

EASTERN AREA SERVICE COMMITTEE of NARCOTICS ANONYMOUS

www.eascna.org

Post Office Box 114 Tulsa, OK 74101

The Eastern Area Service Committee (EASC) business meeting was called to order by: Vice - Chair - Alex N. on August 28th, at 1:00pm, in Tulsa, OK. A moment of silence, followed by the Serenity Prayer. The 12 Traditions were read by Mark M., the 12 Concepts were read by Brian C., and the JFT Meditation was read by Shelby.

The roll was called and a quorum was established with the following voting members:

<u>Officer's</u>	8		
<u>Voting Officers</u>	7		
<u>GSR's or ALTS</u>	23		
<u>Voting Members</u>	30		
<u>VM (Simple Maj.)</u>	16		
<u>GSR's (Simple Maj.)</u>	12		
<u>2 / 3's</u>	20		

Secretary -Kandice N.

Minutes read and approved as read.

Treasurer - Caitlin M.

Ending balance on statement: \$5,215.87
Checks outstanding: \$641.23 and \$104.22
Outstanding deposits: \$5952.87
Checkbook register balance: \$5207.37

Prudent reserve: \$1,700.00
PR budget: \$ 1,191.75
PR Expenses: \$ 10+150+70
PR Budget Remaining: \$ 961.75

Activities budget: \$2,700.00
Activities expenses this month: \$0.00
Activities Budget Remaining: \$2,700.00

Over prudent reserve: \$ -154.38
DONATIONS: \$ to Region, \$ to World

- Rack project is complete.
- Can get with Regions fellowship development for participation.

Meeting lists

- Updated printable meeting list.
- Groups ensure you are emailing eascna.webcontact@gmail.com of all meeting changes and closures. As always this is to ensure that phonenumber/meeting lists are up-to-date.

Phone Line – Earnest P

- All updated and rearranged. Still need willing participants to be available on the phone line.
- 1 year clean-time requirement.
- PR will be providing Phone Line orientation @ Area every month @1200

PR – Committee

- PR to communicate with facilities with correspondence about H&I, PR needs and thank you letters.
- If anyone Male or Female is willing to be placed on a temporary sponsorship list provided to outreach and HNI facilities. Presently have 13 male, 13 female temps.
- Monarch (Muskogee) is adding a men's facility. PR to contact them about a presentation.

Web Contact

- Sub-committee chairs should reach out to Web contact in regards to new sub-committee pages on EASCNA website via email@ Eascna.webcontact@gmail.com
- Web forming ADHOC committee for website redesign. This would be to bring website up to date with the times.
- IF ANYONE IS INTERESTED IN BEING APART OF THE PR SUBCOMMITTEE PLEASE ATTEND. WE WOULD LOVE FRESH FACES AND IDEAS FOR OUR MISSION.

OUTREACH - Lawrence S.

8-1 Wagoner

Monday night's meeting is doing well. Thursday night meeting could use support. Gave following literature:

10- staying clean on the outside IPs

10- triangle of Self-Obsession IPs

10- self acceptance IPs

10- am I an addict IPs

10- for the newcomer IPs

10- just for today IPs

10- welcome to narcotics anonymous IPs

10-mental health in recovery IPs

20- white booklets

8-12 Okmulgee lost and found

Stayed outside of the facility til 715p. Nobody showed up to open the meeting. Talked to a previous home group member that stated this has been an ongoing situation. I'll look more into this.

8-20 Sapulpa

There were 13 people in attendance. Gave the following literature:

10- sponsorship IPs

10- staying clean on the outside IPs

10- mental health in recovery IPs

10- white booklets

2- basic texts

1- it works how and why

1- Step Working Guides

8-26 Turley

Meeting needs support. There were 7 people in attendance on birthday night.

New outreach itinerary is going to twice a month instead of weekly visits. Meetings under 10 in attendance will become our primary focus, but will still do what we can in our area to support all groups. Outreach could use support. Subcommittee has consisted of the chairperson. Average of supporting members attending outreach visits has been 2 people.

Itinerary for outreach for the months of August through November. We meet at 918 coffee shop at 2446 E 11th st.

9-2 Pryor Living Hope (Friday at 6p)

Meet at 445p

Depart at 5p

9-23 Stillwater Serenity Seekers (Friday 7p)

Meet at 515p

Depart at 530p

10-7 Tahlequah living clean (Friday 7p)

Meet at 515p

Depart at 530p

10-22 Nowata the other side of life group Saturday (630p)

Meet at 515p

Depart at 530p

11-19 Okmulgee the way out group

(Saturday 730p)

Meet at 615p

Depart at 630p

11-26 subcommittee meeting at 445p - 5p

11-26 Sapulpa first things first (Saturday 6p)

Meet at 5p

Depart at 515p

In loving service

Lawrence S

ORIENTATOR REPORT: Heather B.

3 men orientated and one woman panel leader oriented to take over the Monarch panel. Next Orientation is Saturday September 10th at 5:30pm at Jimmy's Place 6530 E 21st St. Suite E.

RCM - Brian B.

Old Business:

- Alex N. is now the Area Vice Chair.
- Intent to fill positions:
- Fellowship development - (4 years)
- Archives - (7 years)
- Web - (4 years)
- RCM Alt - 2 years clean 2 year commitment
- Location still needs to be found to hold future Sub-Committees and Areas.

ELECTIONS

- Cory T. stepped down as Area Chair - Tim S. nominated Mark M. to be Area Chair. Mark M asked all questions pertaining to the position stated. Once out of the room, Lawrence stated that this is not a scheduled election time. He stepped in at the middle of a term and today is his 2 years in the position. Josh stated that if there is a motion and a seconded motion then we can vote on it today. Everyone voted - 3 abstained and the remainder in favor. Mark M is now Area Chair.
- Area Vice Chair - If Alex N. is willing to stay, he can stay. Is anyone else here to be EASCNA VC? No. Alex N. is willing. Voted - 0 against, 1 abstention, all others in favor. Alex N remains in the VC position.
- Treasurer - 2 year clean time requirement. Kaitlin remains willing and has 1 year left on commitment. Will re-elect Treasurer term in October 2023. Voted - 0 against, 2 abstention, all others in favor.
- Kaitlin remains in Treasurer position
- Secretary - 2 year clean time requirement. Kandice N remains willing and has 1 year left on commitment. Will re-elect Secretary in October 2023. Secretary stepped out of the room for voting and was unable to record votes.
- ALL GSR'S TAKE THE ELECTIONS ARE OPEN AND WILL BE NOMINATED NEXT MONTH IN SEPTEMBER 2023. IF NO ONE COMES BACK IN SEPTEMBER TO STEP UP FOR ELECTIONS THEN ALL ABOVE SHALL REMAIN THE SAME AS ABOVE.

OPEN POSITIONS AVAILABLE ARE:

EASCNA Chair
EASCNA Vice - Chair
EASCNA Secretary
EASCNA Treasurer
EASCNA RCM Alt

GROUP SHARING:

(Time to share struggles and wins, not events)

- KCB coming back in Coweta Mondays
- Christian asked how each group handles the choosing of the speaker for birthday meetings. All groups gave input. Ultimately it's the group's decision how to handle it.

MOTIONS:

- No motions brought forth at this time.

New business

- KCB coming back in Coweta Mondays
- The Workshop has moved addresses:
Monday @ 6p 2915 E 5th St.

TAKE BACK TO GROUPS & VOTE:

No Vote - take elections back to your groups to inform them of open positions.

**GSR REPORTS
THIS AREA'S GROUP REPORTS ARE ATTACHED**

DISBURSEMENTS: Region \$0.00 World \$0.00

ANNOUNCEMENTS:

Next EASC Meeting hosted by Southside Recovery on Sunday September 25, 2022 at 1pm.

******LOCATION TO BE DETERMINED******

11am Sub-Committee Meetings
12pm Steering Committee
12:30 New GSR Orientation
1pm Business Meeting

PLEASE SEND 7TH TRADITIONS TO ONE OF THE FOLLOWING:

EASCNA

7107 S. Yale Ave #114

Tulsa, OK 74136

CASH-APP is also available

\$easctreasurer

**PLEASE REMEMBER IT IS IMPORTANT TO PASS ON YOUR GROUP'S 7TH TRADITION IN ORDER
TO FUND THE SERVICE STRUCTURE**

CLOSING

Respectfully Submitted,

Kandice N.

