EASTERN AREA SERVICE COMMITTEE of NARCOTICS ANONYMOUS www.eascna.org Post Office Box 2243 Owasso, OK 74055

The Eastern Area Service Committee (EASC) regular business meeting was called to order by the Chair, Corey T., on March the 26th 2017 at 1:00 pm, in Pryor, OK. A moment of silence and the serenity prayer followed.

The 12 Traditions, 12 Concepts and Just for Today were read.

The roll was called and a quorum was established with the following voting members;

Officer's GSR's or Alts Voting Members VM (Simple Maj) GSR's (Simple Maj) 2/3

The secretary read the minutes and they were amended.

• Year on minutes was still 2016. Corrected

Treasurer's Report: Reported by Susan

See Attachment

SUB-COMMITTEE REPORTS:

Literature: Gizzy

Lit Office is working with HNI subcommittee to start holding inventory to suite HNI need rather than ordering from LSRSO; We anticipate to start selling to EASC HNI in May2017. See Attachment for full report

Activities

- Area welcoming committee
 - 12:30-1 open forum Q & A
- Activities feels it would be prudent to develop new activities best suited to serve out area

H & I (Hospitals and Institutions): Reported by Hollie

17 panels present 3 report only

Old business:

DRT discussion, came up with wording to be brought back next month to area as a motion to change the orientation package for h&i.

East Star intends to fill. To bring h&i panel into the facility whose children are born addicted. Looking for women to go with me

New business:

TTC Mike S step-down facility on hold no one has been showing up Hollie will contact coordinator Rhonda to see if and when facility will be ready .

H&i literature:

Craig has put forth a suggestion that we simplify the IP distribution to five or six IP's in order to lower budget for h&i. All I please will be ordered through the literature office. Tulsa Boys Home will be looking for groups to donate basic text for the facility. Updates. All panels represented are doing well. Intends to fill Payne County Jail

<u>PR (Public Relations)</u>: Reported by Angie No report given

Web Contact: Tony K.

See Attachment

Email address change- Don't forget! The new email address is <u>web@easc.org</u> Email all items to Tony so he may have a point of contact: web@eascna.org

- o To contact all EASC trusted servants; the email address is trusted@eascna.org.
- Subscribe to EASCNA Announcements via Email! Go to <u>www.EASCNA.org</u>, scroll to the bottom of the page and enter your email address to receive occasional announcements made by EASCNA.

Outreach: Reported by Mike S.

We had one mobile meeting and two Outreach trips this month.

A mobile meeting was requested by a member that just had heart surgery and is homebound for two weeks. The team took her a meeting and has one more set up for next week.

Outreach visited the Pawhuska group twice. They asked for some help getting some basic text. I put the word out to the fellowship and we were able to take them six basic text to I W H & W & 2 step working guides. Thank you sharing n Recovery, Living Room group from Norman and the few individuals that donated this literature. It went to some grateful recovering addicts there were learning the anyway of recovery.

Also, I want to say it again that I will be stepping down as Outreach chair next month at elections. I have held this position for two years and in the spirit of rotation it is time to do something else. I'm willing to help somebody learn the position.

Outreach traveled a total of 236 miles this month. I am not asking for any disbursement at this time. It is a privilege to be of service.

Outreach chair Mike S 918-951-9685

On Apr 10, 2017 2:20 PM, "Jamie Wood" <<u>jamiecwood1979@gmail.com</u>> wrote: 17 panels present 3 report only

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<u>RCM Report:</u> Reported by Ed

There has not been a regional meeting since or last area meeting so I don't have much to report. We do have the positions open I reported last month and or secretary had to step down so we have an intent to fill for that.

Don't forget to get your literature surveys sent in.

Next regional meeting will be April 9th in western area not sure where yet.

That's it for now ,if I have forgotten anything I will bring it to area.

Regional Delegate Report: Available at okna.org. * Ok region minutes. The password is service

OLD BUSINESS-

Discussion regarding recended motion concerning Area Budget.

How does the budget work? What is the breakdown of the expenses verses the prudent reserve difference? Responses, Prudent reserve is set at 1700 which is approximately 2.5-3 months operating expenses, reason being activities and pr budget accrue and must therefore be taken out. Pr has had a higher budget because the entry fee to do certain presentations in the past has been several hundred dollars. They are both taken off in case both committees needed their budget at the same time. Maybe an adhoc could look at our current budget and determine if it is still the best course of action for our area or needs revision

Adhoc Committee to be chaired by Earnest as a point of contact. That being said anyone can be and is encouraged to be involved. We all have different skill sets we can bring to the table that can be helpful. This process could take a few months and the committee will bring it's findings to area business meeting upon completion.

Discussion regarding rescinded motion concerning Area Inventory:

A motion was made stating that current area committee isn't knowledgeable on procedures and that are is missing out on it's most important job, how to serve the groups and the addict still suffering. This motion was withdrawn after the decision to move forward with the inventory process next month was made in an effort to expidite the process before elections in April. Thus giving our next trusted servants an opportunity to have clear goals and procedures for their term in mind before accepting said position. In an effort to clarify what it is we would like to accomplish by this I am including an excerpt from, "A Guide to Local Service". Page 61 Also a separate email has been generated and sent out in an effort to help get the ball rolling. This will take everyones cooperation and participation.

"Some area committees set aside one day each year for conducting an area service inventory. Why? For much the same reason as NA members do personal inventories: to stop, consider their actions and attitudes, and rededicate themselves to their ideals. The area inventory considers three general topics:

- 1. How well has the area committee done this year at serving the groups, and how can it better serve them in the year to come?
- 2. How well has the area committee served the larger community, and hoe can the committee better serve the community-at-large?
- 3. How well has the area committee done at supporting NA's regional and world services? How can the area provide better support for these services?

A substantial amount of preparation is required on everyone's part for an effective inventory. GSR's, officers, and subcommittees must take a fearless look at their work over the last year and come

to the inventory session prepared to review their roles on the committees. GSRs should spend time with their groups considering what needs might be addressed by the area committee in the next year and come to the inventory session with ideas in hand. Officers and subcommittees should take the time to look at the make-up of the larger community in which they live, ask themselves how NA could be more effective in reaching out to that community, and be prepared to share their thought with the entire area committee. And perhaps most importantly, all area committee participants should make an extra effort to prepare themselves spiritually to make the most of the area inventory meeting. Materials available from your World Service Office may provide additional help, especially in developing an agenda for your inventory session."

March Area will be an Inventory Session- We will be in Pryor next month. Sub committee will still meet at 11 at their regular time. Area will start at 1as usual.

- Sponsorship Behind The Walls discussion: There are positions starting to be filled for this new service. Tulsa is one of the locations being considered as a hub for a P.O. Box and a scanner, coordinator will be needed if chosen. 3 year clean time is the current requirement subject to more discussion as this develops.
- H&I DRT Discussion: Defining exactly what is a DRT (Drug Replacement Therapy) as in a list of specific medications being a very complicated thing to do, also new drugs will continue to be developed. This has become a problem of individuals on DRTs asking to do H&I. We must take seriously the need and responsibility to carry a clear Narcotics Anonymous message into our jails and institutions. H&I requires 90 days clean to participate in H&I. H&I committee will continue to develop a procedure to have in place to be added to their guidelines. The sub committee vote was 18 For 0 Against to have put this is place that not days clean from DRTs is to be the requirement to participate on an H&I panel.

NEW BUSINESS-

I am putting the area inventory worksheet here so it will be easier to refer to our groups feedback as all the responses are reffering to the question number. As always if you have any questions or the committee can be of service please don't hesitate to contact us. I apologize for not being in attendance last month and the delay getting these out.

1. Does your ASC maintain an active welcoming committee for new GSR's to introduce them to area service and inform about their responsibilities?

2. Are new GSR's made familiar with your area service guidelines, area subcommittee guidelines, and other information which may aid them in their service work?

3. Do your GSR's cooperate and assist their alternates, teaching them how to prepare to carry on the duties of the GSR position?

4. Do area service members pass on their experience to other that will follow?

5. Do area service members take their roles as trusted servants, responsibly?

6. Does your ASC help fulfill our primary purpose?

7. Does the area, as a whole, help to fulfill our primary purpose?

8. Do the subcommittee's function as they are intended? Does this ASC and area support them?

9. Do you base your elections of all trusted servants based on the person's willingness, ability, past experience, available time stability, and other relevant factors? Do you remember to place the common welfare first?

10. Does this area follow through when those that have been elected are not fulfilling their responsibilities to the area? Are you correcting the situation and those positions with people who are willing and able to carry out their tasks?

11. Does your area support Region and its committees? Does your area support other area's and their events within the Region?

12. So your groups know all that the basket is for? Does your area handle NA funds properly? Do you keep the fund flow moving?

Broken Arrow- no questions all good

Claremore- no questions all good

Collinsville- no participation

Cushing-number 3 group concern not area number

9 does well number

11 somewhat very little happy with Services provided and how it operates

It Works- happy with how area ran would like to see more stuff about? And training of GS r

First things first- happy with what area does likes the new group package

More hardcore- GSR orientation needed # six yes but change format and putting groups first not last, provide copy of bylaws

Northside stroll- not much time, other topics for discussion, questions that were given were good responses

Owasso- blank for area that we have would like group discussions brought up and also have GSR orientation Peace of mind-all good h&i & lit chair give more report GSR training needed more discussion about basket affect at area Second Chance- happy with how area is going # 12 PR budget seems too much and needs reexamined Sharing n recovery # one RCM needs to do workshops biannually #2 no see number one # 3 not an area question #4 no but it should number #5 no TS should know by laws warm body syndrome # 6 yes PR h&i Outreach is great #7 see number 6 #8 no ASC support where it can # 9 no bye laws and Concepts not just popularity # 10 no treasure or not present for 5 months surgery convention doesn't give excuse for not being present all rules must be followed by all the same #11 yes same 6 people need to go to RSC all subcommittee need to go to region #12 no area has over expenditures Solutions- no concerns given to GSR Southside- #one being addressed everything is great Spiritual connection- # one being addressed #2 GSR training Tulsa original group- #one GSR orientation meeting Ultimate Weapon- no input Walk your talk- learning day offered Eastern Area services will GSR training needed Westside group- all good Recovery at work -# one welcoming, GSR training and orientation alternates is Group Issue, pass on experience psa or poster day, fund flow not currently occurring RCM- # one no being addressed # two no #three no #four most of the time generally # 5 ves #6 yes #7 yes #8yes room for improvement # 9 yes #10 yes #11 no #12 yes PR- learning and asking questions H&I-# one no being addressed #2 no # 3 group responsibility #4 No. #5 yes #6 ves # 7 yes #8 yes #9 ves #10 situational #11 yes but improving #12 yes Activities- Committee looking at new ways to help asc gsr welcome larger committee than they've had in years Literature- #one two and three group responsibility #4 yes 5 yes 6 yes 7 yes 8 yes 9 currently

10 yes 11 no 12 Treasurer- #1 through 3 na yes to all 11 do better 12 skipped over some Outreach -look at budgets Vice-chair -#11 room for improvement Chair- thanks for the inventory, bylaws outdated

Discussion- groups accountable to but they also provide services so groups are there to have meetings concept 3 and 6, groups have to be responsible for elections, who's missing? 90% Tulsa or suburb, GSR orientation tools, provide more group support time, trusted servants responsibilities and training, phone list, hand off to next committee, extend resources, learning day, learning day participation, fund flow, update bylaws

NEW MEETING:

Small Town Serenity Spavinaw, Ok Corner of Center and Miranda (Living Water Assembly) 7 pm Mondays Open meeting, BT Study, 3rd Monday step study

GROUP SHARING:

IT Works- could still use help from men with experience as they have a lot of Tulsa Boys home attendance. Group is still struggling fiancialy

Double Trouble- Pryor groups are coming together as one group under the name Double Trouble Warriors. Friday night meeting has been moved back to 6 pm instead of 530 pm. Easter Egg Hunt April 9th at the Pryor Witaker Park

DISPERSMENTS-

Regional Donation: 0

GSR REPORTS:(In the interest of time, please consider limiting GSR reports to activities, announcements,
and/or changes to meetings.)BARB of NA - - Birthday meeting last Tues of month, Speaker @ 7:30 pm
Bartlesville The Other Side Group - - group c. 2nd Wednesday @8Blind Faith-
Bristow N.A.-Broken Arrow Serenity Seekers - B'day meet last Thurs; eat @6:30, speak @7pm;
Claremore NA - B'day meeting first Thurs of the month, eat at 7, speaker at 8.Clean Slate-
Collinsville Crosswins-
Cushing Connection.- Birthday meeting 3rd Sun of the month @ 3:30 pmcj:11/2015
Foyil N.A.-- Group c. is the last Monday of the month
Hump Day Group - B'day last Sunday of the month @ 7pm

It Works – Birthday meeting last Tuesday of the month @ 6:30 Just Another Hour – Birthday meeting 3rd Fri @ 10:30pm eat, 11:00 speak Just For Today- Mcallister-Just For Today- Tahlequah-Just In Time-**Keep Coming Back-**Krazy But Klean- Vinita- B'days first Sat of the month @ 6pm Let Your Light Shine-Living Clean-Lost and Found Group-Okmulgee-**McIntosh Group-Eufaula-Meeting Group-**More Hardcore Revealed –Birthday meeting third Thurs of the month 6 pm NA A Risin – B'day meeting 2^{nd} Sat of the month, eat 6:30am, speak at 7am Noontime Connection – Birthday meeting last sat of the month, @ noon North Side Stroll - Birthday meeting last Mon @ 7pm New Beginnings- Miami---Birthday meeting Last Tuesday of the month at 6pm **Owasso Gratitude Group-** – B'days 2nd Friday of the month @ 7:00 pm. Peace of Mind —Birthdays last Friday of the month at 6:30 Sapulpa N.A.-- Birthday's last Tuesday of the month Second Chance – B'days 4th Friday of the Month, 8:30 eat, speaker 9pm **Sharing In Recovery** – Birthdays last Saturday of the month, @ 7 pm **Solutions** – B'day meeting 3^{rd} Tues @ 7:30 Southside Recovery – B'days 2nd Tuesday @ 6:30 pm Spiritual Connection – B'days 3rd Sunday of the month @ 10 am Stone Cold Clean – B'days last Thursday of the month @ 7pm, eat before Stand By You-- meets Monday's at 6-7 and 7:30-8:30pm 405 SE 2nd St. Pryor,OK The Other Side Group Nowata-.- Birthday meeting the last Saturday of the month eat at 6 speaker at 7 **Tulsa Original Group** – B'days 4th Sunday of the month @ 6 pm Ultimate Wepon Muskogee-Up and Coming Group-Walk Your Talk– Group c 4th Saturday at 4 Weekend Warriors Pryor – B'day third Sat @ 6pm Westside Group – Birthday second Saturday @ 5pm

Announcements:

Next Area

04/30/17 EASC Meeting hosted by Owasso Gratitude Group at 907 S. Detroit Tulsa, Ok. Sun Bldg 11am sub-committee meetings, 12 will be Steering Committee 1pm business meeting

See attachments for this months flyers of events!

<u>Closing:</u> Since there was no further business to be brought before the groups, the meeting was adjourned and closed with a moment of silence.

Respectfully submitted, Jamie W..