

EASTERN AREA SERVICE COMMITTEE of NARCOTICS
ANONYMOUS
www.eascna.org
Post Office Box 2243
Owasso, OK 74055

The Eastern Area Service Committee (EASC) regular business meeting was called to order by the Chair, Corey T., on April the 30th 2017 at 1:00 pm, in Tulsa, OK. A moment of silence and the serenity prayer followed.

The 12 Traditions, 12 Concepts and Just for Today were read.

The roll was called and a quorum was established with the following voting members;

Officer's	8	8
GSR's or Alts	23	22
Voting Members	31	30
VM (Simple Maj)	16	16
GSR's (Simple Maj)	12	12
2/3	21	20

The secretary read the minutes and they were approved.

Treasurer's Report: Reported by Susan

Beginning Balance	2511.61
Revenue	1260.36
Expenses	296.07
Account Balance	3572.16
Prudent Reserve	1700.00
Budgeted	811.00

SUB-COMMITTEE REPORTS:

Literature: Gizzy
See Attachment

Activities

GSR Welcoming Committee started
Discussed Learning Days
Passed out workshop suggestions

H & I (Hospitals and Institutions): Reported by Hollie

12 panels present
6 report only
voted on wording for motion brought forth regarding Dr T & H & I.

Still trying to contact Esther health, took it to PR to help contact, H & I has interest in taking panel. Waiting on facility.

Was contacted by wife of inmate at the IC Conner Correctional Center in homony, hni chair discussed with PR.

New h&i panel at 12 and 12 on 3rd floor Craig C was elected as panel leader Thursday at 7 p.m.

Lindsay and will be stepping down as panel leader of rose rock in May intend to fill, located in Vinita every other Friday at 7

Gizzy P will be stepping down as panel leader in June of 12 and 12 detox Saturday

easc h i chair elections

elections were held and position filled as follows

vice-chair Mark M. Re-elected

secretary Annie Z. stepping down but was willing to stay and train Samantha H until she has met the one year clean time requirement

literature chair Craig C reelected

liaison Richard W the liaison position was voted as a trusted servant position last year but there was no clean time requirement set at that time so today was voted that this position would require a 1 year clean time

chair H and I sub committee recommendation for chair is Hollie

hni leader updates

12 and 12 treatment Friday need women at 6:45 support

rose rock looking for women with longer experience

Valley Hope needs support Tuesday at 7 Payne County men still has intent to fill no doc bad required

PR (Public Relations): Reported by Angie

Estar ip rack is ready Earnest and Keith will deliver facility contact is not return calls from PR or H and I regarding H and I meeting schedule.. Palmer drug abuse after final confirmation with PDA lit rack will be delivered. H and I forwarded a phone request for H and I meeting at dick Conner Correctional in hominy and inmate on behalf of other inmates made a request to the facility. His wife made the call H and I forwarded the info to PR and we will follow up this month. PR contacted confirms Lamar adventism had run psa also contacted mta about bus bench ads discovered life span is 2 to 3 years cost is estimated at 500 for 4 to 6 as located north and east Tulsa if budget exists we have to move forward if not motion forthcoming. phone line 3 new volunteers online with 2 additional waiting for orientation schedule. 12 basic text from spiritual connection EAS CPR 4pr racks cost of 48.80

Web Contact: Tony K.

See Attachment

Email address change- Don't forget! The new email address is web@easc.org

Email all items to Tony so he may have a point of contact: web@eascna.org

- o To contact all EASC trusted servants; the email address is trusted@eascna.org.
- o Subscribe to EASCNA Announcements via Email! Go to www.EASCNA.org, scroll to the bottom of the page and enter your email address to receive occasional announcements made by EASCNA.

Outreach: Reported by Mike S.

No Outreach travel than this month. We did have one mobile meeting taken into Saint Francis it was received well. I am stepping down as Outreach chair. I have a recommendation to bring up a new business elections. I have enjoyed my time as Outreach chair for easc. Thank you for letting me be of service.

RCM Report: Reported by Ed

Hello from eastern area.

We have formed an ad hoc committee to look at our finances, we are looking at reducing or sub committee budgets and the way the treasure report is given. Our group donation are down for the year and we are adjusting.

We also had a area inventory at or last meeting to address some concerns one group had about the committees ability to perform there duties. From that the activities committee has begun a educational program between sub committees and our business meeting to help g.s.r.s or anyone who needs help understanding the process and duties involved with service.

I would imagine we have some motions coming as a result of the inventory and we have or April elections coming up but I'm sure we will survive.

We had a straw poll on the idea of zone sending a none voting member to wsc at a cost of \$500 and it didn't not pass. And on the question of area committee members attending region, it is not in eastern area bylaws that they have to and there was not much support for the idea but more discussion is expected.

Eastern area pig out will be April 29th at 1529 w. 49rh. st. 11 till 5 eat at 1. We have a speaker coming in from Dallas and we are having a dessert contest with prizes. This is the only fund raiser for clean and crazy on the books so far so any support we can get from outside our area will be greatly appreciated.

The other side groups shake na leg campout will be the weekend of may 5th at ossage hills state park.

I think that's it, but I'm sure I forgot something that we can address at our meeting.

Ed B.

Fellowship Development / Open Forum Began at 9 a.m.

Topics of discussion :

Regional Unity Day , looking at having a centrally located region wide function to promote unity between areas. Possibly a speaker jam with speakers from all 3 areas. No budget has been finalized and event would be payed for by region. No decision was reach on if it would be a free event or not. Please take back to your group and let me know if you have any suggestions and how many of your group members would support such an event.

The Blackwell group and the group in Ponca City are looking at leaving Plains area and coming back to OK region. Cindy B. is working with them on how that would work, possibly as an l.s.u. (local service unit).

The regional phone line idea has been tabled.

The p.s.a. (public service announcement) idea is still being kicked around and any input from the groups would be appreciated.

Discussion on the best way to tally c.a.r. report began. More Will Be Revealed.

Regional Business Meeting began at 11 a.m.

Intent to fill

Co-facilitate

Secretary

Treasurer

Colby B. was voted in as archive chair

Treasurer report:

Susan completed her commitment and will be stepping down but is willing to help new treasurer get up to speed and deal with upcoming events. Anyone with 5 yrs clean and willing to be treasurer should attend next regional meeting.

Ending ceackbook balance. \$13,020.20 minus prudent reserve, budgeted expenses and upcoming events leaves a balance to do business of \$1,481.20. This included a \$500 donation to world.

R.D. (regional delegate)

Cindi covered a lot of ground so I will be bringing hard copies of her report to area and it can be viewed AR okna.org

Zone is looking at having p.o. box for sponsorship behind the walls in eastern area does anyone object?

R.D.A. (alternate regional delegate)

Kyle B. reported that the outreach package had been sent and he was able to fulfill the requested.

Check for donation from ok region to P3 has not been cashed , he is looking to it and will report findings soon.

P3 has sent 27 basic text to Oklahoma prisons since the first of the year

R.C.M. reports

Southern 5th:
 Fun in the Sun campout April 21st
 Mayday Campout May 12th - 14th Rock Tower Lake Murry
 Western area:
 H and I learning day April 29 th
 Formed an ad hoc group for the purpose of p.r. and p.s.a.'s
 Planning a women's retreat for late sept. or oct. More Will Be Revealed

Other topics of discussion:

Zone is leaning towards Mable Basset to start the sponsorship behind the walls because they have the most request baci text from P3.

The question as to sending a non voting member from zone to world failed

Workshop on what zone is and what zone does in the works

Bylaws being reviewed and will be brought to areas in june

Regional inventory in the works, contact Cindi b. if you would like to be involved.

Region requested a straw poll on unity day event. Centrally located, speakers from both all areas, food. Should it be free or self supporting. Do you want it developed ?

Event chair reports:

F.S.R.
 Amanda P. reported next committee meeting in Cushing 3rd Sunday of April at 11 am
 G.S.A.
 Kyle B. will have full report soon.
 O.K.R.C.N.A.
 Colby B. will have full report in june.
 C and C
 Doug E.
 Reported pig out April 29th at 1529 w 49th St noon to 5. Committee meeting in tulsa after pigout.

Thank you for letting me be of service

steady eddy b

Next region is June 11th in cushing. Fellowship open forum at 9am business at 11 am

Regional Delegate Report: Available at okna.org. * Ok region minutes. The password is service

Additional Reports-

The adhoc committee on budget was attended by myself, chris p, susan l, gizy p, ed b, teresa t, bert h, dee b

We looked at 4 issues

1. Prudent reserve
2. The bylaws as they have to do with finances.
3. last 12 month's expenses and income.

4.if we are holding extra monies

Current monthly expenses

Phoneline. 40.00

Lit. Office 110.00

H&i. 600.00

Outreach 75.00

Pr 100.00 (but is 1200.00 annually)

Activities 42.00 (500.00 annually)

P.o.box 6.00

Area meeting rent 75.00

Total. 1048.00 monthly

Last 12 months (jan. To jan.)

Jan.16 exp.585.90 income 569.13

Feb. exp 840.92 income 1764.55

Mar. Exp. 696.20 income 2089.55

Apr. Exp.1254.62 income 457.88

May exp.1213.46 income 1280.00

June exp.1297.97 income 583.38

July exp. 817.48 income 890.00

Aug. Exp. 417.56 income 70.50

Oct. Exp. 872.93 income 417.50

Nov. Exp. 1239.94 income 610.15

Dec. Exp.496.68 income 0

Jan.17 exp.1365.60 income 451.50

Total exp. 11178.60

Total income 9184.14

Spent 1994.52 more than brought in last year.

Activities budget should not get replenished by by laws.

No subcommittee should have fundraisers

Have treasure list only one beginning balance,one expense, one income, and one ending balance. With prudent and budgeted expenses took off of ending balance as one number.

If you do not wish to hold budgeted expenses then bylaws need changed.

We recommend a prudent reserve of 2662.97. This is the 2 months highest experiences in the last year.

This is per bylaws. Or a min of 1700.

The treasures will take ending balance minus prudent reserve, minus budgeted expenses then the balance left goes to region.

Budgets need to cut to match income.

That subcommittees can hve fundraisers for specific purposes, seed money and funds above goal to be returnef to general funds.

Expense reports should be detailed by item including subcommittees.

Would also like incomes to be detailed also. This is to provide full financial transparency. Will also expedite yearly auditing.

Also recommended a full audit anytime treasure changes and yearly in may.

Discussion Included:

Audit to be done by person not on account or executive committee. Information brought back. Activities budget

cj:11/2015

marathon meeting takes 85% of budget, wording needs clarification in bylaws, no other committee raises profit, it's been working with spring fling and marathon meeting. Motions should be madw by adhoc committee, do we need an ad hoc to go through and revise bylaws, amend sub committee handbooks in to bylaws- motions next area.

ELECTION:

RCM- Ed by acclimation

RCM ALT- Lindsey by acclimation

H&I- Hollie by acclimation

PR- Angie by acclimation

Activities- Beau by acclimation

Literature- Gizzy by acclimation

Outreach- Mike stepping down. Reccomends Joe 41 days before clean time requirement. All in favor to waive.

Joe elected 20 For 1 Abstain

Web Contact- Tony stepping down Courtney elected 18 For 1 Abstain

OLD BUSINESS-

Area Inventory was had

NEW BUSINESS-

Motion 1- Motion that elections be held 3 months prior to end of service commitment

Intent- to give current trusted servants the time and opportunity to train and acclimate newly elected trusted servants to the service position and environment

This is a bylaw change. Take back to groups for discussion and bring any question next month.

Motion 2- To have attached file with treasures report with a 2 year running spread sheet of expenditures and income.

Intent- more further transparency

Not itemized, to see the bylaw change, patterns ups and downs of donations and expenses.

Vote next month

Motion 3-To have itemized statement from treasurer for all expenses including sub committees

Intent- more further transparency

Vote next month

Motion 4- To allow lit office to purchase any products sold from any na service office not to exceed 500 dollars

Intent- to allow the EASCNA lit office to provide and sell specialty items

Amendment to previous motion failed, mark up on specialty items only, to have them for events, lit office could do more for area, still no mark up on literature, buying from naws, maybe a cap on specialty, AMENDED no to exceed 500.

Vote next month

Motion 5- To change PR budget to 100.00 a month non-accruing

Intent- The budget was moved to 1200.00 a year when we did the fair booth. We don't anymore. Then it was kept that high for the phone line. But phone comes out of budgeted expenditures.

Bus bench will cost money, we will do fairs again, trim some fat, take down prudent reserve, if more money is needed ask at area, meeting list is only current expense

cj:11/2015

This is a bylaw change. Take back to groups for discussion and bring any question next month

Motion 6- To reduce H&I budget to 350.00 a month non-accruing

Intent- H&I has a yearly budget of 7200.00 a year which is 8 times more than any other budget. There are a few different ways to get money for the committee. “fundraisers, t-shirts, get a group to sponsor a panel or have facility pay for financial cost of carrying H&I into facility, reference in H&I handbook

Sub committees can’t do fundraisers, reduce expenses, currently not spending all of budget, chair believes 350 can work at this time

This is a bylaw change. Take back to groups for discussion and bring any question next month

Motion 7- Change wording in H&I Panel and Member orientation handbook to: 1. You have at least 90 days abstinence from all drugs “including all Drug Replacement Medication.”

Intent- To clarify the requirement to participate in H&I

This passes unanimously at H&I sub committee

Vote next month

GROUP SHARING:

DISPERSMENTS-

Lit 48.88

H&I 86.81 meeting list

RCM 23.44 copies

Sun building 50.00 rent

Jimmy’s Place 110.00 lit rent

Freedom Voice 38.86

PR 500.00

Region 1061.16

GSR REPORTS: (In the interest of time, please consider limiting GSR reports to activities, announcements, and/or changes to meetings.)

BARB of NA – – Birthday meeting last Tues of month, Speaker @ 7:30 pm

Bartlesville The Other Side Group – – group c. 2nd Wednesday @8

Blind Faith-

Bristow N.A.-

Broken Arrow Serenity Seekers – B’day meet last Thurs; eat @6:30, speak @7pm;

Claremore NA – B’day meeting first Thurs of the month, eat at 7, speaker at 8.

Clean Slate-

Collinsville Crosswins-

Cushing Connection.- Birthday meetings are on clean date

Double Trouble Pryor – B’day meeting 3rd Sun of the month @ 3:30 pm

Foyil N.A.- Group c. is the last Monday of the month

Hump Day Group – B’day last Sunday of the month @ 7pm

It Works – Birthday meeting last Tuesday of the month @ 6:30

Just Another Hour – Birthday meeting 3rd Fri @ 10:30pm eat, 11:00 speak

Just For Today- Mcallister-

cj:11/2015

Just For Today- Tahlequah-
Just In Time-
Keep Coming Back-
Krazy But Klean- Vinita— B'days first Sat of the month @ 6pm
Let Your Light Shine-
Living Clean-
Lost and Found Group- Okmulgee-
McIntosh Group- Eufaula-
Meeting Group-
More Hardcore Revealed –Birthday meeting third Thurs of the month 6 pm
NA A Risin – B'day meeting 2nd Sat of the month, eat 6:30am, speak at 7am
Noontime Connection – Birthday meeting last sat of the month, @ noon
North Side Stroll - Birthday meeting last Mon @ 7pm
New Beginnings- Miami---Birthday meeting Last Tuesday of the month at 6pm
Owasso Gratitude Group- – B'days 2nd Friday of the month @ 7:00 pm.
Peace of Mind —Birthdays last Friday of the month at 6:30
Sapulpa N.A.-- Birthday's last Tuesday of the month
Second Chance – B'days 4th Friday of the Month, 8:30 eat, speaker 9pm
Sharing In Recovery – Birthdays last Saturday of the month, @ 7 pm
Solutions – B'day meeting 3rd Tues @ 7:30
Southside Recovery – B'days 2nd Tuesday @ 6:30 pm
Spiritual Connection – B'days 3rd Sunday of the month @ 10 am
Stone Cold Clean – B'days last Thursday of the month @ 7pm, eat before
Stand By You-- meets Monday's at 6-7 and 7:30-8:30pm 405 SE 2nd St. Pryor,OK
The Other Side Group Nowata-- Birthday meeting the last Saturday of the month eat at 6 speaker at 7
Tulsa Original Group – B'days 4th Sunday of the month @ 6 pm
Ultimate Wepon Muskogee-
Up and Coming Group-
Walk Your Talk– Group c 4th Saturday at 4
Weekend Warriors Pryor – B'day third Sat @ 6pm
Westside Group – Birthday second Saturday @ 5pm

Announcements:

Next Area

05/28/17 EASC Meeting hosted by Southside Recovery at 907 S. Detroit Tulsa, Ok. Sun Bldg
11am sub-committee meetings,
12 will be Steering Committee
12:30-1:00 Welcoming Committee
1pm business meeting

See attachments for this months flyers of events!

Closing: Since there was no further business to be brought before the groups, the meeting was adjourned and closed with a moment of silence.

Respectfully submitted,
 Jamie W..