWHW, 3- SWG, 3- JFT meditation books, 140- white booklets, 11- welcome to narcotics anonymous IPs, 38- self-acceptance IPs, 25- staying clean on the outside IPs, 10- triangle of Self-Obsession IPs, 10- for the newcomer IPs, 30 sponsorship IPs, 5- white key tags, 7- 30 day key tags, 15- 60 day key tags, 15- 90 day key tags, 5- 9 month key tags, 10- 1 year key tags, 10- 18 month key tags, 10- multiple years key tags.

Had our subcommittee meeting on 11/26/22. Itinerary through March:

12/11/22 Chelsea

12/30/22 Turley

1/7/23 Wilburton

1/21/23 Nowata

2/10/23 Pryor Living Hope

2/24/23 Bartlesville

3/11/23 Cushing

3/25/23 Muskogee

Itinerary has been sent to EASC web contact for posting on our area website.

ILS,

Lawrence S

RCM - Brian B.

December 11 - Fellowship Development starts at 9am business meeting starts at 11am.

ADHoc - H&I Committee report above for this information.

Old Business:

- Is your group interested in “individual or group voting for the CAR/CAT report” DISCUSSION:
 - Earnest asked if Region can pass the CAR report down to the GSR’s then take it to your Group Conscious. This will make Area an hour or 2 longer once, and then in turn make your Group Conscious a little longer also. This would allow everyone to have a better understanding of what you or your group is talking about.
 - Mark pulled a straw-poll of groups that are interested:
 - In Favor - 6
 - Opposed - 9
 - Abstained - 2
 - Ellen C. - We have a lack of participation when it comes to the CAR Report. The whole GSA thing may need to be tweaked - easier accessibility, maybe not having it over a whole weekend, sending an email rather than attending, etc.. GSA is a great idea but it isn't being executed to get the information we need. One thing that their group said is that it needs this to be way more simplified before they will vote.
 - Brian C. - Is the problem a lack of participation or a lack of understanding? Suggested to print the report out at each Area to give to each GSR/ALT in attendance with instructions on the front as to what needs to be brought up/spoken about in your Group C..
 - Ellen said that if we do it as Brian C mentioned, the intimidation factor of not understanding goes away b/c its written clearly for everyone to understand.
 - Earnest - there is a survey every few years from NAWS that gives info on demographics, race, sex, and it isn't an accurate number b/c groups aren't getting the info in their hands. The only way to pass this info on is by regularly attending Area. This all is being done to carry the message to the addict walking around out there who doesn't have a clue about

us. We are telling World what we want the future of NA to be in the future.

- Discussion on October Motion to reduce the Outreach budget from \$200.00 to \$75.00 from October Area. Please see previous minutes for explanation.
 - Only question was from LID who asked if gas is still being accounted for. Lawrence said he believes in selfless service and is no longer asking for reimbursement.

*****Take this back to your group again, vote within, and return with your group's vote to the next**

Area January 29th, 2023***

ELECTIONS

- All sub-committees will be up for re-election in January for April placements.
- There will be an intent to fill for Outreach Chair. If you're interested, please come to the next Area.

NEW MOTIONS:

- For Area to pay \$15.00 per GSR & Alt who signs up and attends the GSA in February.
 - Motion made by: Peace of Mind
 - **Intent:** To encourage GSR's and Alt's to attend the GSA event to learn about the CAR/CAT and get homegroups involved with voting in the direction of the fellowship as a whole.
- Conversation:
 - BASS would like to present a friendly amendment to the motion stating that they would like for the full \$30.00 to be covered for both GSR and GSR Alt.
 - Financially we will be okay but is it the prudent use of our funds?
 - If every person went from this group in area today, it would be a total of \$360.00 for the weekend. Corey would like to reject the friendly amendment.
 - If you have already spoken to your HG about sponsoring your trip, then this doesn't have to apply.
- Back to motion: For Area to pay \$15.00 per GSR & Alt who signs up and attends the GSA in February in order to encourage GSR's and Alt's to attend the GSA event to learn about the CAR/CAT and get homegroups involved with voting in the direction of the fellowship as a whole.

*****TAKE BACK TO YOUR GROUPS AND BRING YOUR GROUP VOTE TO NEXT**

AREA***

New business

- The above mentioned MOTION.
- No other new business.

TAKE BACK TO GROUPS & VOTE:

See above highlighted areas

GSR REPORTS

THIS AREA'S GROUP REPORTS ARE ATTACHED

DISBURSEMENTS: Region \$583.06 World \$0.00

*Outstanding deposits from today: \$2,252.00 will be deposited tomorrow, December 5th, 2022

ANNOUNCEMENTS:

Next EASC Meeting will be hosted on Sunday January 29th, 2023 at 1pm. If your group would like to host Area within the next 12 months, please sign-up!

11am Sub-Committee Meetings
12pm Steering Committee
12:30 New GSR Orientation
1pm Business Meeting

PLEASE SEND 7TH TRADITIONS TO ONE OF THE FOLLOWING:

EASCNA
7107 S. Yale Ave #114
Tulsa, OK 74136

CASH-APP is also available
\$easctreasurer

PLEASE REMEMBER IT IS IMPORTANT TO PASS ON YOUR GROUP'S 7TH TRADITION IN ORDER
TO FUND THE SERVICE STRUCTURE

CLOSING

Respectfully Submitted,

Kandice N.

