EASTERN AREA SERVICE COMMITTEE of NARCOTICS ANONYMOUS www.eascna.org Post Office Box 114 Tulsa, OK 74101

The Eastern Area Service Committee (EASC) business meeting was called to order by: Chair - Cory T. on July 31,2022 at 1:00pm, in Tulsa, OK. A moment of silence, followed by the Serenity Prayer. The 12 Traditions were read by Christian, the 12 Concepts were read by Jerry, and the JFT Meditation was read by Brian.

The roll was called and a quorum was established with the following voting members:

Officer's Voting Officers GSR's or ALTS Voting Members VM (Simple Maj.) GSR's (Simple Maj.) 2/3's	9 7 16 23 11 9 15	8 6 17 23 12 9 15	

Secretary -Kandice N.

Minutes read and approved as read.

Treasurer - Caitlin M.

Ending balance on statement: \$ \$5,509.31

Checks outstanding: #2762 - \$25.00 JAH #2765 - 130.00 Jimmy's Place

Outstanding deposits: \$ 386.17

Checkbook register balance: \$5,215.87

Prudent reserve: \$1,700.00 PR budget: \$1,91.75 PR Expenses: \$ 0.00

PR Budget Remaining: \$1,191.75

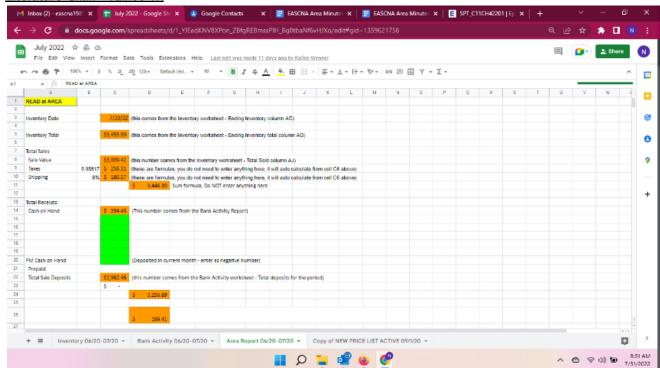
Activities budget: \$2,700.00

Activities expenses this month: \$0.00 Activities Budget Remaining: \$2,700.00

Over prudent reserve: \$-375.88 (negative) DONATIONS: \$0.00 to Region, \$0.00 to World

SUB-COMMITTEE REPORTS:

Literature Chair - Kailee W.



Activities Chair - Melissa C.

Nothing to report from last month.

I am looking for groups to sign up for marathon meetings. Also, I am looking for artwork and theme ideas for GNA on NYE.

Thank you

Melissa Casey.

H&I Chair - Brian C.

H&I JULY 2022 MINUTES

H&I Chair - Brian C.

H&I Subcommittee July 31, 2022

Vice Chair - Anniee W.

Secretary - not present, Kandice N filling in.

Concepts - Jason B.

Traditions - Bob V.

Roll Call - 8 Present

Lit Report - \$10.00 spent \$600.00

Orientator Report - 7 oriented

Old Business - No old business

New Business -

- DLM all applicants have been denied, including Panel Leaders. PL's that were voted in, in July will no longer be the PL's. We will restart when we get people approved and Brian has brought applications to be filled out with instructions and requirements. 1-2 will be given to each home group to take back for volunteers. DLM Men is Th @5 Women T@5
- Remove DLM off of the list for now.
- Brian suggested to take a case of books for each facility that we are not currently in. Right now, DLM, TCBH, and 12&12 take in a case a month for each facility. Cases cost \$316.00 each. We could fund from Sub-committee or ask GSR's to take back to groups to sponsor. We are supposed to be carrying the msg into facilities and it is
 - DLM all in favor buy a case of BT's for DLM
 - Monarch Panel Leader has stepped Mandi C. is here and willing to take over the panel.

Anniee W. asked questions from by-laws and all in favor. Mandi C. is now the PL for Monarch Treatment Facility.

Panel Leader Updates:

- ARC good to go
- Creek County Men good. Reliable panel.
- Creek County Women going good, have more that have backgrounds submitted and should have

a full panel for every week.

- House of Hope good
- Monarch good
- PCJ Men Good. Need to have the orientator stress that there is a dress code going into the jail.

Capris are okay, no shorts. No revealing shirts, no hats, no political no derogatory, No gang colors.

- JCJ Women going good. Same as above. Has a full panel right now
- Valley Hope Wonderful
- WIR Good.

PR Chair - David C.

PR July 2022

6 attending

Expenses-

Budget start: 1181.75 Ending- 1181.75

Community Rack Coordinator (IP Racks) -: -

- Region has progressively moved forward with racks.
- Rack project is almost complete.
- Kelsey to get with rack participants to verify access and willingness.

Meeting lists

- Updated printable meeting list.
- Groups ensure you are emailing eascna.webcontact@gmail.com of all meeting changes and closures. As always this is to ensure that phoneline/meeting lists are up-to-date.
- Talked with Outreach about meeting changes.

Phoneline - Earnest P

- All updated and rearranged. Only presently have 9 willing participants available on the phoneline.
- Phoneline does need participants, 1 year clean-time requirement.
- PR will be providing Phoneline orientation @ Area every month @1200
- Phoneline will be re-recorded with 1 address per meeting.
- Orientation day. Aug 27 th 1-3 pm @ Jimmys place

PR – Committee

- PR to communicate with facilities with correspondence about H& I, PR needs and thank you letters.
- If anyone Male or Female is willing to be placed on a temporary sponsorship list provided to outreach and HNI facilities. Presently have 13 male, 13 female temps.

Web Contact

- Sub-committee chairs should reach out to Web contact in regards to new sub-committee pages on EASCNA website via email@ Eascna.webcontact@gmail.com
- IF ANYONE IS INTERESTED IN BEING APART OF THE PR SUBCOMMITTEE PLEASE ATTEND. WE WOULD LOVE FRESH FACES AND IDEAS FOR OUR MISSION.

Web Contact - Amanda W.

Outreach Chair - Lawrence S.

• July 1st - Stillwater

Group could use support. Gave them 20 white booklets

• July 7th - Muskogee

Meeting is growing. Now meeting on Saturday as well as Tuesday and Thursday. There were 14 in attendance. Gave them 5 white key tags.

• July 15th - Vinita

Meeting has grown substantially from the last time outreach visited. 20 people in attendance. Gave them the following literature:

20- white booklets

10- JFT IPs

10- Triangle of Self-Obssesion IPs

10- Am I an Addict IPs

10- Mental Health in Recovery IPs

• July 29th - Tahlequah

Small meeting. Could use support. 6 people in attendance. Gave the following literature:

10- Welcome to Narcotics Anonymous IPs

10- Am I an Addict IPs

10- Triangle of Self-Obssesion IPs

10- Mental Health in Recovery

10- For the Newcomer IPs

20- white booklets

3- 30 day key tags

Next subcommittee meeting is on August 20th.

No literature order for month of June. Will include July's order will be on next months minutes.

In loving service,

Lawrence S

RCM - Brian B.

Intent to fill positions:

Fellowship development - (4 years)

Archives - (7 years)

Web - (4 years)

- \$500 to each area from region for helping carry message
- \$200 from region to help for workshop/learning
- Southern 5th requested \$500 for zoom equipment
- Donated \$2500 zone / \$5500 world

Next Region August 14, 2022

902 S Detroit Sun building Tulsa, OK

9:00am fellowship development

11:00am business

ORIENTATOR REPORT: Heather B.

• Our regularly scheduled orientation on July 9th there was 1 person oriented. On the 10th an extra orientation was done in Stillwater resulting in another 6 people being orientated. Total of 7 new members oriented for H&I July 2022.

Old Business:

- New Group The Workshop Monday 6pm at 6333 E Skelly Dr in the Buddy Room. Open format, literature based.
- RCM Alt intent to fill
- Area Vice Chair intent to fill

ELECTIONS

- RCM Alt intent to fill 2 year clean time requirement
- Area Vice Chair Alex N. volunteered Chair asked questions from by-laws. All in favor, Alex N. is now the Area Vice Chair.

GROUP SHARING:

(Time to share struggles and wins, not events)

- POM has group chat and some have been offended due to things said. Question "do we apply Traditions in the chat?" Answer Steve- We apply Traditions in all of our affairs. Brian C suggested admins be in place. Brian B stated that the group chats are "porch talk" and do not have to follow Traditions. Alex N stated that its not a group C. Christian suggested have a conversation in person with the person(s) who get offended and encourage to still be a part of.
- What is a "group chat" Chair explained that often times it is formed between group members to talk between themselves in the event someone isn't able to chair or something of that nature. You must be invited or start the chat. Brian C. suggested Guide to Local Services. Christian in his HG all you have to do is join as a HG member and you're in. George their Group C got together and decided together what their chat will be utilized for.

MOTIONS:

No Motions brought forth.

New business

• Alex N. is now the Area Vice Chair.

TAKE BACK TO GROUPS & VOTE:

None.

GSR REPORTS THIS AREA'S GROUP REPORTS ARE ATTACHED

DISBURSEMENTS: Region \$0.00 World \$0.00

ANNOUNCEMENTS:

Next EASC Meeting hosted by Southside Recovery on Sunday August 28th, 2022 at 1pm. 907 S Detroit Ave.

11am Sub-Committee Meetings12pm Steering Committee

12:30 New GSR Orientation 1pm Business Meeting

PLEASE SEND 7TH TRADITIONS TO ONE OF THE FOLLOWING:

EASCNA 7107 S. Yale Ave #114 Tulsa, OK 74136

CASH-APP is also available \$easctreasurer

PLEASE REMEMBER IT IS IMPORTANT TO PASS ON YOUR GROUP'S 7TH TRADITION IN ORDER TO FUND THE SERVICE STRUCTURE

CLOSING

Respectfully Submitted,

Kandice N.