

**EASTERN AREA SERVICE COMMITTEE of NARCOTICS ANONYMOUS**  
**www.eascna.org**

EASCNA  
 7107 S. Yale Ave  
 PMB #114  
 Tulsa, OK 74136-6308

The Eastern Area Service Committee (EASC) business meeting was called to order by: Chair - Corey T. on September 25th, at 1:00pm, in Tulsa, OK. A moment of silence, followed by the Serenity Prayer. The 12 Traditions were read by Val C., the 12 Concepts were read by Tim S., and the JFT Meditation was read by.

The roll was called and a quorum was established with the following voting members:

<u>Officer's</u>	10		
<u>Voting Officers</u>	8		
<u>GSR's or ALTS</u>	17		
<u>Voting Members</u>	25		
<u>VM (Simple Maj.)</u>	13		
<u>GSR's (Simple Maj.)</u>	9		
<u>2/3's</u>	17		

**Secretary -Kandice N.**

Minutes read and approved as read.

**Treasurer - Caitlin M.**

Ending balance on statement: \$ 5,207.77  
 Checks outstanding: \$2,828.00  
 Outstanding deposits: \$863.75+ \$150.00  
 Checkbook register balance: \$7,022.22

Prudent reserve: \$1,700.00  
 PR budget: \$ 961.75  
 PR Expenses: \$ 150.00, \$ 150.00  
 PR Budget Remaining: \$ 661.75

Activities budget: \$2,700.00  
 Activities expenses this month:  
 Activities Budget Remaining: \$ 2,700.00

Over prudent reserve: \$1,960.27  
 DONATIONS: \$ to Region, \$ 0.00 to World  
**Treasurer is writing check for the balance of the Bus Advertisement = \$900.00**

Will donate to Region/World next month.

## SUB-COMMITTEE REPORTS:

### Literature Chair - Kailee W.

	A	B	C	D	E	F	G	H	I	J	K	L	M	N	O	P	Q	R	S	T	U	V	W
1	READ at AREA																						
2																							
3	Inventory Date		9/13/22	(this comes from the Inventory worksheet - Ending Inventory column AG)																			
4																							
5	Inventory Total		\$3,683.72	(this comes from the Inventory worksheet - Ending Inventory total column AG)																			
6																							
7	Total Sales																						
8	Sale Value		\$1,671.95	(this number comes from the Inventory worksheet - Total Sold column AJ)																			
9	Taxes	0.08517	\$ 142.40	(these are formulas, you do not need to enter anything here, it will auto calculate from cell C6 above)																			
10	Shipping	6%	\$ 100.32	(these are formulas, you do not need to enter anything here, it will auto calculate from cell C6 above)																			
11			\$	1,914.67	Sum formula, Do NOT enter anything here																		
12																							
13	Total Receipts																						
14	Cash on Hand		\$ 247.15	(This number comes from the Bank Activity Report)																			
15																							
16																							
17																							
18																							
19																							
20	PM Cash on Hand			(Deposited in current month - enter as negative number)																			
21	Prepaid																						
22	Total Sale Deposits		\$2,118.91	(this number comes from the Bank Activity worksheet - Total deposits for the period)																			
23			\$																				
24				\$	2,366.06																		
25																							
26																							
27																							
28																							

### Activities Chair - Melissa C.

Needs members to be on the GNAonNYE. Please take to home groups. Email [eascna.activities@gmail.com](mailto:eascna.activities@gmail.com)

### H&I Chair - Brian C.

August amendment to August 2022 - report not received in time

## AUGUST 2022 MINUTES

H&I Chair - Brian C.

Vice Chair - Anniee W.

Secretary – Stephanie W.

Concepts – Bob V.

Traditions – Shawn

Roll Call - 8 Present

Reports:

Lit Report - \$424.95

Oriental Report – 3 men and 1 woman

Old Business:

Vice Chair Annie W. volunteered all in favor. She is now H&I Vice Chair for subcommittee,

Tulsa Boys Home intent to fill

DLM women Susie W. volunteered all in favor

Motion for key tags for women in recovery cedars, motion rescinded.

on lit= total used

New Business:

Sent out Applications for DLM, 1 person returned. More applications need to be given out. Bob talked to Chaplin. Chaplin will check on it.

Grand Addiction Center, TCBH, and Tulsa Boys Home are still not allowing a panel to come into their facility. A motion was made to buy a case of Basic Texts for Grand Addiction Center. All in favor. Motion passed. Monarch panel leader is requesting from EASC homegroups to donate Basic Texts to their facility, GSR's will be informed.

Panel Leader Updates:

ARC – Good, lots of panel members.

Creek Men – Going well. Need more panel members.

Creek Women – Great Always looking for new panel members.

HOH – All good

Monarch – Good

PCJ Men – Okay. Need support

PCJ Women – Good, need support

Valley Hope – Member step down. Need help with Tuesday panels.

WIR – Good. Getting more panel members.

Cedar – Good. Needs support.

EOM

### **H&I CHAIR - Brian C.**

#### **September:**

#### SEPTEMBER 2022 MINUTES

H&I Chair - Brian C.

Vice Chair - Annie W.

Secretary – Stephanie W.

Concepts – Robert

Traditions – Alex N.

Roll Call - 6 Present

#### Reports:

Lit Report – basic text on back order but still ordered anyways. Should be here in a week.

Bought: Basic text soft back x20 = \$243.00

    Behind the walls x20 = \$20.00

    #07 Am I an Addict x100 = \$25.00

    #16 For the Newcomer x100 = \$25.00

    #06 Recovery and Relapse x100 = \$25.00

    #19 Self-Acceptance x100 = \$25.00

    #11 Sponsorship x100 = \$25.00

    #23 Staying clean on the outside x100 = \$25.00

    #25 Welcome to NA x100 = \$25.00

    #1 Who What How and Why x100 = \$25.00

    Taxes=\$39.43

    Total Spent= \$502.43

Oriantator Report – Nobody showed up for orientation.

Old Business:

Sent out Applications for DLM, 1 person returned. More applications need to be given out. Bob talked to Chaplin. Chaplin will check on it.

Grand Addiction Center, TCBH, and Tulsa Boys Home are still not allowing a panel to come into their facility. A motion was made to buy a case of Basic Texts for Grand Addiction Center. All in favor. Motion passed. Monarch panel leader is requesting from EASC homegroups to donate Basic Texts to their facility, GSR's will be informed.

New Business:

Motion to order 20 soft back basic texts for Tulsa Boys home. All in favor. Motion passed.

Women and Children's is requesting a panel ASAP.

Heather Volunteered for panel leader. All in favor. Heather is the new panel leader for Women's and children's

Panel Leader Updates:

ARC – Good

Creek Men – Need people. Other than that its going well

Creek Women – Good

HOH – HOH report only going Great

Monarch – Absent

PCJ Men – Good. Always need support

PCJ Women – Good

Valley Hope – Good. Needs Support

WIR – Good. Have 3 solid ones

Cedar – Good. Need support

EOM

### **PR Chair - David C.**

PR September 2022

5 attending

Expenses- 150-MTTA, 150-MTTA,

Budget start: 961.75 Ending- 661.75

Need participants to fill various PR positions. Community Rack Coord. Meeting Lists Coord. Phonenumber Coord.

Community Rack Coordinator (IP Racks)

- Nothing to report.

Meeting lists

- Updated printable meeting list.
- Groups ensure you are emailing [eascna.webcontact@gmail.com](mailto:eascna.webcontact@gmail.com) of all meeting changes and closures. As always this is to ensure that phonline/meeting lists are up-to-date.

#### Phonline – Earnest P

- All updated and rearranged. Still need willing participants to be available on the phonline.
- 1 year clean-time requirement.
- PR will be providing Phonline orientation @ Area every month @1200

#### PR – Committee

- PR to communicate with facilities with correspondence about H&I, PR needs and thank you letters.
- If anyone Male or Female is willing to be placed on a temporary sponsorship list provided to outreach and HNI facilities. Presently have 13 male, 13 female temps.
- Monarch (Muskogee) is adding a mens facility. PR to contact them about a presentation.
- Area meeting info.. 43 groups, 129 meetings a week, 18.5 meetings a day
- 150 cards, meetings sheets to TCBH

#### Web Contact

- Sub-committee chairs should reach out to Web contact in regards to new sub-committee pages on EASCNA website via email@ [Eascna.webcontact@gmail.com](mailto:Eascna.webcontact@gmail.com)
- Web still need 2 moderators for EASCNA web page.
- ADHOC. Researched other coding systems or also thought about hand coding which would require more specific technical needs. Discussed appearance preferences.
- IF ANYONE IS INTERESTED IN BEING APART OF THE PR SUBCOMMITTEE PLEASE ATTEND. WE WOULD LOVE FRESH FACES AND IDEAS FOR OUR MISSION.

**OUTREACH - Lawrence S.**

September 2nd. Pryor Living Hope

Group had 11 in attendance. Group has been slowly gaining members in attendance.

Gave following literature

10 - staying clean on the outside IPs

September 23rd. Stillwater Serenity Seekers

Group had 13 members in attendance. This group has been slowly gaining attendance.

Gave following literature

20- white booklets

9- mental health in recovery IPs

Itinerary for outreach for October:

7th- Tahlequah living clean

22nd- Nowata other side of life group

Itinerary and meet departure times are posted on our Area website at [eascna.org](http://eascna.org) under activities.

In loving service

Lawrence S

**ORIENTATOR REPORT: Heather B.**

No Report

## **RCM - Brian B.**

Nothing new, please remember these few things:

- GSA has been voted on and moved to the third weekend in February. Please start announcing two groups.
  - Still have webmaster position available for Region. 4 year clean time requirement.
  - Next Region will be held October 9th in Duncan, OK at 706 E Ridley Road. Fellowship development starts sat 9am and regular business starts at 11am.
- 

## **Old Business:**

Elections remain the same. No new members willing to hold the positions.

## **ELECTIONS**

Still open: RCM Alt

In December: RCM Chair is open in January - voting in December- 2 year clean time requirement and Alt is expected to move into the RCM position at the end of the RCM Alt term.

## **GROUP SHARING:**

**(Time to share struggles and wins, not events)**

- BARB - needs members with clean time to be of service. Multiple members are sharing positions.
- BASS will be bringing back "poster days" call or text George W at 720-940-0974. This is something that the BASS group has decided to put together for that community and anyone is welcome.
- 2nd Chance Chrisitan - Needs to make 7th tradition monies and there are plenty of people in attendance. They will update their format to reflect the directions of the 7th tradition funds. George - suggests to hold a meeting over 7th tradition maybe once a month. It could help remind people that the doors won't stay open without the rent being paid. Brian B - the monies goes to carry the message to the addict who still suffers, not just the coffee, literature, etc.. Corey - suggests that the GROUP MEMBERS put forward their amount of clean time in the basket, monthly.

## **MOTIONS:**

**No motions brought forth at this Area**



### New business

This area voted that this area will be responsible for the Bus Advertisement. It has been coming out of the PR budget and that has been okay but at some point, Area does need to support that decision. This is part of the reason that groups need to understand that the 7th tradition money has to come in from the groups. **Treasurer is writing check for the balance of the Bus Advertisement = \$900.00**

There has been some misconception about the Area being in the negative. We have not touched the prudent reserve. There is still \$1,700 in the prudent reserve. We can touch that money if needed, but it has not been needed. If you or your group has any questions regarding this, please reach out to Corey T. at:

[Taftracing@gmail.com](mailto:Taftracing@gmail.com) or 918-829-4811

We have already recovered this month. Groups tend to hold onto their 7th traditions funds to support the busy activity season and then at the end of the season but then the donations will flow back in, which is already what is happening. Also - if your group has the funds to send up the service structure then please do so on a regular basis. Think about not paying your rent for 2 months and then paying 3 months at once. Calculate what it takes to keep your group open for a month, including your rent, add your prudent reserve. Anything that your group has at the end, send up the service structure. Eastern Area as a whole is doing great passing on our 7th traditions.

Locations of Area - this has created a scramble for the last 2 month. Next month will be hosted by Claremore and they will host. See location at bottom of minutes. Remember - the Nov & Dec are together - combined - and will be held the 1st Sunday of December, December 4th, for both months then will resume in January as regularly scheduled. Nov & Dec Area will most likely be held at Jimmy's Place. There will be a sign-up page of where YOUR GROUP wants to host Area. It is the group's decision to find a meeting place for Area that month. If no group has signed up for the month it will be up to the Executive Committee to find a location. Groups will be reimbursed \$25.00 for supplies.

Central line of communication for Area is on Facebook Messenger. If you don't FB you can reach out to Area Chair.

New group - Robert is from Chelsea, OK. Freedom of Addiction

340 W 6th St. Chelsea, OK 74016

Meets on Mondays/ Wednesdays/ Fridays/Saturdays at 7:30pm - 8:30pm. Open meeting. Group C will be held on Monday Sept. 26th and more decisions will be made about the group. Currently 7 members who have been in attendance. At the next Area, your group will be a voting group.

### **TAKE BACK TO GROUPS & VOTE:**

**\*\*\*NO VOTING TO GO BACK\*\*\***

- Needs members to be on the GNAonNYE. Please take to home groups. Email [eascna.activities@gmail.com](mailto:eascna.activities@gmail.com)

- Heather B. needs panel members for Womens & Childrens Facility. Most likely it will be on Mondays at 5pm. Please contact Heather B at 405-923-3930 WOMEN ONLY
- WIR Cedars Thursday 6pm panel leader Stephanie W. is 918-899-1473 WOMEN ONLY
- H&I Panel Monarch in Muskogee is requesting donations of BT's from home groups. Softback books would be best.
- A flier has been made for groups to sign-up for the Holiday Marathon Meetings.

### GSR REPORTS

**THIS AREA'S GROUP REPORTS ARE ATTACHED**

**DISBURSEMENTS:**    Region \$0.00      World \$0.00

**Treasurer is writing check for the balance of the Bus Advertisement = \$900.00**

### **ANNOUNCEMENTS:**

Next EASC Meeting hosted by Claremore Group on Sunday October 30th, 2022 at 1pm.

**416 S Brady St. Claremore, OK**

**Claremore Expo Building**

11am Sub-Committee Meetings

12pm Steering Committee

12:30 New GSR Orientation

1pm Business Meeting

**PLEASE SEND 7TH TRADITIONS TO ONE OF THE FOLLOWING:**

EASCNA

7107 S. Yale Ave #114

Tulsa, OK 74136

CASH-APP is also available

\$easctreasurer

**PLEASE REMEMBER IT IS IMPORTANT TO PASS ON YOUR GROUP'S 7TH TRADITION IN ORDER  
TO FUND THE SERVICE STRUCTURE**

**CLOSING**

Respectfully Submitted,

Kandice N.

