



Region was held at the GSA event, in Glencoe, OK, on February 7, 2016

**RD report – Cindy reported:** Here are the most recent items of information. It's CAR time so everyone can start getting prepared to send in lots of information so we can be part of the decision making at the World Service Conference!

### WORLD SERVICE CONFERENCE 2016

The CAR (Conference Agenda Report), the CAT (Conference Approval Track) and other conference material can be found at <http://www.na.org/?ID=conference-index>.

The OK Region motion is on page 40. Videos of the CAR are now also available.

To save the approval form of "Guiding Principles: The Spirit of Our Traditions, you will need to download first and then open with a PDF reader (like Adobe) and not a web browser.

As a region, we gather our conscience for the CAR and CAT through a group tally. Attached to this report is a CAR group tally and a CAT group tally. The deadline for getting these to us is April 15th.

You can submit them through your RCM at your area meeting, email the completed form to [oknard@okna.org](mailto:oknard@okna.org) or even email a picture of the form. Any way you can get us your group tally will be great!

Also included in the CAR is a survey about literature, service material, and Issue Discussion Topics. At the conference we will be discussing the results of the survey and our region's choices. We are also asking individuals to fill out the survey online if they wish. Filling out the survey is one way we can help to shape the direction of NA's future literature and service tools. Think of your recovery and members coming into NA as you complete the survey, and think about members who may be missing from our rooms: How can we more effectively carry the message? It's important to remember that if you complete the survey individually we will still want to participate in the process of collecting a regional conscience. We will be comparing the two different results but the WSC will be discussing the decisions sent by the regional conscience not the individual survey. Please send in your group conscience survey to [oknard@okna.org](mailto:oknard@okna.org) by March 15th so the results can be tallied and sent to world services by April 1st. The individual survey online can be accessed at <http://www.na.org/survey>. The deadline for individual survey results is also March 15th. Your participation will help ensure that we have the broadest perspective of our membership

### RECOVERY COMPANION APP

A companion app to support recovering addicts in daily life is now available. It includes IP#9, Living the Program, JFT meditations, cleantime calculator, meeting locator, and group reading cards; and tools to help contribute financially to NA, call your sponsor, read NA literature and much more.

Available on: Amazon: <http://tinyurl.com/j3r9nd7>, Google Play: <http://tinyurl.com/p94vkby>, and iTunes: <http://tinyurl.com/o74swbr>

### PR PAMPHLET FOR REVIEW

Also attached is the draft pamphlet for professionals, "Narcotics Anonymous and Persons Receiving Medication Assisted Treatment". This pamphlet received approval for creation in the 2014 CAT under Excerpt from the 2014-2016 Strategic Plan Issue: Clear, Consistent Understanding of NA Objective D: Raise understanding of NA as a viable program of recovery among addicts and non-addicts.

Approaches: Create a new PR pamphlet (similar to Information about NA) for professionals regarding the medicalization of addiction treatment and the NA Third Tradition. Conference participants at WSC 2014, following discussion, supported that this proposed pamphlet be sent to them for a 90-day review period. Following that agreement, Motion #12, to approve the Public Relations plan for inclusion in the 2014-2016 Narcotics Anonymous World Services, Inc. budget, was presented and

carried through voice vote. The 90-day review period ends 25 April 2016. Please send any input to [oknard@okna.org](mailto:oknard@okna.org) by April 1st so that our input can be submitted.

PLAINS STATE ZONAL FORUM PZSF met in Lawrence, KS, January 29-31. Minutes will be available soon and a detailed report given at the next RSC. The OK Region will be hosting the PSZF in January/February 2017. Location and date must be submitted at the next PZSF meeting in August in Nebraska. Tentative location is Lincoln, August 26-28th. MWBR in April.

Thank you again for letting me serve the OKRegion.

**RD Alt Report – Kyle reported.** Hello family. Attended PSZF in Lawrence Kansas last weekend. Attended PR presentation on Friday morning. MARSC PR Committee did an outstanding job. There was 14 local professionals and several members of the fellowship attending. One thing worth mentioning was the fact they got approved to give continuing education credits to professionals for attendance. I have contacts with the committee that could be a resource for any of our ASC PR committees, just let me know if you need phone numbers from their PR people  
I attended the CAR/CAT workshop on Saturday. Lots of information to share with our fellowship in Okla. I'm ready to workshop it at GSA and wherever else needed  
I also attended Zone business on Sunday. We had some very progressive discussion about representation. We decided not to have Zone at the MZSS instead we will meet in Nebraska in late August.

Spent 141.81 on expenses and 133.04 on motel. 274.85 total of my 300 budget. Will be returning 25.15 to OKRSC Tres

Had a discussion with Mark B with Project Primary Purpose. We still get a few requests for Basic Text out of Oklahoma prisons. Some months none and other months he may get a few. He gave me more forms which I made several copies (attached). He asked if our H&I committees would take some forms into jails. He also asked if any individual members knows someone in jail or prison to mail forms to them so we can keep getting forms inside the facilities. He just asked if it's a county facility to keep in mind some don't allow books mailed in and its best if it's someone that will be there for a while so we don't waste a order. With that being said P3 is willing to mail to county jails in Okla that will allow it

Discussion:

- Cindi stated that the zone next winter would be back on OK Region. Need to provide the date and location by August. Need to clarify if will be held at GSA. To be decided by next region in April 2016.
- Susan S. clarified if P3 is at women's facilities and requested an e-copy of the form for book requests for inmates. Kyle B. said, yes, D3 is at Taft and, yes, he would send the form.
- Clay D. Clarified if basic texts are held in libraries.

**FD Report – lian Reported.** World Board Recommendation Form – lots of discussion towards filing out requested form for Cindy B

How to make Ok region more attractive discussion

Without subcommittees addicts need something to do – let's plan some projects or form some committees

Quarterly + 2 day event and bring it to the areas to facilitate more collaboration

Set specific goals/ tasks (i.e. we want to be 2 prisons in the next year or we want to get our basic text in the hands of x number of professionals)

At April region or FD meeting we will develop a plan for next 2 years of projects that we want to accomplish as a region

In the beginning the areas needed us to provide more and help more, now not so much but never a bad idea

1. Define: what region is?

2. Survey
3. Goals / Projects

Let the Region be a resource but let our individual areas handle their business

Quarterly may be a little risky as far as event committees and where they are at with the planning of the events and Develop a PR mobile storage presentation travel cart for areas use.

Next FD Meeting= come bring regional project ideas

Discussion:

- Pam T., Colby B., and Cindi B. suggested to change the wording of the survey to be for trusted servant.

### **MZSS (Multizonal Service Symposium) –** (See Attached for the minutes of the last meeting)

Cindi B is on the committee again this year and the RCM for Eastern Area is the Registration Chair.

The 2<sup>nd</sup> Annual event is to be in Milwaukee, WI on September 23-25, 2016, at the Milwaukee Crown Plaza Hotel. This will be the 2<sup>nd</sup> annual and if you are interested in serving on this committee please get with Cindi or Angie. This is the event in which we voted for OK Region to donate \$100 toward as from this point forward this event will be totally self-sustaining.

### **EASC RCM –** Ed V reported as he was the one in attendance at the January EASC.

This is the info requested by our RD from Eastern Area:

17 H&I Meetings a week

30 groups meet in Eastern Area every week (23 groups in Tulsa and 30 groups in other localities)

158 meetings a week in Eastern Area every week (97 meetings in other localities and 61 in Tulsa)

The sales tax check for \$205.97 was mailed to the new POB for region. )Oct was \$33.71, Nov

\$20.14, Dec \$75.79, & Jan \$76.33)

There was a lengthy literature office discussion and there was a formal motion made by the Spiritual Connections for the groups to vote on for EASC to pay the rent of the literature office which is housed at Jimmy's Place for \$110.00 a month. Groups are under purchasing literature in the area.

There is an intent to fill for the PR chair.

No discussion

- Colby B. referred to Bill F. from Western Area, for assistance with the Lit office.

**PASC RCM –** Not present and no report. Colby B. stated that there were a great many people from Plains Area at GSA.

### **WASC RCM –** Represented by Denise A.

No report but is getting back into fulfilling responsibilities. Will submit report to Tony K. Web account was out of the control of the area, but it is now back in the control of Western Area and is not being updated. Facebook activities page has not been updated since approximately October 2015. Website will be reestablished within the next month. Attempted to update the BMLT with Area, but it has yet to be completed. Needs check for a deposit for the next OKRSC meeting in Western Area.

Discussion

- Cindi B. clarified that the only available e-meeting list is the one on the website. Provided information about BMLT.
- Ed V. clarified that Western Area has a self-sufficient literature office.

### **Southern Fifth RCM –** Gary B. reported.

We met in Marlow @ Outlaw on Jan 23,2016  
Sec position is open'

Activities is open

Treas: Beginning balance: \$ 1978.15

Revenue: \$ 60.00

End balance: \$ 1724.32

Lit Report: Balance \$ 126.19

Inventory: \$ 1724.32

Taxes were mailed to Region: \$ 116.95

We put up a deposit down for the Deer Creek Lodge \$250.00 for Fun In The Sun. 2016

Discussed selling off our Lit. and ordering as needed.

Group Events

3- WAY Dance March 19 @ Different Way in Lawton @ 1:00 More to be revealed.

Next area meeting 2/20/16 in Duncan @ 4:00

Provided information re H & I meetings, regular meetings, and electronic resources. Meetings are struggling and groups are purchasing less literature.

Discussion

- Cindi B. clarified that the Facebook group is a closed discussion group for information. Clarified that literature is marked up for tax and shipping.
- Ed V. clarified that literature is sold at area but no store with rent, because the literature chair keeps it.

## **Clean & Crazy – Ed V. Reported.**

Needing a Clean and Crazy treasurer. Pig Out will be weekend of April 16th. Committee is willing to support a Pig Out in the Western Area. Solicited artwork for t-shirts. Requested information about the contract (is due in April and Susan S. will provide last year's contract).

**OKRCNA – Pam T. Reported.** – All is going well as we are closing in fast on our April event! All main speakers secured, and travel plans confirmed and we are finalizing the workshops. Preconvention merchandise sales have gone well, and we have sold everything ordered. We have a final artwork selected for the convention merchandise and will finalize items next week. Online registration is up and working and we have had several register through the online system as well as several others. We encourage those planning to attend to register and book their hotel by March 1 in order to have a chance at the suite upgrades (one of three) that were given by the hotel. We have two-fer tickets for sale for a chance to win 2 registrations – 2 shirts and 2 nights at the hotel. On February 13 (next Saturday) we are having a speaker jam, chili cook-off, and Valentine's Dance in Pryor, OK – starts at 1:00 – I have flyers – please come!! Our next meeting is next Sunday in Cushing at 12:30. Angie will bring the two free registrations from this event to be donated to Easter Area at our next area meeting.

**FSR – Wanda Reported.** Sold all merchandise. Two good workshops. A lot of help from members. Have two potential chairs (Danielle and Shanea), FSA committee recommended Danielle H. Colbi B. asked questions re: general resume, commitment fulfillment history, treasury absconding behaviors, and plan for handling money. Danielle H. Voted in my acclimation. \$581.24 Profit

**GSA – Kyle B. Reported.** We had 62 attend on Friday night and 7 more on Saturday for a total of 69 on Saturday night. We had a great recovery meeting on Friday night and CAR/CAT workshops on Saturday. We had a great speaker meeting and auction on Saturday evening. A great time for all. We took in approx \$3264.00 including auction, registration etc. Approx. cost of event. \$3713.00. Food, CAR/CAT's and facility  
Workshops went well took in additional money due to PayPal. If you desire any workshops let me or Cindi know and we can do them.

**Webcontact – Tony K. Reported.** Use of PayPal account for cell phones for events is an option.

Discussion:

- Cindi B. clarified that PayPal can be used to pay registration.
- Susan S. clarified that we have card readers for PayPal.

**Treasurer's Report – Susan S. Reported.** (Financial Reports attached)

- Beginning Checkbook Balance: \$9,378.10
- Balance to do Business: \$1078.10

Susan S. requested

- All tax information from the areas (due in November 2015).
- Event chairs to ask event treasures to include a more detailed break down by different categories for final reports (as stipulate by the handbook worksheet) as well as running reports.
- Provided event chairs with deposit slips to deposit cash when needed and asked for them to send a picture of the deposit slip to Susan S. to immediately updated.
- If funds are needed for events or regional business, please see Susan S. just after the meeting today.

Discussion:

- Ed V discussed the discrepancies in reported Susan S.'s report of Clean and Crazy and the event treasure's report.
- Cindi B. sought clarification on discrepancies the 3-year differential report, particularly related to liability insurance. Was troubled by the treasurer's responsibility to check accuracies of event treasuries and pay unpaid bills.
- Pam T. wondered if the expectations of event committee chairs are clear (especially, being present at region to give final reports) and the required elements of final reports. Emphasized giving a budget 2 months before the yearly activities associated with events (see bylaws).
- Terry F. emphasized that event treasures provide correct detailed reports.
- Kyle B. questioned why we are having delinquent sales tax payments and reporting.
- De L. provided information about receiving petty cash for preparing events and clarified that budgets are submitted by committees, except when expenditures are over \$2000, which needs OKRSC approval.

## **Business & Discussion**

### **OLD BUSINESS**

#### **Proposal for Web Contact**

- Amend RSC bylaws to reflect a change to 2-year term to be voted on in June on even years. No discussion. Voted by acclimation

#### **Proposal for Regional Fellowship Development Presentation**

- 2- Hour (max) workshop at all regional events developed and presented by members of the OKNA Fellowship Development Committee on topics relevant to service issues.
- Discussion: Passes by 3 of 4 RCMs.

### **NEW BUSINESS**

#### **Secretary Report:**

Motion by Kyle B. Read only old and new business.

Straw poll passed in favor.

**OKRSC Format:**

Motion by Tony K. that all officer reports be given before business

Discussion:

- Cindi B. Done this way to hold people here for business. Yet, we need to address difficulties in timeliness.
- Pam T. suggested that we have an agenda go out to the committee to make sure to include all old and new business.
- Colby D. offered to draft a new format to bring to OKRSC. Group agreed.

**Time and Date of the next RSC:**

- Feb 10<sup>th</sup> at 7125 South Air Depot Blvd, Oklahoma City, OK 73135.
- Fellowship Development at 9:00AM; RSC at 11:00AM