

**EASTERN AREA SERVICE COMMITTEE of NARCOTICS ANONYMOUS**  
**www.eascna.org**

EASCNA  
 7107 S. Yale Ave  
 PMB #114  
 Tulsa, OK 74136-6308

The Eastern Area Service Committee (EASC) business meeting was called to order by: Chair Mark M. - on Sunday January 30, 2023 in Tulsa, OK. A moment of silence, followed by the Serenity Prayer. The 12 Traditions were read by Steve, the 12 Concepts were read by George, and the JFT Meditation was read by Haley.

The roll was called and a quorum was established with the following voting members:

<u>Officer's</u>	9		
<u>Voting Officers</u>	6		
<u>GSR's or ALTS</u>	20		
<u>Voting Members</u>	26		
<u>VM (Simple Maj.)</u>	14		
<u>GSR's (Simple Maj.)</u>	11		
<u>2 / 3's</u>	17		

**Secretary -Kandice N.**

Minutes read and approved as read.

**Treasurer - Caitlin M.**

Ending balance on statement: \$3555.08

Checks outstanding: \$ 4877.00

Total: \$8432.08

Minus Outstanding deposits: \$1525.46

Checkbook register balance: \$6906.62

Prudent reserve: \$1700

PR budget: \$ 572.02

PR Expenses: \$ 0.00

PR Budget Remaining: \$572.02

Activities budget: \$700.00

Activities expenses this month: \$0.00

Activities Budget Remaining: \$700.00

Over prudent reserve: \$3,934.60

DONATIONS: \$3,934.60 to Region, \$ 0.00 to World

**SUB-COMMITTEE REPORTS:**

**Literature Chair - Kailee W.**

	A	B	C	D	E	F	G	H	I	J	K	L	M	N	O	P	Q	R	S	T	U	V	W	X	Y
1	READ at AREA																								
2	Inventory Date		\$1,371.17																						
3	Inventory Total		\$3,440.25																						
4	Total Sales		\$2,217.35																						
5	Sale Tax	0.05517	\$ 190.55																						
6	Taxes																								
7	Shipping	0%	\$ 104.34																						
8							\$ 2,952.28																		
9	Total Receipts		\$ 421.46																						
10	Cash on Hand		\$ 421.46																						
11	PIU Sales																								
12	Prepaid																								
13	Total Sale Deposits		\$2,503.35																						
14			\$ -																						
15							\$ 2,927.71																		
16							\$ 360.58																		

**Activities Chair - Melissa C.**

Marathon meetings collected \$243.76 out of that I paid \$100 to Ronnie for renting Jimmy's place.

Total deposit will be \$143.76.

**GNA on NYE**

Total expenses were \$1,736.63 Leaving \$263.37

Total money collected was \$4237.84 out of that we paid \$2010 to Mark S. for shirts and hoodies. Leaving \$2227.84. Total deposit will be \$2491.21.

While TV raffle sales were going on the bucket was lost. It is unknown how much money was in the bucket. The tickets were replaced at the event for those who had their original tickets. Amends have not been made as of yet.

Thank you. ❤️

Melissa C.

## H&I Chair - Brian C.

January 2023 MINUTES

H&I Chair - Brian C.

Vice Chair - Annie W.

Secretary – Stephanie W.

Concepts – Katey

Traditions – JD

Roll Call – Present

Reports:

Lit Report –

Am I an addict x 100=\$25

For the newcomer x 100=\$25

Recovery and relapse x 100=\$25

Self-acceptance x 100=\$25

Sponsorship x 100=\$25

Staying clean on the outside x 100=\$25

Who what how and why x100=\$25

Welcome to NA x 100=\$25

White Booklet x100=\$65

Behind the walls x20=\$20

Basic text softback x20=243.00

Tax =39.43

Total spent = 570.43

Orienteer Report – 2 people in December, 1 person in January

ADHOC-

Open meeting with Serenity Prayer

In Attendance:

Heather B. – ADHOC Secretary

Brian C. – ADHOC Chair

Alex N.

Kandice N.

Denise R.

Chad G.

Old Business:

- Assigned ADHOC Committee Trusted Servants. Brian C was named Chair. Heather B was named Secretary.
- Decided to mirror the same format as the EASC Bylaws and reference Hospitals and Institutions Handbook and A Guide to Local Services in NA.
- Section 1 NAME was adapted from EASC Bylaws and changed wording to fit H&I Subcommittee language.
- Section II Purpose is adopted from Hospitals and Institutions Handbook, Pg.52, Purpose of an

Area H&I Subcommittee.

- Section III Description is adopted from A Guide to Local Services in NA, Pg. 53, Hospitals and Institutions.
  - Section IV Financial was adapted from EASC Bylaws wording changed to fit H&I Subcommittee language, only what pertains to H&I Subcommittee will be used.
  - Section V Business Meeting was adapted from EASC Bylaws.
    - o Subsection A.2 wording was changed from EASC to EASC H&I Subcommittee
    - o Subsection A.7 wording was changed from EASC to EASC H&I Subcommittee
    - o Subsection A.8 was not adopted
    - o Subsection B was adopted
    - o Subsection C was adopted
    - o Subsection D was not adopted
    - o Subsection E was adapted
    - o Subsection E.3 was not adopted
    - o Subsection E.4 wording was changed from EASC to EASC H&I Subcommittee
    - o Subsection F was adopted
  - Section VI Voting was adapted from EASC Bylaws.
    - o Subsection A. wording was changed from EASC to EASC H&I Subcommittee
    - o Subsection A.1 was adopted. Positions named as Voting Members is limited to Vice-Chairperson, Orientator, Secretary, Literature Chairperson, and Panel Leaders.
    - o Subsection A.2. Non-Voting Members: Discussed including Panel Members and Attending NA Members as “Non-Voting Members” Tabled until next meeting
    - o Subsection A.H. was changed to “Majority voting rules / More than half.”
  - Section VII Trusted Servants was adapted from EASC Bylaws.
    - o Subsection A. Number 3 through 7 was replaced with Literature Chair, Orientator, and Panel Leaders.
    - o Subsection B were not adopted
    - o Subsection C were not adopted
  - Section VIII Elections were adapted from EASC Bylaws.
    - o Subsection A Numbers 1,2,4,5,7,8 was not used and replaced with Vice Chairperson, Orientator, and Secretary.
    - o Subsection B were not adopted
    - o Subsection C were not adopted
    - o Subsection D was adapted to read “EASC H&I Subcommittee Trusted Servants shall be elected to serve a term of one (1) year.”
  - Stopped at VIII. Elections, Subsection E.
  - Next meeting is December 10th at 1pm @ 5918 E. 44th Street, Tulsa, OK 74135
- New Business:
- All EASC wording will be changed to EASC H&I subcommittee
  - Change office to executive committee.
  - Section VI. Voting was adapted from the EASC bylaws
    - Subsection A.1 was changed to only include panel leaders
    - Subsection A.2 changed to a.) panel members b.) attending NA members c.) executive committee members
    - Subsection E. remove “alternate or”
  - Section VII. Trusted Servants was adapted from EASC bylaws
    - Subsection A. changed from “officers” to “executive committee members”

- A.1 chairperson
- A.2 vice-chair person
- A.3 secretary
- A.4 orientator
- A.5 literature

Adapted to exclude PL's and add literature

- Section VIII Elections were adapted from EASC Bylaws
  - Subsection I.1 refer to H&I folder, panel leader section
  - Subsection J replace the word "vacant"
  - Subsection K adopted
  - Subsection L removed
  - Subsection M adopted
- Section IX. Vacancies were adapted from EASC Bylaws
  - Subsection A. Adapted- vacancy of a trusted servant
  - Subsection B. A temporary panel leader may be assigned while notice of intent to fill is sent out via EASC minutes.
  - Subsection C. adopted
  - Subsection D. remove
  - Subsection C. change office to executive committee
- Stopped at Section X. Removal from office
- Next meeting is February 4<sup>th</sup> at 2pm, 5918 E. 44<sup>th</sup> st, Tulsa, OK 74135

EOM (ADHOC)

Old Business:

Case of basic text for TCBH. All in favor.

Need more members to go through the application process for DLM.

Seeking experienced members for ADHOC committee to write guidelines.

Elections for H&I subcommittee executive positions will be held in January at the subcommittee business meeting.

Ask GSR for books for women and childrens.

New Business:

Elections.

No willing participants showed. All positions stayed except the lit chair stepped down.

Intent to fill lit chair

TCBH opened back up. Denise is panel leader.

Panel Leader Updates:

ARC – report only. Going great.

Creek Men – great! Need approval for new people going in. They are denying people. Need chair to speak to Officer Casey.

Creek Women – Fine. Need approval for new people going in. They are denying people. Need chair to speak to Officer Casey.

Grand- Good. Full panel. Meeting is a little chaotic.

HOH – absent

Monarch men – absent

Monarch women- Good.

PCJ Men –good. Need another man.

PCJ Women – report only. good

TCBH- no report

Women's and Children's- good. Had to cancel once.

Tulsa boys home- good. Needs lit for target audience

Valley Hope – off of covid restriction. Needs 2 people for 545 on 2 Sundays a month.

WIR – need panel members. But good

Cedar – good.

EOM

### PR Chair - David C.

PR January 2023

7 attending

Expenses-

Budget start: 572.02 budget ending:572.02

Need participants to fill various PR positions. Community Rack Coord. Meeting Lists Coord.

#### Community Rack Coordinator (IP Racks)

- Nothing to report.

#### Meeting lists

- Some changes have been made to the meeting list. You can now directly comment on the pdf with changes and/or updates. There are some other changes that will be implemented later today.

- Groups ensure you are emailing easna.webcontact@gmail.com of all meeting changes and closures. As always this is to ensure that phonline/meeting lists are up-to-date.

#### Phonline – George W.

- All updated and rearranged. Still need willing participants to be available on the phone line.

- 1 year clean-time requirement.

- PR will be providing Phone Line orientation @ Jimmy's place every month 2 nd sat of the

month@530pm, and @ Area every month @1200

- 1 new participant this month
- Phone Line packets have been updated

#### PR – Committee

- Not having a PR presentation at Regional convention this year.
- PR in communication with facilities, with correspondence about H&I, PR needs, and thank you letters.
- If anyone Male or Female is willing to be placed on a temporary sponsorship list provided to outreach and HNI facilities please get with me. Presently have 13 male, 13 female temps.

#### Web Contact

- Web still needs 2 moderators for EASCNA web page.
- ADHOC. Still in process.

**- IF ANYONE IS INTERESTED IN BEING A PART OF THE PR SUBCOMMITTEE PLEASE ATTEND. WE WOULD LOVE FRESH FACES AND IDEAS FOR OUR MISSION.**

#### OUTREACH - Lawrence S.

##### Dec. 11th. Chelsea

Small meeting. Average attendance is 1. Group needs support. Their group c is the first Wednesday of the month. 3 in attendance.

#### Gave following literature:

- 20- white booklets
- 10- sponsorship IPs
- 10- for the newcomer IPs
- 10- welcome to narcotics anonymous IPs
- 10- triangle of Self-Obsession IPs

10- staying clean on the outside IPs

10- self acceptance IPs

**Dec. 30th. Turley**

Small meeting. 6 in attendance. Group needs support.

**Jan. 7th. Wilburton**

Small group of core members. 6 in attendance.

**Jan. 21st. Nowata**

2 to 3 average attendance. Group needs support

**Reminder:** outreach subcommittee chair position is intent to fill. Current term is up at the end of March.

Very little participation in outreach, so there are no recommendations for the next term.

ILS

Lawrence S

**RCM - Brian B.**

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**Old Business:**

- Vote for motion area to pay \$15 per gsr to attend GSA in feb. 16 for, 3 against, 1 abstain. Motion passed.
- Vote for motion to reduce outreach budget from \$200 to \$75. 13 for. Motion did not pass.

**ELECTIONS**

- Subcommittee Elections-



- RCM- Brain is doing another term
- RCM Alt.- Kaylin T. volunteered. All in favor.
- H&I Chair- Intent to fill
- PR-Intent to fill
- Activities- Melissa C. is doing another term
- Lit chair- Intent to fill
- Outreach- Intent to fill
- Web Contact- Amanda is doing another term

**GROUP SHARING:**

**(Time to share struggles and wins, not events)**

- None at this time.

**MOTIONS:**

- No new motions

**New business**

- Need a document for bylaws.
- A meeting was started in Bristow called the fix. It meets at 520 West 4<sup>th</sup> St. in the youth center. Meets Monday at 7. Needs female support.
- A meeting was restarted in Skiatook called Sky's the limit. Tuesday, Thursday, Saturday, v Sunday. 114 N. Broadway St. First Presbyterian, Youth Center.
- Hoodies left over from GNA ON NYE. Will donate to the next event.
- Questions asked and answered for RCM to take back to region.

**TAKE BACK TO GROUPS & VOTE:**

- None at this time.

**GSR REPORTS**

**THIS AREA'S GROUP REPORTS ARE ATTACHED**

**DISBURSEMENTS:**    Region \$3,934.60    World \$0.00

**ANNOUNCEMENTS:**

Next EASC Meeting hosted by Lost Dreams Awaken on Sunday February 26th, 2023 at 1pm in Claremore at 416 S Brady Ave.

11am Sub-Committee Meetings  
12pm Steering Committee  
12:30 New GSR Orientation  
1pm Business Meeting

**PLEASE SEND 7TH TRADITIONS TO ONE OF THE FOLLOWING:**

EASCNA  
7107 S. Yale Ave #114  
Tulsa, OK 74136

CASH-APP is also available  
\$easctreasurer

**PLEASE REMEMBER IT IS IMPORTANT TO PASS ON YOUR GROUP'S 7TH TRADITION IN ORDER  
TO FUND THE SERVICE STRUCTURE**

**CLOSING**

Respectfully Submitted,

Kandice N.