EASTERN AREA SERVICE COMMITTEE of NARCOTICS ANONYMOUS www.eascna.org Post Office Box 2243 Owasso, OK 74055

The Eastern Area Service Committee (EASC) regular business meeting was called to order by the Chair, Corey T., on March the 27th 2016 at 1:00 pm, in Tulsa, OK. A moment of silence and the serenity prayer followed.

The 12 Traditions, 12 Concepts and Just for Today were read.

The roll was called and a quorum was established with the following voting members;

Officer's	8	4
GSR's or Alts	13	15
Voting Members	21	19
VM (Simple Maj)	12	11
GSR's (Simple Maj)	7	8
2/3	9	13

The secretary read the minutes and they were approved as read.

Treasurer's Report: Reported by Susan L.

Bank Statement 02/07/2016 - 02/29/2	016
Beginning Statement Bal.	\$ 4283.97
Total Revenue	2089.55
Total Expenses	696.20
Ending Statement Bal.	\$ 4283.97

Account Activity 03./0	1/2016 - 03/25	/2016
Revenue		457.88
Expenses		942.57
Account Balar	nce	\$3799.30
Minus Prudent Reserve		1700.00
Budgeted Expenses	Activities	271.11
	Pr	921.68
Total Budgeted and Prude	ent	2892.79

Prudent reserve & budgeted expenses: OVER 906.01 New EASCNA address: P.O. Box 2243, Owasso, OK 74055 Recommend Regional Donation: 800.00

SUB-COMMITTEE REPORTS:

Literature: No Report Given

Inventory	\$
Orders	
Sales	\$
Tax on Sales	
Deposits	\$
Cash on Hand	

Bank balance \$
* Net Worth of Lit Office: \$

Activities: Reported by chair, Keith L.

- Location for Spring Fling 1529 w. 49th st, April 16th 11:30-4:30
 - Pizza will be provided. Drinks .25 each.
 - o 50/50 raffle, Must be present to win

Keith L. will be stepping down as activities chair in a couple months. 2 years clean time requirement. position to be open in April. Please come to area sub committee at 11 am April 24th in Bartlesville if interested.

• Host for area on July 31 has been filled by Pryor Hump Day Group and will be held at 204 S. Rowe in the Sonoro building.

H & I (Hospitals and Institutions): Reported by Lindsey

- Mandatory H&I Orientation was a success
- If an orientation presentation is needed out of town, contact Chris P at 918-991-2136.
- To obtain a DOC badge talk with H&I committee.
- 11 panels represented
- Next subcommittee will be going over rules for voting on elections at H&I subcommittee via handbook
- Panels needing members:
 - David L. Moss men
 - **o** T.C.B.H.

PR (Public Relations): Reported by Keith T.

- Professional Day- An informational presentation to be put on for professionals who work with addicts in the Tulsa area. This will be a closed presentation. Scripts were reviewed. All is going well.
- Position to be open in April please attend are if interested.
 - Phone line is going well and recieving a lot of calls. The email system is not going as well as needed. If you are on the list please respond to the email so we know you will take your time slot. Please contact Keith, Henery, or Earnest to get orientated
- Meeting list coordinator; Henry D. Reported by Jamie W.

*Just Another Hour- Returns to Center of the Universe Friday nights weather permitting

- *Bristow N.A.- No longer meets on Friday. Monday and Tuesday meeting remains on schedule
- 0 Walk Your Talk no longer meets on Monday and Thursday
- 0 Up and Coming Group has moved it's meeting to Thursday at 6pm
- o Stand By You meets at 6pm and 7:30pm on Mondays
- Tahlequah was removed from the meeting list by mistake. Just for Today Group does meet on Wednesday.
- Reminder: Please only take one printed meeting list and make copies for your group. Meeting list are also available on-line at <u>www.eascna.org</u>
- Web Contact: Tony K.
- Email address change- There has been a lot of spam coming in! The new email address is web@easc.org
- A question was put forth to the body in attendance as to the necessity and effectiveness of the pager name and password being on our site. This is being removed with the intention of making our information more accessable to our members. No objections were raised.

- Email all items to Tony so he may have a point of contact: web@eascna.org
- o To contact all EASC trusted servants; the email address is trusted@eascna.org.
- Subscribe to EASCNA Announcements via Email! Go to <u>www.EASCNA.org</u>, scroll to the bottom of the page and enter your email address to receive occasional announcements made by EASCNA.

Outreach: Report for February and March

- February
 - We visited the new group in Pryor. Stand By You. Monday nights at 6 pm and 7:30 pm. 405 SE 2nd St. It was a great meeting and we delivered the 1st part of their starter pack. Traveled 78 miles.
- March

We visited a group that has had some changes in nights in hopes of improving attendance. Up and Coming Group. 5000 Charles Page Blvd. Thursdays at 6pm. The facility had to close early that night so they didn't meet the night we visited. I contacted them and they said it was a rare occasion that his happens and that the new night was helping but more help is needed. If anybody is willing to visit them on their meeting night would be greatly appreciated. Travel 24 miles.

*I am not asking for any reimbursement this time. It is an honor to be of service to this fellowship.

RCM Report: Reported by Angie

Literature survey is available for groups or individuals to fill out. App available for daily inventory, living the program i.p., ect called Recovery Companion. R.d. and alt is sent to conference every 2 years, this is expensive and seating is limitedthere is talk of making this zonal instead of regional. Cindi B. will be putting on a workshop Saturday at regional convention. Instructional videos on the c.a.r. are available at Na.org -events- world service conference- car material. 4 groups have turned in car reports. Please fill out the survey about regional involvement. September 23-25 at the Milwakee Crown Plaza will be the multi zonal service symposium. 2 registrations for Okrcna were drawn for and given to two members in attendance at area. The General Service Assembly is held in February every year. The web master postion has been voted to be a 2 year term.

- Groups are encouraged to fill out the Car and Cat and return to either Ed or Cindi B.by April 15th. The purpose of this is so that we are able to have our vote cast at region. This is available at na.org and there is also a link at easena.org along with Cindi's email.
- Traditions book is available to be viewed online. To be voted on by N.A. as a whole.
- Pig Out April 23rd
- Clean and Crazy Father's day weekend in June
- OKRCNA 1st weekend in April
- Next Region will be April 10th at Ocarta 2840 NW 31st OKC, OK Fellowship Development prior at 9am
- Full report should be available at eascna.org

OLD BUSINESS-

- Discussion put forth- Inappropriate Behavior at business meetings. How to approach and handle physical harm and intimidation, disruptive behavior, property destruction, ect.
- Points of discussion included- Training for chairs / ip in meeting, Can a person be removed from the meeting, To stop said meeting and escort member out to readdress the following month, that it is the executive committee's responsibility to make sure the environment is suited to conduct business, Safety is a priority for our members. Service is a priviledge. Consequences should be known and laid out in advance before incidents. There are currently no guidelines in place. The member should be ask to step down from service position- take time off. Remember our primary, purpose.

• Executive Committee to come up with recommendations and bring to area next month to be taken back to groups for discussion. This courses of action was voted on by body in attendance and passed with a unanimous decision.

P3 has sent 23 basic texts to women at Taft correctional facility

Barb is asking for artwork for tee shirts for Shake a Leg

ELECTIONS

- **INTENT TO FILL:** PR Chair, 2 year clean time requirement
 - Activities, 2 year clean time requirement

NEW BUSINESS:

- Adhoc Committee for Literature Office- Audit is having to be rescheduled of the physical literature office due to misunderstanding. The bank account is currently being audited. Talks are being held with other areas about their policies and guidelines. Committee is still waiting to hear back from groups as to why they do not order form our office. Our current bylaws are unclear on the responsibilities of the literature off for providing literature for our groups. All of these issues are to be addressed with a final report next month. Literature office can pay rent this month. It appears 1 month sales taxes have not been paid and the bank balance is unclear. Last month tax and rent paid and orders can be placed. Motions put forth last month will be untabled next month. According to straw poll of those in attendance accessibility, price, and a lack of inventory are problems.
- Due to disturbances in our business meetings it became necessary to have an action plan for how these situations should be handled in the future. This is the policy the committee puts forth to be reviewed by all groups and brought back next month for discussion.

Policy on Violent and Disruptive Behavior

Violence and disruptive behaviors for the purpose of this guide is defined as threats, belittling, name calling, intimidation, physical harm, sexual harassment and other behaviors ment to force control on others. Although we will alow some heated debate and occasional loud voices, we must insist on our area meetings being free from acts of violence and disruptive behaviors. We must recognize these acts and behaviors and protect ourselves from members that would use them towards others. This would include behaviors that are meant to disrupt the meeting so as business cannot be conducted. With that understanding the following policy will be used at our meetings.

- Consequences of violence- physical harm, threats of physical hare, and property damage
 - 1. Individual will be asked to leave immediately upon the request of any combination of two administrative member or subcommittee members.
 - 2. Meeting will be adjourned until person leaves.
 - 3. Local authorities may be called if individual does not cooperate.
 - 4. Immediate termination of position.
 - 5. Person cannot attend an area business meeting for 6 months
 - 6. Person is not to take a service position for 1 year
 - -Point of discussion: Should this extend to gsr and sub committee panel members? cj:11/2015

- Consequences of Disruptive behavior (as defined above)
 - 1. First offence will be a verbal warning
 - 2. 2nd offence will receive the same consequences as violent behavior above
- Points of discussion included- What is sexual harassment? Who determines belittling? Time period between first and second offense for disruptive behavior? Should it take more than two people to address a problem? Should it be a vote of the body present? Concept ten is available to readdress any grievences. How does this affect those involved in the previous disruption? It was determined that everyone should be a part of the solution and part of the discussion. If any incedents occur henceforth the offending person shall be ask to leave and not return until policy is complete and adopted.

GROUP SHARING:

• The Pig Out is the same date and time as Walk your Talk and the home group was not contacted prior so as arrangements or involvement could be made. This was an oversight and a recommendation is made to be sure and check with any home group meeting at a potential event location in advance in the future.

<u>GSR REPORTS</u>: (In the interest of time, please consider limiting GSR reports to activities, announcements, and/or changes to meetings.)

BARB of NA – Loren A – Birthday meeting last Tues of month, Speaker @ 7:30 pm Bartlesville The Other Side Group - Dee -Broken Arrow Serenity Seekers – Chris D – B'day meet last Thurs; eat @6:30, speak @7pm; **Claremore NA – Dusty B.** – B'day meeting first Thurs of the month, eat at 7, speaker at 8. Cushing Connection-Debbie F.- Birthday meetings are on clean date **Double Trouble Prvor – Jason B.** – B'day meeting 3rd Sun of the month @ 3:30 pm Foyil N.A.-Willy S.- Group c. is the last Monday of the month Hump Day Group – Sommer – B'day fourth Wed @ 7pm It Works – Birthday meeting last Tuesday of the month @ 6:30 Just Another Hour - Chance – Dwight D – Birthday meeting 3rd Fri @ 10:30pm eat, 11:00 speak More Hardcore Revealed - Tom –Birthday meeting third Thurs of the month 6 pm NA A Risin – Jai W – B'day meeting 2^{nd} Sat of the month, eat 6:30am, speak at 7am Noontime Connection – Eric A – Birthday meeting last sat of the month, @ noon North Side Stroll – Keith T. - Birthday meeting last Mon @ 7pm New Beginnings-Randy-Birthday meeting Last Tuesday of the month at 6pm **Owasso Gratitude Group- Agnes H** – B'days 2^{nd} Friday of the month @ 7:00 pm. Peace of Mind - Craig C. -Birthdays last Friday of the month at 6:30 Sapulpa N.A.-Michael D.- Birthday's last Tuesday of the month Second Chance – Ron B. – B'days 4th Friday of the Month, 8:30 eat, speaker 9pm Sharing In Recovery – Lindsey – Birthdays last Saturday of the month, @ 7 pm Solutions –Brittany W – B'day meeting 3rd Tues @ 8pm Southside Recovery – Kandice K. – B'days 2nd Tuesday @ 6:30 pm **Spiritual Connection - Mark** – B'days 3^{rd} Sunday of the month (a) 10 am Stone Cold Clean – Earnest – – B'days last Thursday of the month @ 7pm, eat before Stand By You- Stacy W.- meets Monday's at 6-7 and 7:30-8:30pm 405 SE 2nd St. Pryor, OK *this group needs support The Other Side Group-Dee B.- Birthday meeting the last Saturday of the month eat at 6 speaker at 7 **Tulsa Original Group – Courtney —** B'days 1st Sunday of the month @ 6 pm cj:11/2015 Vinita Krazy but Klean – Brad H. – B'days first Sat of the month @ 6pm Walk Your Talk – Charlie W. – Group c 4th Saturday at 4

Weekend Warriors Pryor – Stacy W. – B'day third Sat @ 6pm Westside Group – Chris E. – Birthday second Saturday @ 5pm

Disbursements:

Sun Building \$100.00 Activities \$271.11 Henry \$ 21.79 Barb \$25.00 Region \$800.00 The Sun building received a check for 2 months rent for March and a late January payment.

Announcements:

04/27/16 EASC Meeting hosted by The Other Side Group., 325 S. Osage, Bartlesville 11am sub-committee meetings, 1pm business meeting

- Artwork is being accepted for the 31 ½ annual Northside Stroll and Troll chicken flying contest. Please submit your artwork to a group member, email to roadyl@msn.com or bring it to our May group conscience meeting. Due by May 16th. Save the date Campout is September 10-11. 2016
- Fundraiser garage sale 8908 E. 13th st. Saturday May 7th 8am-3pm We are accepting donations. Northsids Stroll Group.
- **Spring Fling-** April 16th, 2016 11:30-4:30 at 1529 W. 49th St. There will be a unity workshop, phone line team meeting and orientation, as well as a kickball game (weather permitting) and end with a speaker.
- Shake A Leg- Osage Hills State Park April 29th-May 1, 2016 hosted by The Other Side Group Bartlesville
- **2016 Pig Out Clean and Crazy Fundraiser**-April 23rd 12-5pm at 500 S. College Ave. Great hall room Speakers and food \$5.00 at the door no addict turned away
- CCNA May Day- 109 W. Moses Pl. Cushing 05/14/16 5:30=9pm Speaker, potluck, raffle, fun, and fellowship
- Claremore No Name Campout- Hawthorn Bluff Oolagah Lake Memorial Day weekend

<u>Closing:</u> Since there was no further business to be brought before the groups, the meeting was adjourned and closed with a moment of silence.

Respectfully submitted, Jamie W..