

EASTERN AREA SERVICE COMMITTEE of NARCOTICS ANONYMOUS
www.eascna.org

EASCNA
 7107 S. Yale Ave
 PMB #114
 Tulsa, OK 74136-6308

The Eastern Area Service Committee (EASC) business meeting was called to order by: Chair Elect Mark M., on October 30th, 2022 in Claremore, OK. A moment of silence, followed by the Serenity Prayer. The 12 Traditions were read by Travis C., The 12 Concepts were read by Kayla., and the JFT Meditation was read by Brian C.

The roll was called and a quorum was established with the following voting members:

| | | | |
|---------------------|----|----|--|
| Officer's | 10 | 10 | |
| Voting Officers | 8 | 8 | |
| GSR's or ALTS | 17 | 20 | |
| Voting Members | 25 | 28 | |
| VM (Simple Maj.) | 13 | 15 | |
| GSR's (Simple Maj.) | 9 | 11 | |
| 2 / 3's | 17 | 19 | |

Secretary -Kandice N.

Minutes read and approved as read.

Treasurer - Caitlin M.

Ending balance on statement: \$7,022.02
 Checks outstanding: \$1720.96 – Brian C. needs to cash \$10.00 check
 Outstanding deposits: \$1347.00
 Checkbook register balance: \$6638.66

Prudent reserve: \$1700.00
 PR budget: \$ 661.75
 PR Expenses: \$ 13.81+\$10.00=\$23.81
 PR Budget Remaining: \$637.94

Activities budget: \$2,700.00
 Activities expenses this month: \$0.00

Activities Budget Remaining: \$2,700.00

Over prudent reserve: \$1600.72

DONATIONS: \$1600.72 to Region, \$ 0.00 to World

SUB-COMMITTEE REPORTS:

Literature Chair - Kailee W.

The screenshot shows a Google Spreadsheet with the following data:

| | A | B | C | D | E | F | G | H | I | J | K | L | M | N | O | P | Q | R | S | T | U | V | W | X | Y |
|----|---------------------|---------|---|------------|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| 1 | READ at AREA | | | | | | | | | | | | | | | | | | | | | | | | |
| 2 | | | | | | | | | | | | | | | | | | | | | | | | | |
| 3 | Inventory Date | | | 10/31/22 | | | | | | | | | | | | | | | | | | | | | |
| 4 | | | | | | | | | | | | | | | | | | | | | | | | | |
| 5 | Inventory Total | | | \$3,343.73 | | | | | | | | | | | | | | | | | | | | | |
| 6 | | | | | | | | | | | | | | | | | | | | | | | | | |
| 7 | Total Sales | | | | | | | | | | | | | | | | | | | | | | | | |
| 8 | Sale Value | | | \$2,121.61 | | | | | | | | | | | | | | | | | | | | | |
| 9 | Taxes | 0.08517 | | \$ 180.70 | | | | | | | | | | | | | | | | | | | | | |
| 10 | Shipping | 6% | | \$ 127.30 | | | | | | | | | | | | | | | | | | | | | |
| 11 | | | | \$ | | | | | | | | | | | | | | | | | | | | | |
| 12 | | | | | | | | | | | | | | | | | | | | | | | | | |
| 13 | Total Receipts | | | | | | | | | | | | | | | | | | | | | | | | |
| 14 | Cash on Hand | | | \$ 301.40 | | | | | | | | | | | | | | | | | | | | | |
| 15 | | | | | | | | | | | | | | | | | | | | | | | | | |
| 16 | | | | | | | | | | | | | | | | | | | | | | | | | |
| 17 | | | | | | | | | | | | | | | | | | | | | | | | | |
| 18 | | | | | | | | | | | | | | | | | | | | | | | | | |
| 19 | | | | | | | | | | | | | | | | | | | | | | | | | |
| 20 | PM Sales | | | | | | | | | | | | | | | | | | | | | | | | |
| 21 | Prepaid | | | | | | | | | | | | | | | | | | | | | | | | |
| 22 | Total Sale Deposits | | | \$2,256.62 | | | | | | | | | | | | | | | | | | | | | |
| 23 | | | | \$ | | | | | | | | | | | | | | | | | | | | | |
| 24 | | | | | | | | | | | | | | | | | | | | | | | | | |
| 25 | | | | | | | | | | | | | | | | | | | | | | | | | |
| 26 | | | | | | | | | | | | | | | | | | | | | | | | | |
| 27 | | | | | | | | | | | | | | | | | | | | | | | | | |
| 28 | | | | | | | | | | | | | | | | | | | | | | | | | |
| 29 | | | | | | | | | | | | | | | | | | | | | | | | | |

Activities Chair - Melissa C.

Nothing new for October.

Reminders:

The first GNA on NYE Committee meeting is tonight Sunday October 30th 5:00 p.m. before OG 1529 w 49th St. Sign ups for the marathon meeting held on December 24th through December 25th are still going on there are still spots available for groups or individuals.

H&I Chair - Brian C.

OCTOBER 2022 MINUTES

H&I Chair - Brian C.

Vice Chair - Annie W.

Secretary – Stephanie W.

Concepts – JB

Traditions – Bob

Roll Call – 9 Present

Reports:

Lit Report –Holding off on buying basic text for TCBH

Basic text softback x20

Am I an addict x10

For the newcomer x10

Recovery and relapse x10

Self-acceptance x10

Sponsorship x10

Staying clean on the outside x10

Who what how and why x10

Welcome to NA x10

Total spent = 285.40

Orientator Report – 11 people oriented. 5 men 6 women.

Old Business:

Motion to order 20 soft back basic texts for Tulsa Boys home. All in favor. Motion passed.

Women and children's are requesting a panel ASAP.

Heather Volunteered for panel leader. All in favor. Heather is the new panel leader for Women's and children's

New Business:

Grand has finally started pushing through panel members. Allen B has stepped down. Need panel leader.

Monarch has opened a new men's facility. Ben B. volunteered as panel leader. All in favor.

Hold off on basic text for TCBH.

Tulsa Boys home has confirmed they want a panel back on Thursday from 6-7pm. Kevin B. volunteered. All in favor.

ADHOC committee will be formed for H&I bylaws to be written.

Valley Hope reached out and want to add 2 Sundays to the panel. 5:45 on the first and 3rd Sunday. Ask GSR to take back to group if anyone is willing to participate.

Panel Leader Updates:

ARC – Good. Lots of people.
Creek Men – doing alright. Could use 1 or 2. Facility is making them wait to be let in and is requesting to contact facility to keep schedule on time.
Creek Women – absent
HOH – Report only, great
Monarch – absent
PCJ Men – good. New badging process.
PCJ Women – good. Always needs support
TCBH- inactive
Women’s and Children’s- Asking GSRs for books donations.
Valley Hope – Everything is good.
WIR – Good. Needs another person.
Cedar – Good.
EOM

PR Chair - David C.

AMENDMENT FROM SEPTEMBER MINUTES FOR CLARIFICATION:

Web still need 2 moderators for EASCNA web page

Amendment is to clarify that the EASCNA web page is the FaceBook page.

PR October 2022

8 attending

Expenses- -10.00 meeting lists, -13.81 tcbh meeting lists

Budget start: 661.75 budget ending:637.94

Need participants to fill various PR positions. Community Rack Coord. Meeting Lists Coord.

Phoneline

Coord.

Community Rack Coordinator (IP Racks)

- Nothing to report.

Meeting lists

- Some changes have not been updated but will have these done promptly.

- Groups ensure you are emailing eascna.webcontact@gmail.com of all meeting changes and closures. As always this is to ensure that phoneline/meeting lists are up-to-date.

Phoneline –

- All updated and rearranged. Still need willing participants to be available on the phoneline.

- 1 year clean-time requirement.

- PR will be providing Phoneline orientation @ Area every month @1200

PR – Committee

- Corresponding with Bixby Community Center about potential meeting place for EASCNA business

meeting.

- PR to communicate with facilities with correspondence about H&I, PR needs and thank you letters.

- If anyone Male or Female is willing to be placed on a temporary sponsorship list provided to outreach and HNI facilities. Presently have 13 male, 13 female temps.

Web Contact

- Web still need 2 moderators for EASCNA web page.

- ADHOC. Researched other coding systems or also thought about handcoding which would require

more specific technical needs. Discussed appearance preferences.

- IF ANYONE IS INTERESTED IN BEING APART OF THE PR SUBCOMMITTEE PLEASE ATTEND. WE

WOULD LOVE FRESH FACES AND IDEAS FOR OUR MISSION.

OUTREACH - Lawrence S.

October 7th. Tahlequah living clean

7 in attendance. Small meeting that needs support and experienced members.

Gave 8- white key tags

October 22nd. Nowata other side of life group

5 in attendance. Small meeting that needs support.

Gave the following literature:

10- white key tags

10- sponsorship IPs

10- Just For Today IPs

1- J.F.T. meditation book

1- Step Working Guides

Itinerary for November

11/19 Okmulgee the way out group

11/26 subcommittee meeting

11/26 Sapulpa first things first

I have submitted a motion to the steering committee to reduce Eastern Area Outreach's budget from \$200 to \$75.

In loving service

Lawrence S

ORIENTATOR REPORT: Heather B.

7 women and 4 men oriented in the month of October.

RCM - Brian B.

See attachment for flyer.

Old Business:

- Locations of Area - Corey will make a new area hosting sheet for next month. Get with your group to decide if your group would be interested in hosting. Your group is responsible for locating a space to hold Area. Please make sure your location is large enough to host 30-40(ish) people. Your group will get a \$25.00 reimbursement for any expenses and your facility will be \$50.00. **Wi-Fi is not a requirement in order to host**
- Next area is hosted by POM. Meeting place TBD either on TU Campus or Jimmy's Place. Secretary will send out update when information is available.

ELECTIONS

- RCM Alt remains intent to fill. Nancy F. is present and willing to perform the duties required of this position. Has experience with Area and Regional Service. Questions asked.

All in favor:25

All opposed:1

All abstentions:2

Nancy F. is now RCM Alt. Her position for 1 year will be in April. RCM Brian B. 2 year commitment is up in April. It is expected that Nancy F. will ascend to RCM in April. Nancy understands this.

GROUP SHARING:

(Time to share struggles and wins, not events)

- Second Chance- reporting that they are grateful for the financial suggestions that were offered to them last month.
- BARB - Need sponsors and experienced members
- Southside - Need sponsors and experienced members. Tuesdays 6:30
- Just Another Hour - changing their celebration nights to 3rd Saturday which is game night and then speaker
- NSS - Annual Thanksgiving Dinner is located at 8707 E 51st St. Speaker is Julie I. 4pm bring a side if you can. North Side Stroll is working with Lost Dreams Awaken to hold annual Thanksgiving Dinner. Location is 8707 E 51st St. Dinner at 5pm. Bring a side dish if you can. No addict turned away. There is a flyer on the EASCNA for the event.
- Second Chance expressed gratitude for the suggestions last month, that their financial situation is looking better.
- Southside Recovery - Needs experienced members and sponsors. Regular attendees are strong but limited on sponsors for newcomers.

MOTIONS:

- Motion was presented by EASCNA Outreach Subcommittee Chair, Lawrence W. It is to take the outreach budget from \$200.00 back to \$75.00 Intent is to make the monthly

average of \$125.00 remaining each month to go towards furthering our primary purpose such as Area/Region/World. The main reason for raising the budget was to allow Outreach to take literature to the rural areas that they might not have. This is a by-law change. This takes 3 full months. Month 1(today) - you've been given the info to take back to your group. Month 2 (Nov&Dec)- bring back your group's questions and discussions. Month 3 (January) - will be voted on. Budget increases/decreases change frequently for each subcommittee. If your group needs clarification, please contact Lawrence

New business

- Is our homegroup interested in opening CAR/CAT voting to individuals? Your home group has a voice. Collectively as an individual, you have a vote. The most important part is the CAR - Conference Agenda Report. Typically this region votes only by group. We have a voice in the direction that Narcotics Anonymous goes in.

If we open the voting up to individuals rather than just the groups our RD (Regional Development) can carry a clear conscious to the Regional level. Not many groups from our Area participate in these conversations. We send someone from our Region to represent us as a Fellowship and they aren't getting any input from our Area. GSR's are our messengers for questions, oppositions, write down your responses from your home group and a straw-poll will be conducted at the next Area.

The individuals make up the groups. The groups make up the Area. The Area groups make up Regions. Regions make up World. There are 71 groups in OK Region. Last year only 2 groups turned in a Car Report. That is not an accurate collective group conscious from our Area.

If you or your group is interested in learning about CAR/CAT reports, you can attend the Annual GSA (Group Service Assembly) that is coming up in February. \$30 per person or if the GSR of your group would like attend, consider asking your group conscious to sponsor your attendance.

TAKE BACK TO GROUPS & VOTE:

- Discuss the above mentioned Motion and bring back info to next Area, December 4th.

GSR REPORTS THIS AREA'S GROUP REPORTS ARE ATTACHED

DISBURSEMENTS: Region \$1600.721600.72 World \$0.00

Our yearly budget was reviewed for prudent reserve. The amount was \$1637.50. The prudent reserve will remain reserved at \$1700.00.

- ANNUAL RECONCILIATION \$1637.72 TO KEEP PRUDENT RESERVE AT \$1,700.00

ANNOUNCEMENTS:

Next EASC Meeting hosted by Peace of Mind on Sunday December 4th, 2022 at 1pm.

DECEMBER LOCATION IS TBD. SECRETARY WILL POST ON EASCNA FACEBOOK AND EMAIL WHEN CONFIRMED.

LOCATION TO BE DETERMINED. WILL SEND F/U EMAIL WHEN DETERMINED.

11am Sub-Committee Meetings

12pm Steering Committee

12:30 New GSR Orientation

1pm Business Meeting

PLEASE SEND 7TH TRADITIONS TO ONE OF THE FOLLOWING:

EASCNA

7107 S. Yale Ave #114

Tulsa, OK 74136

CASH-APP is also available

\$easc treasurer

PLEASE REMEMBER IT IS IMPORTANT TO PASS ON YOUR GROUP'S 7TH TRADITION IN ORDER TO FUND THE SERVICE STRUCTURE

CLOSING

Respectfully Submitted,

Kandice N.